
Life Group Guide: Unstuck — Judges 6

Overview

This guide is based on the third message in the Unstuck series, drawn from the story of Gideon in Judges 6. The sermon explored how God meets people in their weakness, clothes them with His Spirit, and calls them forward even when they feel unqualified, afraid, or paralyzed by what "should be." Use the questions and applications below to spark honest conversation and encourage one another toward action.

Key Takeaways

1. Being stuck often begins with a faulty perspective — blaming God for circumstances that sin has produced.
 2. Allowing culture, media, or human sentiment to disciple us will distort our understanding of truth, justice, and human worth.
 3. God appears in the darkest seasons — not because we deserve it, but because He is a God who pursues.
 4. The Holy Spirit clothes ordinary people for extraordinary purposes. Looking average does not mean living average.
 5. God confirms His call on your life. Do not undervalue those confirmations — they are acts of consecration.
 6. God meets you where your faith is, not where you think it should be. Apply faith today, not someday.
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Discussion Questions

Opening Question

- Think of a time when you felt genuinely stuck — spiritually, relationally, professionally, or emotionally. What did that season feel like, and what, if anything, helped you begin to move forward?
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Section 1: Faulty Perspectives and Cultural Discipleship

The sermon revisited the pattern of Judges: Israel walking away from God, suffering consequences, and then blaming God rather than examining themselves. It also raised the challenge of being disciplined by social media and cultural narratives rather than by Scripture.

1. Have you ever found yourself in a season where you blamed God for a situation that was actually the result of choices you or others had made? What shifted your perspective?
2. The sermon asked: "Have I allowed obedience to culture to shape an area of my life more than obedience to the word of God?" Where do you think that tension shows up most in your own life right now?
3. The sermon warned that what we consistently stare at shapes us. What are you consistently feeding your mind through media, entertainment, or social platforms — and how is it affecting the way you see people, situations, or God?
4. The phrase "don't let your personal circumstances revise God's character" was offered as a guardrail. How do you practically hold onto that truth when you are in the middle of a painful or confusing season?

Section 2: Moral Inversion and the Value of Human Life

The sermon connected the darkness of Judges to modern examples of moral confusion, including the erosion of the value of human life and the danger of compassion that is untethered from truth.

5. The sermon described moral inversion as a condition where right becomes wrong, wrong becomes right, light becomes dark, and dark becomes light. Where do you see that pattern playing out in the culture around you? How do you respond to it without becoming cynical or disengaged?
6. The sermon made the point that compassion and empathy must never erase truth, accountability, and justice. How do you hold both of those things together in real conversations with people who are hurting or who have made serious mistakes?
7. The sermon spoke directly to those who have experienced abortion, offering grace and the reminder that the blood of Jesus is available. How does your group create space for people carrying that kind of pain to find healing rather than shame?

Section 3: Clothed in the Holy Spirit

The sermon highlighted the moment the Spirit of the Lord came upon Gideon, using the image of being clothed — set apart, consecrated, empowered for a purpose beyond natural ability.

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8. The sermon said: "Someone clothed in the Holy Spirit can look average, but is far from it." Do you genuinely believe that about yourself? What makes it easy or hard to walk in that reality?
 9. Several examples were given of people who looked ordinary in their everyday roles but were doing significant Kingdom work — in offices, neighborhoods, classrooms, and other nations. How would you describe the "hidden" Kingdom assignment God has placed on your life right now?
 10. Gideon was a farmer with no military background. God called him beyond his natural ability on purpose. Is there something God has been calling you toward that feels beyond your ability? What has held you back from stepping into it?
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Section 4: Confirmations and the Fleece

Gideon asked God for two signs using a fleece of wool. The sermon pointed out that the word used for "bowlful" carries the meaning of consecration — the same word used when priests and kings were anointed for their assignments.

11. The sermon encouraged the group: "Don't undervalue confirmations the Lord gives you." What is a confirmation God has given you — through Scripture, a conversation, a circumstance, or a moment of clarity — that you may have minimized or forgotten?
 12. Gideon asked for a second sign even after the first was given. The sermon responded by saying God meets you where your faith is, not where you think it should be. Do you tend to be hard on yourself for needing more than one confirmation, or are you comfortable bringing your honest doubts to God?
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Section 5: Applying Faith Where You Are

The sermon closed with a strong challenge to stop being paralyzed by what "should be" and to start applying faith in the present moment.

13. The sermon said: "Don't allow what should be to keep you stuck. Apply your faith where you are." What is one area of your life where you have been waiting to act until conditions feel more right or more ready?
 14. If you were to take one step of faith this week — one concrete move toward what God has confirmed or called you to — what would it be?
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Practical Applications

Choose one or more of the following to carry into your week as a group or as individuals.

- **Audit your inputs.** For one week, track how much time you spend in Scripture versus how much time you spend consuming news, social media, or entertainment. Bring your findings back to the group next week without judgment, just honesty.
- **Write down your confirmations.** Make a list of moments when God has clearly spoken to you, confirmed a direction, or shown up in a way you cannot explain. Keep it somewhere visible and return to it when doubt creeps in.
- **Identify your assignment.** Spend time in prayer this week asking God: "Where have you clothed me with your Spirit? What is the specific place or people group you have called me to?" Share what you sense with a trusted person in the group.
- **Take one step.** Identify the one thing you have been delaying because of what "should be." Commit to one concrete action this week that applies faith to where you actually are, not where you wish you were.
- **Pray for someone in darkness.** Think of one person in your life who is far from God or caught in a destructive pattern. Commit to praying for them daily this week and, where appropriate, initiating a conversation or showing an act of kindness.

Closing Prayer Focus

Close your group time by praying specifically over these areas:

- That each person would be recalibrated by the Word of God rather than shaped by culture
- That the Holy Spirit would bring fresh confidence to those who feel ordinary or unqualified
- That anyone carrying shame — over past sin, past choices, or past seasons of walking away — would receive the grace and forgiveness that the blood of Jesus makes available
- That each person would take at least one step of faith before the group meets again

This guide is based on the Unstuck sermon series, Week 3, drawn from Judges 6.