

Knowing God Hears You

One of the most powerful truths in the Bible is also one of the most overlooked: God hears you. Not just sometimes. Not just when you have the right words. He hears you. And understanding that changes everything about how you pray.

What Does the Bible Say About God Hearing Our Prayers?

First John 5:14-15 lays it out clearly: "Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him."

That word "confidence" matters. This is not a maybe. It is not a hope-so. It is a settled assurance that when you bring your requests to God, He is listening.

Why Do So Many People Struggle to Believe God Hears Them?

A lot of people pray without real confidence. They ask others to pray on their behalf because deep down they are not sure God is paying attention to them specifically. But that doubt is not from God. He wants you to know, with certainty, that He hears you.

When you feel like nobody listens to you, remember this: you have God's ear. He is more attentive to you than any person ever could be. You do not need to be desperate for a human being's attention when you have the attention of Almighty God.

How Do You Know You Are Praying According to God's Will?

The key phrase in 1 John 5:14 is "according to His will." So how do you know what His will is?

- Start with the written Word of God. Scripture reveals the general will of God for your life.
- The Holy Spirit will also speak specific direction to you, but it will always line up with Scripture. If something contradicts the Word, it is not from Him.
- Mix God's Word into your prayers. This keeps you from just praying your opinions and helps you get in sync with what He actually wants for you.

When you and God are in agreement, things happen. You are not just throwing words into the air. You are praying with purpose and authority.

If God Heard Me, Why Do I Keep Asking for the Same Thing?

This is the heart of the matter. If you truly believe God heard you, why would you ask again two hours later? Or two days later? The honest answer is: because you do not really believe He heard you the first time.

Jesus addressed this directly. He warned against thinking you will be heard for your many words. It is not the quantity of words that moves God. It is the quality of your faith.

Psalms 34:17 says: "The righteous cry out, and the Lord hears, and delivers them out of all their troubles."

All their troubles. Not some. All. When you cry out in faith, He hears and He delivers. That means you can stop carrying the weight of the problem once you have placed it in His hands.

What About When the Answer Takes Time?

God is not slow. But He often works through people, circumstances, and natural processes that take time. The book of Daniel gives a powerful example of this. Daniel prayed and fasted for 21 days. He was not repeating himself over and over in desperation. He was staying attentive, remaining pliable, and ready to do whatever God directed Him to do.

An angel eventually broke through and revealed that demonic resistance in the heavenly realm had delayed the answer. The delay was not God being silent. The answer had already been sent.

The apostle Paul also wrote that he desired to visit certain churches but was hindered by Satan. Delays are real, but they are not denials. Stay in faith, stay ready to act, and trust that God is working even when you cannot see it yet.

Can You Pray for Someone Else and Have God Hear You?

Yes. This is called intercession, and it is powerful. First John 5:16 says that if you see a brother sinning a sin that does not lead to death, you can ask God on His behalf and God will give Him life.

The book of Job illustrates this beautifully. Job's friends had spoken foolishly about God, and God was not pleased with them. He told them to go to Job and have Job pray for them. Why? Because Psalm 66:18 explains it: "If I regard iniquity in my heart, the Lord will not hear."

Job's friends could not get through to God in that moment because of their own sin. But Job could intercede for them. And when he did, they were delivered from the consequences of their actions.

Instead of talking about someone else's failures, take it to God. Pray for them. Take authority over the enemy's influence in their life. God will hear you and move on their behalf.

Does It Matter How You Pray? Does God Need to Hear Your Voice?

Yes. Psalm 3:4 says: "I cried to the Lord with my voice, and He heard me from His holy hill."

There is something important about lifting your voice. When Jesus was tempted in the wilderness, He did not just think the Word. He spoke it. He said, "It is written." When the disciples asked Jesus how to pray, He said, "When you pray, say..." Not think. Say.

Life and death are in the power of the tongue, not the power of your thoughts. You have to open your mouth. You do not need to be eloquent. You do not need a long, polished prayer. Sometimes "help" is enough. But you do need to speak.

This also applies to spiritual authority. When you speak in the name of Jesus, the enemy hears you. You do not need to yell. You can whisper. But you must speak.

The Story of Hannah: What Real Prayer Looks Like

Hannah's story in 1 Samuel 1 is one of the most vivid pictures of prayer in the entire Bible. She was barren, tormented by a rival wife, and in deep anguish. She went to the temple and cried out to God with everything she had. Her lips were moving but her voice was not audible. She was pouring out her soul.

Eli the priest saw her and initially thought she was drunk. But when he understood what was happening, he said to her: "Go in peace, and the God of Israel grant your petition which you have asked of Him."

The moment she knew she had been heard, everything changed. The weeping stopped. The sadness left her face. She went and ate. She worshiped. And in time, she received exactly what she had asked for.

It was not the abundance of her crying that moved God. It was the moment she believed He had heard her. That is what ended the desperation. That is what brought peace. And that is what released the answer.

What Does Faith in Prayer Actually Look Like?

Mark 11:23-24 is often quoted about believing what God says. But there is a second half that gets missed. Jesus said that whoever believes that what he says will come to pass will have whatever He says.

There are two things you need to hold onto at the same time:

- I believe what God says.
- I believe God hears what I say.

A lot of Christians have the first part down. They know the promises. They know the Word. But they have not fully grasped that God is actively listening to their words. Both halves matter. You need 100 percent, not 50.

How Should You Feel After You Pray?

Philippians 4:6-7 says: "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

You should come out of prayer with peace. Not because the problem is gone yet, but because you have given it to God and you believe He received it. You go into prayer troubled. You come out triumphant. If you are still troubled when you finish praying, you are not done yet.

When you pray, you are handing the problem to God. He has the problem. You have the answer. That is the exchange that happens in prayer when you truly believe He hears you.

Life Application

This week, choose one thing you have been repeatedly bringing to God in prayer, something you keep asking about over and over. Make a decision to pray about it one more time, but this time pray it with full confidence that God hears you. Speak it out loud. Mix Scripture into your prayer. Then stop asking for the same thing again. Instead, shift into thanksgiving. Thank Him that He heard you. Thank Him that it is already in His hands. Let your face change like Hannah's did.

Ask yourself these questions as you go through the week:

- When I finish praying, do I walk away with peace or do I still feel troubled? What does that tell me about whether I truly believe God heard me?
- Am I praying God's Word back to Him, or am I mostly praying my fears and opinions?
- Is there someone in my life I have been talking about instead of interceding for? What would it look like to take their situation to God this week instead?
- Do I believe God hears what I say, or only that I need to hear what He says?

You are righteous through Christ Jesus. And Psalm 34:17 promises that when the righteous cry out, the Lord hears and delivers them out of all their troubles. All of them. Take Him at His word, lift your voice, and walk away knowing it is done.

Quotes

1. God is listening when you pray.
2. Our confidence in prayer is this: when we ask according to His will, He hears us.
3. God doesn't want you wondering whether He heard you—He wants you praying with confidence.

4. Put God's Word in your mouth and into your prayers, and you can pray with absolute confidence that He hears you.
5. If you know He heard you, you don't have to keep asking—you can start thanking Him that you have your petition.
6. Repeatedly asking for the same thing can reveal that we never really believed He heard us the first time.
7. Powerful prayer isn't about the quantity of your words but the quality of your confidence in the God who hears.
8. When you know God hears you, you already know the most important thing about your prayer.
9. The righteous cry out, the Lord hears, and He delivers them out of all their troubles.
10. We may go into prayer troubled, but we should come out triumphant.
11. Don't stop praying merely because you've run out of words—pray until the trouble leaves and peace takes its place.
12. When I pray, I give God the problem—He gets the care, and I get the peace.
13. When you cry to the Lord with your voice, your prayer is heard from His holy hill.
14. Give voice to your faith—prayers need to come out of your mouth.
15. When the devil spoke to Jesus, Jesus answered him with, "It is written."
16. Life and death are in the power of the tongue, so never underestimate the power of what you say.
17. The moment Hannah knew God had heard her, her sadness left before her answer ever arrived.
18. It wasn't Hannah's abundance of tears that changed everything—it was knowing that God had heard her.
19. When I say what God said, God hears His own Word coming out of my mouth.
20. Sometimes the most spiritual thing you can do after praying is stop praying.

Verses

1. 1 John 5:14-15
2. Jeremiah 1:12
3. 1 Samuel 1
4. Philippians 4:6-7
5. Daniel 10
6. Matthew 6:7
7. 1 John 1:9
8. Job 42:8
9. Psalm 66:18
10. Psalm 34:17
11. Psalm 3:4
12. Psalm 6:8
13. Matthew 18:18
14. Mark 11:22-23
15. Proverbs 18:21

Summary

God hears you. Not sometimes, not only when you have the perfect words, but every time you come to Him in faith. First John 5:14-15 gives believers a settled confidence that when they pray according to His will, He listens and responds. Many people struggle to believe this, often repeating the same requests because they are not fully convinced He heard them the first time. True faith in prayer means bringing your request to God, speaking it out loud, mixing Scripture into your words, and then walking away in peace rather than continuing to carry the burden. Delays in answered prayer are not denials. God is always working, even when you cannot see it yet. Like Hannah in 1 Samuel 1, the moment you truly believe He has heard you, peace replaces desperation and the answer is already on its way.