

Taken, Blessed, Broken, & Sent

God's love for people is not passive. It is active, purposeful, and personal. Through the simple act of Jesus breaking bread with His disciples, there is a powerful picture of exactly what God wants to do in every believer's life.

Does God Really Want Good Things for My Life?

A lot of people keep God at arm's length because they are afraid of what He might ask them to do or give up. But God's will for your life is not something to fear. He knows what makes you tick better than you do.

God's love is not confusing. Sickness is not love in disguise. Poverty is not a blessing in disguise. Deuteronomy 28 lists curses, and they look exactly like what you would expect curses to look like. The blessings listed look exactly like blessings. God is not confused about the difference, and neither should we be.

Jesus came so that God could have us close to Himself, bless our lives, and work in us for all eternity. His will for your life covers your Spirit, your soul, your mind, your body, your finances, and everything in between.

What Does the Breaking of Bread in Matthew 26 Really Mean?

In Matthew 26:26, as Jesus sat with His disciples before the cross, He did something deeply symbolic. He took bread, blessed it, broke it, and gave it. That sequence is not just a communion ritual. It is a picture of what God does with every person who comes to Him.

Step One: He Takes You

Jesus took the bread from the table. The table represents a place of humility, a place where you come to yourself and recognize that you cannot do life on your own. Getting to that table is what puts you in a position where Jesus can reach out and take you.

Jesus said it plainly in John 15:16: "You did not choose Me, but I chose you." You did not find God on your own. He drew you. He loved you before you ever loved Him, before you ever praised Him, before you ever made it to any church service. He set His affections on you when you were, as the saying goes, a complete mess.

And if He loved you then, He is not going to stop now.

Ephesians 2:13 says, "But now in Christ Jesus you who once were far off have been brought near by the blood of Christ." That is the first move God makes. He brings you near.

Step Two: He Blesses You

After He takes you, He blesses you. The world is under a curse, and the effects of that curse show up in every area of life. But when Jesus takes you to Himself, He begins washing that off and replacing it with blessing.

This is why so many people struggle to believe in divine healing or God's provision. Their thinking has been shaped by a cursed world rather than by the Word of God. Romans 12:2 calls us to be transformed by the renewing of our minds, and that renewal changes everything. You go from thinking like a victim of the curse to thinking like a son or daughter of God.

God wants you blessed when you come in and blessed when you go out. Not so you can hoard it, but so you can become a blessing to others.

Step Three: He Breaks You Out

This is the part that sounds uncomfortable, but the breaking is not about tearing you down. It is about separating you out. Jesus broke the bread to create an individual portion, something distinct and purposeful, not just part of an undivided loaf.

God does not want you to simply blend into the crowd. He has an individual plan crafted specifically for your life. 1 Corinthians 12:27 says, "Now you are the body of Christ, and members individually." The Amplified version adds: "each with his own special purpose and function."

1 Peter 2:9 puts it this way: "But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light."

You are not just another face in the crowd. You are not dust in the wind. God designed you with your own fingerprints, your own DNA, your own calling. He wants to raise you up so that people can see something about God through your life that they cannot see through anyone else's.

Step Four: He Sends You

After taking, blessing, and breaking, Jesus gave the bread. He gave it to others. That is the final step. God is looking for people He can give to the world.

Isaiah 6 captures this beautifully. Isaiah stood in the throne room of God and heard the question: "Who shall I send, and who will go for Us?" After being cleansed and filled with the life of God, Isaiah did not shrink back. He said, "Here I am! Send me."

Matthew 9:36-38 says, "But when He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd. Then He said to His disciples, 'The harvest truly is plentiful, but the laborers are few. Therefore pray the Lord of the harvest to send out laborers into His harvest field.'"

God sees the weary. He sees the hurting. He sees the people who look fine on the outside but are falling apart on the inside. And He needs people on earth who will go for Him.

What Does It Mean to Be Sent Into the Harvest Field?

Being sent does not always look spectacular. Sometimes it is a few words in a conversation that completely changes someone's life. Sometimes it is sharing hope with a grieving mother on a beach. Sometimes it is showing up at work and being willing to pray for a coworker.

The people around you every day, at work, in your neighborhood, in your family, may be smiling on the outside while falling apart on the inside. God wants to use you to reach them. Not because you have it all together, but because He is in you and His gifts flow through you.

What About Fear and Feeling Unqualified?

Being sent is rarely comfortable at first. Stepping into what God has called you to do can feel like being torn apart. But confidence grows, not in yourself, but in Him. When you show up and trust Him, He shows up and works through you.

The key is keeping your eyes on Him rather than on your own limitations. God does not call the equipped. He equips the called. And when you step out, He meets you there every time.

You Are Blessed to Be a Blessing

The Christian life is not a tightrope. Jesus said in Matthew 11:30, "My yoke is easy and My burden is light." God wants to make the space around you wide. He wants you to walk in the good life, not because you earned it, but because you belong to Him.

But that blessing is not meant to stay with you. You are a slice of bread meant to be given to a hungry world. You are a piece of His body, filled with His life, designed to nourish and strengthen and transform the people around you.

Life Application

This week, ask God to open one specific door for you to share your faith, offer encouragement, or pray with someone who is hurting. It does not have to be a big moment. It just has to be a willing one. Before you go to work, school, or wherever your week takes you, pray: "Lord, who can I help today? Open a door for me to be a blessing." Then stay alert and step through it when it comes.

Ask yourself these questions as you go:

- Am I still clinging to the loaf, or am I allowing God to separate me and use me for something specific?
- Do I believe that God's will for my life is genuinely good, or am I holding back out of fear of what He might ask?
- Who in my life right now might be weary or hurting beneath the surface, and am I willing to be the one God sends to them?

God took you. He blessed you. He is breaking you out of the crowd for a reason. Now He wants to give you to the world. The question is simply this: will you say, "Here I am. Send me"?

Quotes

1. God doesn't have some kind of weird idea of love that you wouldn't think is love.
2. God's will for your life is better than your own because He knows what fulfills you better than you do.
3. Jesus didn't come to make life harder; He came to show you how life was meant to be lived.
4. If you keep seeing yourself as an old sinner, you'll keep struggling to live like the righteous person God made you.
5. God fell in love with you before you ever had anything worth bringing to the table.
6. If God loved you at your worst, never doubt His love for you now that you belong to Him.
7. Sometimes you have to get tired of merely existing before you're ready to discover what real life in Jesus is.
8. God never breaks you down to destroy you; He separates and shapes you for the purpose He designed you to fulfill.
9. God didn't make you to disappear into the crowd; He set you apart as an individual expression of His purpose.
10. You are not another brick in the wall, another statistic, or another number—you have a plan from God with your name on it.
11. Your fingerprints, your DNA, and your design all testify that God created you as an individual on purpose.

12. Hell should know your name—not because you fellowship with demons, but because your authority causes them problems.
13. God sees the weary, scattered, and hurting—and He is looking for people who will carry His compassion to them.
14. The people around you may look fine on the outside while hurting deeply inside—God is still asking, “Who will go?”
15. God can take an ordinary action surrendered to Him and use it to accomplish something mighty.
16. God blesses His body, then separates, raises, and develops each member to become useful in His hands.
17. God’s idea of good is infinitely better than yours—so surrender your agenda and say, “Here I am, send me.”
18. Jesus is the Bread of Life, and as we partake of Him, we become bread He can give to a weary hungry world.
19. It is His gifts and His abilities flowing through you that bring understanding, deliverance, and freedom to others.
20. You were called out of darkness into marvelous light so your life could proclaim the greatness of the One who called you.

Verses

1. Matthew 26:26
2. John 15:16
3. Ephesians 2:11-13
4. 1 Peter 2:9
5. 1 Corinthians 12:27
6. Isaiah 6
7. Matthew 9:36
8. Deuteronomy 28

Summary

God's love is active, purposeful, and personal. Through the simple act of Jesus breaking bread in Matthew 26, there is a powerful picture of what God wants to do in every believer's life. He takes you, blesses you, breaks you out of the crowd, and sends you into the world with purpose. His will for your life is not something to fear. It covers your spirit, soul, mind, body, and finances. You are not just another face in the crowd. God designed you with a specific calling that no one else can fulfill. You are blessed not to hoard that blessing, but to become one to others.