

## **Staying Conscious of God**

In our busy, distracted world, it's easy to lose sight of our deep need for God. We can get so caught up in the demands of life that we forget how desperately we need Him - like we need our next breath or water to survive. Yet when we stop and truly think about it, we know the answer: we absolutely need Him.

### **Why We Lose Awareness of Our Need for God**

Just like you might not realize how hungry or tired you are until you stop moving, we often don't recognize our spiritual hunger until we get quiet and clear our minds. We become distracted by life's circumstances and lose consciousness of our need for Him.

This is why it's crucial to intentionally make ourselves conscious of our need for God. We must develop powers of concentration, especially on spiritual things, and not allow ourselves to be easily distracted from Him.

### **The Promise of Perfect Peace**

The Bible promises "perfect peace to those whose minds are stayed on Him." This isn't just temporary or superficial peace - it's the peace of God, the peace of the Prince of Peace. This is what people seek through various means, but it only comes one way: by setting your mind on Him.

We need to keep God involved in what we're doing throughout our day. When we become so conscious of Him that we forget about physical needs and desires, we reach a place where we're so aware that He is surrounding us that bodily concerns fade away.

### **Understanding Sin and Temptation**

#### **Where Does Sin Come From?**

Sin enters the picture when we lose our consciousness of God. If we remained conscious of Him, we would have no sin. Consider heaven - there are beautiful, incredible things there

that people could covet or lust for, but they don't. Why? Because they're conscious of the Creator, so they don't worship the creation.

## **The Fall of Lucifer: A Warning**

Lucifer's fall provides a powerful example. He was beautiful, wise, and had great authority on earth (not in heaven as commonly taught). The Bible tells us he said "I will ascend into heaven," indicating he wasn't already there. He was the ruler of this world before his rebellion.

Lucifer became "lifted up in pride because of his beauty." He got distracted from the Creator and became blinded to God by the brightness of his own glory. When that happened, he became covetous and delusional, thinking he could overthrow God.

## **The Reality of Heaven**

### **What Heaven Is Really Like**

Heaven isn't just people floating around with harps on clouds. There's business, trading, music, and life happening there. People have personalities, tastes, and preferences. The difference isn't that desires disappear in heaven - they're actually heightened millions of times because everything there is perfect.

The reason there's no sin in heaven isn't because people become different beings without desires, but because of their consciousness of God. When you're aware of the Creator, the creation doesn't control you, even though you can enjoy it.

## **Practical Ways to Stay Conscious of God**

### **Acknowledge God Throughout Your Day**

Follow Jesus's example - He constantly acknowledged the Father, especially in the Gospel of John. He spent all night praying, not as a burden, but as a delight. When you're conscious of the Father, prayer becomes delightful and you can't wait to get to church.

## **Sing and Give Thanks**

Ephesians 5:18-20 gives us practical instruction: "Be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ."

Start singing throughout the day. Talk about Jesus with others. If necessary, start by talking to yourself about Him. You can talk yourself into happiness just as easily as you can talk yourself into depression.

## **Practice Gratitude**

Give thanks always - not just a couple times a day for a few things, but always. Think about how much less strife there would be in homes if people were more thankful. When you're thankful to God, it makes it easier to be thankful for and to people.

## **Freedom from Self-Consciousness**

When we lose consciousness of God, we become self-absorbed like Adam and Eve after they sinned. This leads to two extremes: either thinking we're better than everyone else (like Lucifer) or becoming afraid and ashamed, not wanting to be seen by anyone.

But when we're conscious of God, there's freedom from both extremes. There's liberty, perfect peace, and the ability to walk in perfect love because it's not all about us anymore. We can actually care about other people, pray for them, give to them, and help them.

## **Walking in the Spirit**

Walking in the spirit means being conscious of the Spirit. Hebrews 11:6 tells us that faith believes "that He is" - not that He was or will be, but that He IS right now. Walking in the spirit is being conscious of the Holy Spirit living inside you and being aware of spiritual things.

This consciousness of God is how we can experience "Thy will be done on earth as it is in heaven." The only difference between earth and heaven is that in heaven, God is in manifestation everywhere. But we can have that same awareness here and now.

## Life Application

This week, challenge yourself to develop a heightened consciousness of God's presence throughout each day. Start by implementing these practical steps:

- Begin each morning acknowledging that God is with you right now
- Sing or hum worship songs throughout your day
- Practice gratitude constantly, thanking God for both big and small things
- When you face challenges, immediately cast your cares on Him rather than carrying them yourself
- Talk about Jesus with others or to yourself when alone

Ask yourself these questions:

- Am I living with an awareness that almighty God is right here with me now?
- What distractions are pulling my consciousness away from God?
- How can I better train myself to keep my mind stayed on Him?
- Am I carrying burdens that I should be rolling over onto the Lord?

Remember, you have the Creator of all things right there with you. When you're conscious of someone so much greater, the problems and pressures of this world become much smaller. You don't have to fear anything in creation when you're aware of the One who created it all.

## Quotes

1. "Do you believe that you need Him? Do you really know that?"
2. "Sometimes you don't know how hungry or tired you are until you stop being distracted by all the things you are being busy doing."
3. "We can get caught up in things and lose sight of how much we need Him."
4. "We have to develop the power of concentration—especially concentrating on Him."

5. "He gives perfect peace to the one whose mind is stayed on Him. Not partial peace. Not temporary peace. Perfect peace."
6. "People smoke, drink, and chase all kinds of things trying to find that peace. But real peace comes only one way—God's way. And that way is setting your mind on Him."
7. "Where does sin get in? It gets in when we lose our awareness of Him. If you stayed conscious of Him, sin wouldn't stand a chance."
8. "Why don't they sin in heaven? There are beautiful things in heaven—things you could covet or lust after there. But they don't. Why? Because they're fully conscious of the Creator, so the creation can't pull them."
9. "When you get to heaven, you'll still recognize things you love here. You'll still have desires."
10. "Lucifer had the light of God shining off him. But in that light, he lost sight of God and became blinded by his own glory."
11. "When you're conscious of the Father, prayer becomes a delight. Church isn't a duty—it's something you can't wait for."
12. "When you're conscious of Him, it becomes easy to stay out of sin."
13. "But when we lose sight of Him and get absorbed in ourselves and entangled in the affairs of life, the creation starts pulling on us again."
14. "When you're aware of the Creator, you can enjoy the creation without being consumed by it—including not being consumed with yourself."
15. "People live trapped in self-prisons of fear—overly aware of themselves, like Lucifer became. We don't want to get wrapped up in ourselves or the creation."
16. "God wants you to have good things. He wants you to enjoy life. He created the good things—not for the devil, but for you."
17. "Learn to enjoy where you are on the way to where you're going. That's how you walk in contentment—with the things you have today."

18. “Years ago, I found what I was looking for. A woman said the name ‘Jesus’—a name I’d heard all my life—and suddenly I knew: He’s alive.”

19. “Heaven is full of beauty, wisdom, activity, business, and creativity. But no one covets. No one idolizes anything. Not because we’re different there—but because we’re conscious of Him there.”

20. “When you’re conscious of Him you can be everything you’re called to be without worrying about what anyone thinks.

## **Verses**

1. Isaiah 14:12-15

2. Ezekiel 28:12-19

3. Hebrews 11:6

4. Ephesians 5:18-21

## **Summary**

In our busy world, we often lose awareness of our desperate need for God, becoming distracted by life's demands. Sin enters when we lose consciousness of God - if we remained aware of Him, we would have no sin. The Bible promises perfect peace to those whose minds are stayed on Him. We can develop this consciousness through practical steps: acknowledging God throughout the day, singing worship songs, practicing constant gratitude, and talking about Jesus with others. When we're truly conscious of God's presence, we experience freedom from self-absorption and fear, walking in perfect peace and love.