

## **Speeding Up the Blessing Process:**

### **Living from Faith, Not Feelings**

Have you ever wondered why some people seem to experience God's blessings quickly while others struggle for years with the same issues? The answer lies in understanding how God works versus how the enemy operates, and learning to respond from our spirit rather than react from our flesh.

#### **How God Works vs. How the Enemy Works**

God and Satan operate in completely opposite ways. The devil works from the outside in, using external circumstances, physical sensations, and emotions to influence our thoughts and ultimately change our hearts. His results are often immediate and visible - you can see someone's demeanor change instantly when a negative spirit influences them.

God, however, works from the inside out. His Word must penetrate through our minds, past our feelings, and into our hearts where it can take root and produce lasting change. This process takes more effort and appears slower, but it produces permanent transformation.

#### **Why Do We Struggle to Respond Spiritually?**

Many believers have been trained to respond from their feelings rather than their faith. When we hear God's Word, we often wait to "feel" something before we respond. But faith doesn't operate based on feelings - it operates based on what we believe to be true.

The Bible says, "I believed and therefore I spoke." Notice it doesn't say, "I felt and therefore I spoke." We must train ourselves to respond from our hearts (what we believe) rather than react from our flesh (what we feel).

## **The Power of Speaking What You Believe**

Faith is activated through speaking. When you get up in the morning, instead of immediately voicing how you feel ("I'm tired," "It's cold," "I don't want to go to work"), start speaking what you believe:

- "Thank you, Jesus, for this day"
- "God has not given me a spirit of fear"
- "I can do all things through Christ who strengthens me"
- "Greater is He that is in me than he that is in the world"

This isn't about denying reality - it's about establishing spiritual reality as your foundation before dealing with natural circumstances.

## **What to Do When You Mess Up**

Everyone falls short sometimes. The key is responding quickly when you react in the flesh rather than respond from the spirit. Here's the process:

### **Immediate Confession**

Don't delay. As soon as you recognize you've acted from the flesh, confess it immediately: "Lord, forgive me for that reaction. I repent."

### **Receive Forgiveness by Faith**

Don't just confess and walk away feeling guilty. Receive what God promises: "I receive Your forgiveness. I receive cleansing. I am the righteousness of God in Christ Jesus."

### **Get Back Up Quickly**

The Bible says a righteous person may fall seven times but rises again. Each time you repent and receive forgiveness, you're doing something spiritual that strengthens your spirit and weakens your flesh's control over you.

## **Training Your Flesh**

Just like you'd train a dog not to bite, you must train your flesh not to react inappropriately. This happens through:

- Consistent confession when you mess up
- Speaking what you believe rather than what you feel
- Recognizing the difference between your thoughts and God's thoughts
- Refusing to identify with every feeling or thought that comes your way

Over time, your flesh learns that every time it acts up, you're going to run to God, repent, and get stronger spiritually. Eventually, it gives up the fight.

## **Maintaining a Pure Conscience**

A pure conscience comes through regular confession and cleansing. When impure thoughts come (and they will in this fallen world), don't automatically identify with them. Instead:

- Recognize they're not necessarily your thoughts
- Cast down imaginations that exalt themselves above God's knowledge
- Speak God's truth over the situation
- Take authority over demonic influences in Jesus' name

## **The Importance of Spiritual Community**

We need to interact with each other from our hearts, not just our minds and emotions. While we don't throw out natural conversation and fun, our relationships should be dominated by spiritual connection - our shared faith in Jesus Christ and our commitment to following Him together.

This means praying for each other regularly. When someone comes to mind, lift them up to God immediately rather than just thinking about them or, worse, talking negatively about them.

## **Staying in the Spirit**

The enemy will try to move you from faith to pride, from love to judgment, from spiritual motivation to fleshly motivation. Stay alert to these subtle shifts. When you catch yourself operating from wrong motives, immediately redirect back to your heart and what you truly believe.

## **Life Application**

This week, commit to speeding up your blessing process by implementing these practices:

Your Challenge: For the next seven days, start each morning by speaking what you believe about God, yourself, and your day before you voice any complaints or feelings. When you catch yourself reacting from the flesh, immediately confess, receive forgiveness, and speak what you believe instead.

## **Questions for Reflection:**

- Am I responding from what I believe or reacting from what I feel?
- How quickly do I confess and receive forgiveness when I mess up?
- What do I actually believe about God's work in my life, and am I speaking that daily?
- Are my relationships dominated by spiritual connection or just natural compatibility?

Remember, God is doing a great work in you from the inside out. As you cooperate with His process by living from faith rather than feelings, you'll begin to see the outward manifestation of His blessing in your life. The key is consistency, quick repentance when needed, and always speaking what you believe rather than just what you feel.

## **Quotes**

1. "God does His work from the inside out. The devil does his work from the outside in."
2. "You've got to train yourself to respond from your heart and hold yourself back from reacting out of your feelings."

3. "Most people aren't trained to respond from what they believe—they're trained to respond from what they feel."
4. "You've got to mix faith with what you're hearing by speaking what you're believing."
5. "You want to walk in the Spirit? You want to get up in the morning and not fulfill the lust of the flesh? Then start speaking what you believe."
6. "You need to hear yourself preaching daily."
7. "Don't identify with stupid thoughts. Recognize where that's coming from, and say, 'That's not what you believe'."
8. "You might say, 'Well, I felt this way about it.' But don't stop there. Go on and say, 'But I believe...' Then speak what you believe about it."
9. "You've got so much faith inside you, you could, not just move a mountain, you could level the most mountainous terrain in the world."
10. "If you're just getting started in your faith walk, you're probably going to be repenting a lot. You're going to be confessing your sins often—and that's okay."
11. "'Three of the most famous words I've spoken in growing my faith with God are, 'God, forgive me'."
12. "You want quick results from God? You want to see the blessing process speed up in your life? Then respond quickly—move quickly on spiritual things."
13. "A righteous man may fall seven times, but even on the seventh time, he's still a righteous man. He may fall into unrighteous behavior, but he remains righteous."
14. "If God doesn't get tired of us repenting, then don't you get tired of repenting."
15. "Every time you yield to the flesh, you strengthen your flesh and weaken your spirit. So turn it around—quickly."

16. "Doing something in the flesh is lifting light weight. Anybody can do that. But it takes a spiritual powerlifter to rise up in spirit and say, 'I repent for that.'"
17. "How do you get a pure conscience? Through confession. Every impure thought, every wrong action—confess it."
18. "I want to speed up the blessing process. And the way God works to bless your life is from the inside out."
19. "We've got to be determined to have it God's way—to live by faith, and to live according to what we know to be true in our hearts."
20. "I'm going to live according to what I believe. That's the greatest place to live—from what you believe, not from what they're saying, not from what others are doing, not from how you feel or what you think."

## **Verses**

1. 2 Corinthians 4:13
2. 2 Timothy 1:2
3. 2 Timothy 1:3
4. 1 John 1:9
5. Proverbs 24:16

## **Summary**

The difference between those who experience God's blessings quickly and those who struggle lies in understanding how to respond from faith rather than react from feelings. God operates from the inside out, working through His Word to transform our hearts and produce lasting change. This process appears slower but creates permanent transformation. In contrast, the enemy works from the outside in, using circumstances and emotions to influence our thoughts and hearts, producing immediate but temporary results. Many believers have been conditioned to wait for feelings before responding to God's Word, but faith operates based on what we believe to be true, not what we feel. The Bible teaches that we believe first, then speak. This means starting each day by declaring

what we believe about God and His promises rather than immediately voicing our feelings or complaints. When we do react from the flesh, the key is immediate confession, receiving forgiveness by faith, and quickly returning to speaking what we believe. This process of consistent confession and faith-based speaking trains our flesh and strengthens our spirit over time. Just as training a dog requires consistency, training our flesh requires regular spiritual discipline. We must maintain pure consciences through regular cleansing, recognize that not every thought or feeling belongs to us, and build relationships dominated by spiritual connection rather than just natural compatibility. By implementing these practices consistently, we cooperate with God's inside-out work and begin to see the outward manifestation of His blessings in our lives.