

Anchored: Living Settled, Secure and Unshaken

In a world of constant change and uncertainty, we need something solid to hold onto. As we enter 2026, it's more important than ever to understand what it means to be truly anchored in our faith. This isn't about surviving the storms of life - it's about standing firm and even soaring through them.

Why Do We Need an Anchor?

We live in a world of shifting ground where opinions change, emotions fluctuate, and circumstances are unpredictable. Culture attempts to redefine truth, and challenges can feel overwhelming. But God never intended for us to live unstable, anxious, or tossed around by every wind of change.

Each day we face challenges that can feel overwhelming, but there's a crucial difference between feeling overwhelmed and actually being overwhelmed. We can choose what overwhelms us - either our circumstances or our Savior and His goodness.

What Does Salvation Really Mean?

The word "salvation" in Greek means deliverance from every evil thing. It's not just a ticket to heaven - it's deliverance and freedom right here on earth. This salvation empowers us to live settled, secure, and unshaken through faith.

Jesus: Our Firm Foundation

An anchor acts as a foundation for a boat that has no solid ground beneath it. Without an anchor, a boat drifts wherever the wind and waves take it. Spiritually, we need that same stability.

First Corinthians 3:11 tells us that no other foundation can be laid than Jesus Christ. Just as a building needs a solid foundation to keep from collapsing, we need Jesus as our spiritual foundation.

Isaiah 28:16 describes Jesus as "a tried stone, a precious cornerstone, a sure foundation." When Christ is your foundation, you won't panic under pressure, compromise under stress, or collapse in adversity.

What Can't We Build Our Lives On?

- We cannot build a stable life on:
- Our feelings
- Convenience
- Popular opinions
- What the majority is doing

Just because the majority of people are doing something doesn't make it right. We must build our lives on Jesus and the Word of God, following conviction rather than convenience.

The Parable of Two Builders

In Matthew 7:24-25, Jesus tells us about two builders. The wise builder hears Jesus' words and does them - he's like someone who builds his house on rock. When storms come, the house stands firm because it's founded on the rock.

The key insight here is that storms come to everyone. The difference isn't whether the storm comes, but what you're built upon. Everyone is building a life, but the question is: what are you building it on?

Our Hope as an Anchor

Hebrews 6:19-20 gives us the main scripture about being anchored: "This hope we have as an anchor of the soul, both sure and steadfast, and which enters the presence behind the veil where the Forerunner has entered for us, even Jesus."

In Greek, the word "sure" means safe, secure, and that which can be relied upon - it cannot fail. "Steadfast" means stable and unmovable. This anchor doesn't just hold us steady; it reaches into the very presence of God behind the veil.

Where Is Our Anchor Secured?

Our anchor is not secured in:

- Earthly circumstances
- Emotional stability
- Other people
- Our finances

Instead, our anchor is secured in God's presence. It's not about emotional stability but positional security. As we understand our position in Christ, it actually helps our emotional stability.

Anchors Don't Stop Storms

An important truth to remember: anchors don't stop the storm, but they are our foundation in the storm. We may wish our anchor would stop all difficulties, but instead it keeps us steady and helps us get to the other side.

Our job is to abide in Him. When we focus on abiding rather than trying to make everything happen ourselves, we find Him leading us through every situation.

Rooted and Grounded

Colossians 2:6-7 tells us to walk in union with Christ, having "the roots of your being firmly and deeply planted in him, fixed and founded in him, being continually built up in him."

Psalm 62:6 declares: "He only is my rock and my salvation. He is my defense. I shall not be moved." In Hebrew, "moved" means slip, shake, or fall. When we're anchored in Him, we will not slip, be shaken, or fall.

Blessed and Fruitful

Jeremiah 17:7-8 describes the person who trusts in the Lord: "He shall be like a tree planted by the waters... and will not fear when heat comes... and will not be anxious in the year of drought, nor will cease from yielding fruit."

When you're anchored in the Almighty, you won't fear when heat comes because you know He's got you covered. Even in drought seasons, you'll still yield fruit - that's supernatural provision that only God can provide.

Be Steadfast and Immovable

First Corinthians 15:58 calls us to "be steadfast, immovable, always abounding in the work of the Lord." The word "steadfast" portrays something strong, dependable, unbreakable, and permanent - like a well-built foundation.

"Immovable" refers to people with strong, unbending character who aren't easily excited, shaken, or affected by circumstances. This means being the same person regardless of what crowd you're around - having rock-solid attitudes that are grounded and established.

Life Application

God is calling His people to stop being moved by what's around them and start living from who they are in Him. This isn't about surviving the year - it's about standing firm and soaring through whatever comes.

This week, commit to building your life on the solid foundation of Jesus Christ. When storms come (and they will), remember that your anchor reaches into God's very presence. Practice abiding in Him daily through prayer, reading His Word, and following the Holy Spirit's leading.

Ask yourself these questions:

- What am I currently building my life upon - circumstances, emotions, or Christ?
- When challenges arise, do I panic or remember my firm foundation?
- Am I the same person with unbending character regardless of who I'm around?
- How can I better abide in Christ this week instead of trying to control my circumstances?

Remember, you were born for this time. With Jesus as your anchor, you can live settled, secure, and unshaken no matter what storms may come.

Quotes

1. "We live in a world of shifting ground. Opinions change, emotions go up and down. Culture, attempts to redefine truth. Circumstances are unpredictable. But listen, God, never. Now, he knew the world was going to be like this. He knew what was going to happen. But he never, ever once intended for us to live that way. Up and down and all around, to live unstable, to live anxious and to be tossed all around. That was not his intention."

2. "Each day we face challenges that we can feel, and they appear to be overwhelming. But listen, you never have to be overwhelmed."

3. "Salvation. That word in the Greek means deliverance from every evil thing. It just doesn't mean, oh, praise God, I'm saved. I'm going to heaven. Thank God for it. But your salvation didn't mean. You just got a ticket to heaven, baby. Your salvation means right here on earth. Delivered, saved from every evil thing."

4. "We have an anchor. His name is Jesus."

5. "An anchor acts as a stable foundation out there in the ever moving and troubled sea. The anchor works."

6." When Christ is your foundation, Come on. Listen, it helps you that you won't panic in pressure. You won't compromise under stress. You won't collapse in adversity."

7. "He is our anchor. He is our sure foundation. He ain't collapsing. So if you just stay on him, you ain't collapsing either. You may be pressed, but you are not unstable."

8. "You cannot build a stable life on feelings, On convenience. Because you try and do things that are only convenient for you, you pretty much never going to be where you're supposed to be doing what you're supposed to be doing. Because it's not about convenience, baby. It's about conviction."

9. "The difference is not if the storm comes, but what you're built upon. Because, girls, the storms, I think we can all vouch for that, right?"

10. "An anchor doesn't stop the storm. Did you notice that? Anchors do not stop the storm, but they are our foundation in the storm."

11. "This hope we have as an anchor of the soul, both sure and steadfast, and which enters the presence behind the veil where the Forerunner has entered for us."

12. "Jesus will never fail you. He'll never fail you."

13. "Our anchor is not our emotions. Our anchor, remember, it's behind the veil. It's the very presence of Jesus. My anchor is not in other people. It is not in my finances. It is not in my circumstances."

14. "You can live anchored, settled, secure and unshaken. No matter what comes."

15. "When the heat comes, your leaves will still be green. Like that doesn't even make sense. It's heat. It's all hot and leaves are still green. That's supernatural. That's God. When the drought comes, you'll still be yielding fruit. That's impossible. But with God, things are possible."

16. "God is calling his women to stop being moved by what's around them and start living from who they are in him."

17. "This is not about surviving. I didn't just give you some points to help us all survive the year. This is what you got to do. Get anchored, live settled, secure and unshaken. This is not to help you make it through anything. This is to help you soar in everything."

18. "This is not about surviving the year. This is about standing firm in it."

19. "Unbending character, that means my character doesn't bend for nobody. I don't care if it's a previous brother or sister. I don't care who it is. My character is not going to bend for you, bro. My character is unbending. I'm the same all the time by the grace of God."

20. "We are women with unbending character."

Verses

1. 1 Corinthians 3:11
2. Isaiah 28:16
3. Matthew 7:24-25
4. Proverbs 10:25
5. Hebrews 6:18-20
6. Colossians 2:6-7
7. Psalm 62:6-7
8. Jeremiah 17:7-8
9. 1 Corinthians 15:57-58

Summary

In a world of constant change and uncertainty, we need something solid to anchor our lives. True stability doesn't come from circumstances, emotions, or popular opinions, but from building our foundation on Jesus Christ. Like an anchor that keeps a boat steady during storms, our hope in Christ reaches into God's very presence, providing security that cannot fail. When we're rooted and grounded in Him, we can live settled, secure, and unshaken, bearing fruit even in difficult seasons. The key is learning to abide in Christ rather than trying to control our circumstances.