

# TRUST

## I Put My Trust In God

Scripture: Psalm 56

### David's Concerns

- David had **physical** concerns (56:1-2).
- David had **spiritual** concerns (56:3-4).
- David had **social** concerns (56:5-6).
- David had **emotional** concerns (56:8).

### David's Questions

- Q: What can people do to me? A: Take me out.  
(see also 1 Sam. 21:10-15; Ps. 110:4; Mt. 10:28)
- Q: Shall they escape iniquity? A: A great day is coming.  
(see also Rom. 2:4; 2 Pet. 3:7-10; Ac. 17:30-31)
- Q: Are they not in your book? A: God knows.  
(see also Ps. 139:16; 87:6; Neh. 13:14; Dan. 7:10)
- Q: Have you not kept my feet from falling? A: Frequently.  
(see also 2 Sam. 7; 11; 24; 1 Kg. 1-2; 1 Cor. 6:12; 10:23)

# DIGGING DEEPER

## Question 1: From the Text

What can flesh do to me?" (v. 4) List some of the things "flesh" could have done to David at this point in his life?

## Question 2: Life Experience

Have you ever had people twist your words, spread rumors, or try to corner you into failure? How did you respond, and what did it do to your faith?

## Question 3: Personal & Practical

Do you struggle with fear and anxiety? What are some things you do when you find yourself overwhelmed?

### The Bigger Picture

The psalm reminds us that our fears may be real, but they are never greater than the God who sees our tears and records our struggles. Psalm 56 challenges us to meet fear with faith. We should trust God is aware of our situation and wants what's best for us in the end. We should expect both His justice and grace in every circumstance.