

TROUBLED

When Enemies Surround Me

Scripture: Psalm 3

How David Got Here

- **Activity** = consequences of his actions (2 Sam. 11-12).
- **Inactivity** = consequences of no action (2 Sam. 13-14).
- **Betrayal** = other people's actions (2 Sam. 15-17).

How David Got Back

- David **remembered** God and called on Him (Ps. 3:4).
(see also Exodus 2:23-24; Judges 3:9)
- David **rested** in God and took a nap (Ps. 3:5-6).
(see also 1 Kings 19:5-6; Psalm 4:8)
- David **relied** on God and moved forward (Ps. 3:7-8).
(see also Psalm 31:14-15; Acts 17:25, 28)

"Do what you know you need to do."

DIGGING DEEPER

Question 1: From the Text

What does it mean that God is a “shield,” “glory,” and the “lifter of my head” in verse 3?

Question 2: Life Experience

Have you ever been hurt or betrayed by someone close to you? Do you think it hurt more because you knew them? How did that affect your faith or trust in others?

Question 3: Personal & Practical

When you’ve messed up, what helps you stop dwelling on the past and start doing what’s right moving forward?

The Bigger Picture

Jesus, the true Son of David, was surrounded by enemies, betrayed by a close friend, and rejected by His own people. On the cross, Jesus cried out to God. Unlike David, Jesus received no answer. Jesus experienced the silence of God so that we, like David, may always be heard. Jesus left us with a promise to never leave us nor forsake us.