

I've Had Enough Lord!

1 Kings 19:3-18

The Story of Elijah following Mt. Carmel

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All Scriptures are printed verbatim with translations noted. • Pew Bible: Page 267

In the STUDY VERSE SECTION, God's Word is printed in bold faced text with Pastor Joe's commentary in the lighter faced text.

For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope.

- Romans 15:4, NIV84



1. Our discouragement in losing _____.

1 Kings 19:3-5, NLT -³ Elijah was afraid and fled for his life. He went to Beersheba, a town in Judah, and he left his servant there. ⁴ Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. "I have had enough, LORD," he said. "Take my life, for I am no better than my ancestors who have already died." ⁵ Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, "Get up and eat!"

1 Kings 19:4, MSG -⁴ ...He came to a lone broom bush and collapsed in its shade, wanting in the worst way to be done with it all—to just die: "Enough of this, GOD! Take my life—I'm ready to join my ancestors in the grave!"

- We want to *give up* when we feel physically drained.
- We want to *give up* when we feel emotionally deserted.
- We want to *give up* when we feel spiritually depleted.

2. God's direction for regaining _____.

A. Don't give up—*get up!* (Take care of your body)

1 Kings 19:5-8, NASB95 -⁵ He lay down and slept under a juniper tree; and behold, there was an angel touching him, and he said to him, "Arise, eat." ⁶ Then he looked and behold, there was at his head a bread cake baked on hot stones, and a jar of water. So, he ate and drank and lay down again. ⁷ The angel of the LORD came again a second time and touched him and said, "Arise, eat, because the journey is too great for you." ⁸ So he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mountain of God.

B. Don't give up—*listen up* (for God's voice)

1 Kings 19:11-13, NASB95 -¹¹ So He said, "Go forth and stand on the mountain before the LORD." And behold, the LORD was passing by! And a great and strong wind was rending the mountains and breaking in pieces the rocks before the LORD; but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. ¹² After the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of a gentle blowing. ¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood in the entrance of the cave. And behold, a voice came to him and said, "What are you doing here, Elijah?"

C. Don't give up—*link up* (with God's people)

1 Kings 19:10, NIV84 -¹⁰ He replied, "I have been very zealous for the LORD God Almighty. The Israelites have rejected your covenant, broken down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

1 Kings 19:15-18, NASB95 -¹⁵ The LORD said to him, "Go, return on your way to the wilderness of Damascus, and when you have arrived, you shall anoint Hazael king over Aram; ¹⁶ and Jehu the son of Nimshi you shall anoint king over Israel; and Elisha the son of Shaphat of Abel-meholah you shall anoint as prophet in your place. ¹⁷ "It shall come about, the one who escapes from the sword of Hazael, Jehu shall put to death, and the one who escapes from the sword of Jehu, Elisha shall put to death.

- There are people who need you and you need them.

D. Don't give up—*look up* (to God—He is still with you)

1 Kings 19:18, NIV84 -¹⁸ Yet I reserve seven thousand in Israel—all whose knees have not bowed down to Baal and all whose mouths have not kissed him."