

# The Greatest Thief of Your Heart

A Mother's Day Message about  
The Worthlessness of Worry



1 Peter 5:6-7

DR. JOE K. TAYLOR, SENIOR PASTOR, SOUTH RENO BAPTIST CHURCH, RENO, NV • MOTHER'S DAY • MAY 12, 2024

All Scriptures are printed verbatim with translations noted. • Psalm 139 • Chair Bible Page 183 (NT Section)

In some places, God's Word is underlined with dots with Pastor Joe's commentary in the bracketed, lighter faced text.

## A. Introductory Remarks

1. The book of 1 Peter portrays Jesus Christ as the source of joy and the cornerstone of our faith.
2. The book clearly states that Jesus is our Advocate and that Satan is our true enemy.
3. The book also teaches that we will suffer here on Earth, but that heaven will come very soon.
4. "Anxiety" (Gk: *μέριμνα* "MA-rim-na") is "the excessive concern over the affairs of life." It is closely related to our word "worry" which means "to give way to anxiety or unease" or "to allow one's mind to dwell on the difficulties or troubles of life...to the point of fear."
5. Our English word "worry" comes from the Old English word *wyrgan* which means to be "strangled," or "to be seized by the throat."

**S**o, humble yourself under God's strong hand, and in His own time, He will lift you up. You can throw the whole weight of your anxieties upon Him, for you are His personal concern. — 1 Peter 5:6-7, PHE

## B. Study Section

**1 Peter 5:6-7, NASB95** -<sup>6</sup> Therefore humble [Lit., "reduce yourself in rank;" used here in the passive voice, it means "to place yourself in someone else's care"] yourself under the mighty hand [lit., "under His hand" as a child] of God, that He may exalt [lit., "raise high" or "elevate"] you at the proper time, <sup>7</sup> casting [lit., "to deposit" something in another place; present tense indicates an ongoing action] all [lit., "everything"] your anxiety [those "excessive concerns over the affairs of life;" it's translated "nervousness," "worry," "fretting," "apprehension," or "fear"] on Him [pronoun of "Theos"—the highest name for God], because He cares [lit., "you are His concern"] for you.

**1 Peter 5:6-7, NLT** -<sup>6</sup> So humble yourselves under the mighty power of God, and at the right time He will lift you up in honor. <sup>7</sup> Give all your worries and cares to God, for He cares about you.

## C. Application Section

### 1. A Dependent Attitude is Needed.

**1 Peter 5:6, NASB95** -<sup>6</sup> Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time...

### 2. A Definite Action is Prescribed.

**1 Peter 5:7, NASB95** -<sup>7</sup> casting...

### 3. A Deliberate Release is Required.

**1 Peter 5:7, NASB95** -<sup>7</sup> casting all your anxiety on Him...

### 4. A Divine Destination is Given.

**1 Peter 5:7, NASB95** -<sup>7</sup> casting all your anxiety on Him...

### 5. A Delightful Reason is Cherished.

**1 Peter 5:7, NASB95** -<sup>7</sup> casting all your anxiety on Him, because He cares for you.

**1 Peter 5:6-7, Joe's Translation** -<sup>6</sup> If you will decide now to keep humbling yourselves under the mighty hand of Almighty God as the child of God that you are, in His perfect time He that is with you will rescue you. <sup>7</sup> Deposit and lay before Him all your worries and cares, for He, like a good parent, is always thinking about you and always watching everything that concerns you—for you are His child.