

Series: Relationship Reset
Title: Impacting Your Marriage as a Wife
Scripture: 1 Peter 3:1-6
Speaker: Pastor Ian Bonthron



“There are chunks of scripture over the last two millennia that have been removed from their context and used to beat up and malign and to harm, and this is one of them. This passage is a beautiful passage in its context. It is a hopeful passage in its context, and it is a life-giving passage in its context.” — Matt Chandler

How can a _____ impact her marriage for good?

1 Peter 3:1-2 ESV

Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, 2 when they see your respectful and pure conduct.

Submission is a choice and a gift you willingly give to honor another who has been given responsibility over you

1. _____ through submission

1 Peter 3:1-2 ESV

3 Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, 2 when they see your respectful and pure conduct.

Avoid nagging with your _____

Proverbs 27:15 ESV

A continual dripping on a rainy day and a quarrelsome wife are alike;

Avoid nagging with your _____

Proverbs 21:19 ESV

It is better to live in a desert land than with a quarrelsome and fretful woman.

Win him over with Godly _____

Genesis 2:18 ESV

18 Then the Lord God said, “It is not good that the man should be alone; I will make him a **helper** fit for him.”

She encourages and lets her husband take the initiative

She uses her competencies to help him flourish in leading

She doesn’t stay silent and uses her gifts to be the CEO (Chief Encouragement Officer)

In rare occasions, when you can’t agree, she says I trust you and will follow, except when following means I sin.

2. Focus on _____

1 Peter 3:3-4 ESV

3 Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— 4 but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God’s sight is very precious.

God wants you to chase beauty, real beauty

Don’t manipulate with your body

Be a strong woman with a Godly heart

1 Peter 3:4 ESV

4 but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God’s sight is very precious.

3. Live in _____, not _____

1 Peter 3:5-6 ESV

5 For this is how the holy women who hoped in God used to adorn themselves, by submitting to their own husbands, 6 as Sarah obeyed Abraham, calling him lord. And you are her children, if you do good and do not fear anything that is frightening.

“Submission requires obedience, but it is more than just obedience. It is an entire orientation of your life towards your husband (cf. Gen 2:18). Sarah calls Abraham “master,” which is a reference to Gen 18:12,

when Sarah was making an off-hand comment about the idea that she would become pregnant by Abraham. What Peter seems to find remarkable is that even in casual conversations Sarah referred to Abraham with dignity and respect rather than calling him an old man. The point is not that modern day wives need to call their husbands “master,” but that they should adopt a posture of respect for their husband no matter what circumstances are faced in life.” — 9 Marks - Premarital Counseling Session 6

Show him _____ in your actions and words

Put your _____ in God

1 Peter 3:5-6 ESV

5 For this is how the holy women who hoped in God used to adorn themselves, by submitting to their own husbands, 6 as Sarah obeyed Abraham, calling him lord. And you are her children, if you do good and do not fear anything that is frightening.

Do good toward your husband, no matter what fears you have

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**God wants to use your Biblical _____ to _____
your husband’s faith.**

09/28/25

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Scripture: 1 Peter 3:1-6

Getting to know you Questions:

- 1. What's one household "battle" you've given up on winning (like how to load the dishwasher or the right way to fold towels)?**
- 2. When you and your spouse (or a friend) both say, "You go first," how do you figure out who goes first?**

Into the Bible Questions: Read 1 Peter 3:1-6

- 1. What was something from the passage or sermon that surprised you, helped you, confused you, or bothered you?**
- 2. What does this passage tell us about God? People? Living to please God?**
- 3. How does Peter's command for wives to submit "so that some may be won without a word" differ from the cultural idea of submission?**
- 4. Why is conduct often more persuasive than words in pointing others to Jesus?**
- 5. What does it look like to "win someone over" through godly behavior rather than emotional manipulation or nagging?**
- 6. How does culture define beauty versus how God defines it?**
- 7. Why do you think it's easy to focus on physical beauty but difficult to cultivate spiritual beauty?**
- 8. How does a "gentle and quiet spirit" actually demonstrate strength and confidence in God?**
- 9. What can we learn from Sarah's example about trusting God in marriage?**
- 10. How does fear affect the way we relate to our spouse or others close to us?**
- 11. How can putting your hope in God free you from trying to control your relationships?**
- 12. How might respect and honor build intimacy and trust in a marriage?**

For Extra Study, Read Ephesians 5:21-24

1. Paul begins by saying, “Submit to one another out of reverence for Christ.” How does this verse shape the way we should understand the following instructions about wives and husbands?
2. What does it mean for a wife to submit “as to the Lord”? How does this mindset keep the focus on Jesus rather than on who deserves submission?
3. What needs to change in your life so that you can live this out?
4. Jot down any insights, questions, or key observations.

Application Questions:

1. If you’re married, what are some practical ways you can make following this passage easier for your spouse?
2. How can single people prepare their hearts now to live out godly submission and leadership later?
3. How could you encourage someone in your life (spouse, friend, or family member) through your conduct rather than correction?
4. What is one practical step you could take to stop “nagging with your words or emotions” this week?
5. For Wives: How can you intentionally become your spouse’s “Chief Encouragement Officer”?
6. What are some phrases or actions that communicate respect in your relationship?
7. For wives, what does it look like to give your spouse space to lead while still using your strengths and gifts?
8. For Wives: How does remembering Jesus’ submission to the Father help you live out biblical submission?
9. For Wives: What fears most often hold you back from trusting God in your relationships?
10. For Wives: When disagreement happens, how can you model Christlike trust and respect instead of fear or control?
11. What is one way you could invest more time in your inner beauty (spiritual habits, character formation)?
12. What are some signs that you might be relying too much on appearance or performance for value?

How can we support and pray for each other this week?