

Sermon Title: "Chair"

Series Title: Habits

Scriptures: Psalm 1:1-6, Mark 1:35, Luke 5:16

Speaker: Pastor Ian Bonthron



Habits worth having, lead to _____.

What are the _____ worth having?

Psalm 1:1-6 (ESV)

*1 Blessed is the man who walks not in the counsel of the wicked,
nor stands in the way of sinners, nor sits in the seat of scoffers;*

2 but his delight is in the law of the Lord, and on his law he meditates day and night.

*3 He is like a tree planted by streams of water that yields its fruit in its season, and
its leaf does not wither. In all that he does, he prospers.*

4 The wicked are not so, but are like chaff that the wind drives away.

*5 Therefore the wicked will not stand in the judgment, nor sinners in the
congregation of the righteous;*

6 for the Lord knows the way of the righteous, but the way of the wicked will perish.

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Psalm 1:3 (ESV)

3 He is like a tree

planted by streams of water

that yields its fruit in its season,

and its leaf does not wither.

In all that he does, he prospers.

Psalm 1:1 (ESV)

*1 **Blessed** is the man*

who walks not in the counsel of the wicked,

nor stands in the way of sinners,

nor sits in the seat of scoffers;

Psalm 1:1 (ESV)

1 Blessed is the man

*who **walks** not in the counsel of the wicked,*

*nor **stands** in the way of sinners,*

*nor **sits** in the seat of scoffers;*

The unhappy person pulls up a chair and _____ the _____ of sinners.

The happy person _____ influence.

Psalm 1:2-3 (ESV)

*2 but his **delight** is in the law of the Lord,
and on his law he meditates day and night.*

*3 He is like a tree
planted by streams of water*

The happy person is _____ in _____ .

The happy person _____ in all they do.

Psalm 1:4-6 (ESV)

*4 The wicked are not so,
but are like chaff that the wind drives away.
5 Therefore the wicked **will not stand** in the judgment,
nor sinners in the congregation of the righteous;
6 for the Lord knows the way of the righteous,
but the way of the wicked will perish.*

The happy person is _____ with God.

Which person do you want to be?

Psalm 12 (ESV)

*2 but his delight is in the law of the Lord,
and on his law he **meditates** day and night.*

The happy person _____ with God.

Psalm 19:7 (ESV)

*The law of the Lord is perfect,
reviving the soul;
the testimony of the Lord is sure,
making wise the simple;*

Philippians 4:8 (ESV)

8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

*“The deepest, most enduring happiness, is found in God,
not from God, but in God.” John Piper*

The happy person has a _____ of _____ with God.

1. Pick an intentional time and space**Luke 5:16 (ESV)**

16 But he would withdraw to desolate places and pray.

You have to say no to good things.

2. Pray**Mark 1:35 (ESV)**

35 And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

Intentionally sacrifice to prioritize going to God.

“I hope you will not give way to doubts and despondency; but do what you can, leave the rest to God. Blessed is the man who has the God of Jacob for his Helper; he need not fear either want or pain, or death. The more you can realize this, the happier will you become; and the only means for so doing is to hold frequent communion with God in prayer. Get alone with Jesus, and He will comfort your hearts, and restore your weary souls” – Charles Spurgeon

3. Prepare some helps.

ESV Bible <https://www.crossway.org/bibles/esv-study-bible-none-case/>

DBS questions – Discovery Bible Study Method (DBS)

Text questions to the church - 518-348-9291

4. _____ listening and muttering.

5. _____ persist in God's presence.

Psalm 1:3 (ESV)

3 He is like a tree

planted by streams of water

that yields its fruit in its season,

and its leaf does not wither.

In all that he does, he prospers.

Hebrews 5:14 (ESV)

14 But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.