

Series: Show me your ways

Sermon: Hey soul. Let's worship!

Scripture: Psalm 103

Speaker: Pastor Mike Bryant

Discussion Questions:

1. What were some things that stood out to you from this past week's sermon?
2. What aspects of God's character does David emphasize in his psalm? How might each of these spur your heart to worship?
3. From David's description of God's anger in verses 8-10, what are some things we can learn about how to deal with anger?
4. If God knows everything, what does it mean when it says that He removes our transgressions "as far as the east is from the west?"
5. What are some practical things you can do to prepare your heart for worship? How can you engage your mind? Your will? Your emotions? Your body?
6. *Share:* Do you ever have moments when it is hard to worship? What are some factors that make it difficult to engage fully in worship?
7. *Share:* On average, how much time does your heart need to fully engage in worship?
8. *Share:* What fuels your heart for worship?
9. **Applications:**
 - a. Write out your own personal list of favorite things that God has done as your own fuel for worship
 - b. This week, be purposeful to sing songs of praise as part of your time in the tent with God
 - c. Pray for and invite someone into worship with you this week as David does at the end of Psalm 103
10. **For further study:**
 - a. Read Psalm 95: What are some specific ways we are called to worship God in this psalm? When you worship God, do you find that you typically worship in the ways described in this psalm?
 - b. Read Psalms 42-43: Just like telling his own soul to worship as David does in Psalm 103, what does David say to his soul in these psalms? What can we learn about communicating with ourselves from Psalm 103 and Psalms 42-43?