

*Plastic  
Trophies*



*The lies we believe*  
**DISCUSSION  
GUIDE**

# **4-WEEK STUDY**

ON THE LIES WE BELIEVE

## **WEEK 4**

Discussion Guide

Ephesians 6:12, John 8:44;10:10; 8:32,  
Proverbs 29:25

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## The lies we believe DISCUSSION GUIDE

### WEEKLY READING

**Primary text from this week:** Ephesians 6:12; John 8:44

### GETTING STARTED

**Goals this week:** To identify and replace the lie that says, "You are what others say about you"

**Missed the sermon?** Watch it at [www.youtube.com/venturamissionary](http://www.youtube.com/venturamissionary)

**Break the Ice:** What is one thing new you have discovered about yourself in the last year?

### DISCUSSION QUESTIONS

1. What was one thing that stood out to you from Sunday's sermon that you'd like to discuss?
2. Over the course of your life, how have words you've heard, messages you've believed and experiences you've lived shaped what you think, believe and feel? What are some of the lies have you found yourself combatting?
3. Read **Ephesians 6:12** and **John 8:44**. Why is it important to understand that there is an enemy of our soul? How does this perspective personally impact your approach to this conversation?
4. Read **Colossians 2:8**. We are bombarded with messages that shape what we think and what we believe, which in turn impacts how we live and what we experience. Share how you have seen this play out personally. What are the primary sources of the messages you receive throughout the day (work, social media, family, friends, etc.), and how can you ask the Holy Spirit for guidance in determining which messages are true?
5. Read the John Ortberg quote below. What can you feed your mind with so that it can flourish? Jodi shared some of the ways we can do this (reading plans, getting in a small group and going deeper in conversation and community, podcasts, the Bible project resources, audio books, actual paper books, worship music). What are some practical things you are doing or could do this week to intentionally feed your mind the right kind of messages so that you can flourish?  
"One of the greatest gifts God has given the human race is Scripture - yet we often turn it into a burden. Sometimes people will ask me, 'How many minutes a day am I supposed to read the Bible? Seven? Fifteen? What is the minimum I can read and not have God mad at me?' That is the wrong question. God is not mad at us for not reading the Bible. No matter how much we read the Bible, he won't love you anymore than he loves you right now. The question is, 'What can you feed your mind with so that it can flourish?'" John Ortberg
6. Based on **John 8:32**, "...The truth will set you free," how does living according to the truth of our identity in Christ change the way we live? Talk about how living in the truth of who you are in Christ has or could change your relationships, decisions, and overall perspective on life.

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## *The lies we believe* DISCUSSION GUIDE

### PRAYER

**Pray for each other:** As a group, pray for God to help each person in the group live into the truth of who they are in Christ and resist the temptation to be driven by what others say about them.

**Pray for yourself:** Pray and ask God to help you identify sources of untrue messages you need to stop feeding on and sources of truth that you need to spend more time feeding on.

**Pray for your four:** Identify four people who don't know Jesus (friends, family, neighbors, or co-workers/classmates), and commit to pray for them consistently. Pray that **(1)** God would reveal Jesus to them, **(2)** that God would turn their hearts towards Him, **(3)** that God would put Christians in their path to represent Christ, and **(4)** that God would give you an opportunity to share what Christ has done in your life.

### ACTION STEPS

Spend some time this week identifying a lie about yourself that is negatively impacting your life. Search the Scripture to find truth to combat that lie and meditate on the verses and passage you find daily.

### NOTES

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