

5-WEEK STUDY ON THE PSALMS OF DAVID

WEEK 5 David's Prayer When He Was Attacked PSALM 3

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WEEKLY READING

Primary text from this week: Psalm 3

Secondary text from this week: 2 Samuel 13-15, Genesis 15

GETTING STARTED

Goals for this session: To understand what to do when we feel attacked **Missed the sermon?** Watch it at www.youtube.com/venturamissionary

Break the Ice: Tell the group about your best childhood friend. Are you still friends today?

GROUP DISCUSSION

1.	Share an example of when you have been betrayed by someone you thought you could trust.
2.	Review the story of David's family in 2 Samuel 13 . How do you think David felt after he discovered what had happened in his family? Describe a time when you felt like your family was falling apart?
3.	Pastor Doug described the two attacks that David was facing in Psalm 3: (1) an external attack on his body, and (2) an internal attack on his identity. Do you agree with Pastor Doug that an internal attack is worse than an external attack? Why or why not? Share a time when you experienced an attack on your identity or self-worth?
4.	In his message, Pastor Doug explained that King David's language in Psalm 3 reflected God's words to Abram in Genesis 15 . As you reflect on God's surprising actions in Genesis 15 (remember the two halves of the animals), why do you think David connects God's actions to his own situation?
5.	Read Psalm 3 all the way through. What stands out most to you about what David writes?
6.	Read 2 Corinthians 5:21 . What surprises you about the idea of our guilt being transferred to Jesus and His righteousness being transferred to us?

WHEN LIFE GIVES YOU LEMONS DISCOVERING HOPE IN THE PSALMS OF DAVID

WEEK 5



PRAY

Pray for each other: Have the group leader or a volunteer pray that God would bring hope to situations that feel hopeless.

Pray on your own: Pray the words of **Psalm 3:3** every morning this week. Thank God that He is a **shield around** you (your protector), **your glory** (the most important thing in your life), and the **lifter of your head** (your confidence).

ACTION STEPS

Every morning this week, stand in front of the mirror and imagine your guilt and sin being lifted off of you. Then, imagine the righteousness of Christ being transferred onto you. Thank God for that beautiful exchange before you start your day.

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