



5-WEEK STUDY ON  
THE PSALMS OF DAVID

WEEK 5

David's Prayer When  
He Was Attacked

PSALM 3

WHEN LIFE GIVES YOU LEMONS  
DISCOVERING HOPE IN THE PSALMS OF DAVID

## WEEK 5



### WEEKLY READING

**Primary text from this week:** Psalm 3

**Secondary text from this week:** 2 Samuel 13-15, Genesis 15

### GETTING STARTED

**Goals for this session:** To understand what to do when we feel attacked

**Missed the sermon?** Watch it at [www.youtube.com/venturamissionary](http://www.youtube.com/venturamissionary)

**Break the Ice:** Tell the group about your best childhood friend. Are you still friends today?

### GROUP DISCUSSION

1. Share an example of when you have been betrayed by someone you thought you could trust.  
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2. Review the story of David's family in **2 Samuel 13**. How do you think David felt after he discovered what had happened in his family? Describe a time when you felt like your family was falling apart?  
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3. Pastor Doug described the two attacks that David was facing in Psalm 3: **(1) an external attack on his body**, and **(2) an internal attack on his identity**. Do you agree with Pastor Doug that an internal attack is worse than an external attack? Why or why not? Share a time when you experienced an attack on your identity or self-worth?  
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4. In his message, Pastor Doug explained that King David's language in **Psalm 3** reflected God's words to Abram in **Genesis 15**. As you reflect on God's surprising actions in **Genesis 15** (remember the two halves of the animals), why do you think David connects God's actions to his own situation?  
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5. Read **Psalm 3** all the way through. What stands out most to you about what David writes?  
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6. Read **2 Corinthians 5:21**. What surprises you about the idea of our guilt being transferred to Jesus and His righteousness being transferred to us?  
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