

**NOT MY  
KING**



# **8-WEEK STUDY**

ON SERVING JESUS INSTEAD OF  
OUR EMOTIONS

## **WEEK 7**

“IF JESUS IS MY KING,  
THEN **JEALOUSY** IS NOT MY KING”

# NOT MY KING



## WEEKLY READING

**Primary text from this week:** Hebrews 12:1-2

**Secondary text from this week:** 1 Samuel 18:5-9

## GETTING STARTED

**Goals for this session:** To recognize jealousy and submit it to King Jesus

**Missed the sermon?** Watch it at [www.youtube.com/venturamissionary](http://www.youtube.com/venturamissionary)

**Break the Ice:** What was one toy you always wanted as a child that you never got?

## DISCUSSION QUESTIONS

1. Pastor Doug started by asking the question, "Who are you racing?" How would you answer that question? Who do you find yourself comparing yourself to or trying to measure up to?
2. Think about the phrase, "comparison is the killer of contentment." How have you found that to be true in your own life? Explain.
3. What are some ways our culture encourages envy?

For the leader: *examples might include social media, advertising strategies, reality shows like "House Hunters," etc.*

4. Read the following examples of jealousy and comparison in the Bible. What do these examples remind us about jealousy and comparison?

**Genesis 4:3-8; Genesis 30:1-3; Genesis 37:5-11 (and verses 18-21)**

5. Have someone read **James 3:16**. Do you agree with James' assessment of the problem? Why or why not?
6. Have someone read **Mark 12:30-31**. How does jealousy and comparison interfere with our love for God and our love for others?
7. Have someone read **Romans 12:15**. As you think about Pastor Doug's "but me" glasses illustration, why is it important to rejoice with those who "rejoice and mourn with those who mourn?"
8. Have someone read **Hebrews 12:1-2**. What do you think it means to "run the race marked out for us?" Why is it so important that we "keep our eyes fixed on Jesus" in order to run our unique race? What is a way you can keep your eyes fixed on Jesus this week?

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## PRAY

**Pray for each other:** Encourage each member of the group to pray out loud and thank God for three examples of His blessing in their life.

**Pray for yourself:** Every day this week, give thanks for a specific way that God has worked in your own life.

**Pray for your four:** Identify four people who don't know Jesus (friends, family, neighbors, or co-workers/classmates), and commit to pray for them consistently Pray that **(1)** God would reveal Jesus to them, **(2)** that God would turn their hearts towards Him, **(3)** that God would put Christians in their path to represent Christ, and **(4)** that God would give you an opportunity to share what Christ has done in your life.

## ACTION STEPS

**(1) Celebrate the goodness of God in private.** In other words, spend time every day this week thanking God for specific ways He has worked in your life.

**(2) Celebrate the accomplishments of others in public.** In other words, look for genuine opportunities to encourage or compliment others (especially those you might normally compare yourself to).

## NOTES

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