



7-WEEK STUDY

on the seven **I Am** statements of Jesus

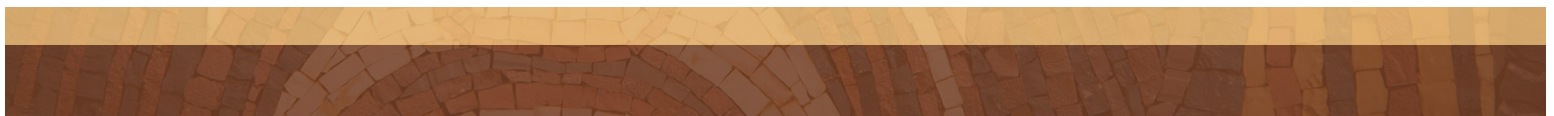
WEEK 6

Discussion Guide

I AM THE WAY, THE TRUTH AND THE LIFE

John 14:6

To those who were anxious about the future, I was reliable. **I still am.**





WEEKLY READING

Primary text from this week: John 14:1-7

Secondary texts from this week: John 13:21-22, 33,38; Psalm 1

GETTING STARTED

Goals for this session: To better understand Jesus' statement "I am the way, the truth, and the life."

Missed the sermon? Watch it at www.youtube.com/venturamissionary

Break the Ice: Describe a time you got really lost, the range of emotions you felt, and how you found where you needed to be.

DISCUSSION QUESTIONS

1. Pastor Scott talked about three fundamental questions we ask as humans: 1) Where are I going?; 2) What is going on and how can I make sense of life? and 3) What is my ultimate destiny? How did you seek to answer these questions before you became a follower of Jesus? If you are a follower of Jesus, do you feel like your questions have been adequately answered? How so?
2. **Read John 14:1-7.** What do we know from the surrounding verses that give us insight into why the disciples were troubled and anxious? (hint: for context, look at John 13:21-22 and John 13:38)
3. What comfort does Jesus offer the disciples? How does His response answer the three questions listed above that we ask as human beings?
4. What are the circumstances in your own life or in the world around you that are producing the most anxiety in you? In what ways does knowing and experiencing Jesus as the way, the truth and the life address your troubles and anxiety?
5. **Read Psalm 1.** According to the psalmist, what is the experience of a person who walks with God? What are the parallels between Psalm 1 and John 14?
6. How would you describe your current experience of walking with Jesus? Talk about ways you believe you are on course and ways you may have gotten off course.
7. What are the things that are competing for the position of truth in your life? How would you describe the "life" you are experiencing as a result of the path you have chosen to live?



PRAYER

Pray for each other: Have the group share about what is causing them anxiety. Pray that each person would experience the comfort of knowing Jesus as the way, the truth, and the life.

Pray for yourself: Pray that you will learn to rely on God in your difficult circumstances rather than relying on yourself.

Pray for your four: Identify four people who don't know Jesus (friends, family, neighbors, or co-workers/classmates), and commit to pray for them consistently. Pray that **(1)** God would reveal Jesus to them, **(2)** that God would turn their hearts towards Him, **(3)** that God would put Christians in their path to represent Christ, and **(4)** that God would give you an opportunity to share what Christ has done in your life.

ACTION STEPS

Do the following this week:

- 1) Create a life map depicting the highs and lows of your life. Note the patterns and experiences you have had with Jesus. What are the things that stand out to you?
- 2) Choose one thing that is bringing you anxiety right now. Each time you feel anxiety over this issue this week, recite John 14:1, "Do not let your hearts be troubled. You believe in God, believe also in me"

NOTES