

**NOT MY
KING**



7-WEEK STUDY

ON SERVING JESUS INSTEAD OF
OUR EMOTIONS

WEEK 1

“IF JESUS IS MY KING,
THEN FEAR IS NOT MY KING”

NOT MY KING



WEEKLY READING

Primary text from this week: 2 Timothy 1:7

Secondary texts from this week: Matthew 14:22-32; Matthew 26:31-35, 69-75, John 20:19-22, Acts 2:1-14

GETTING STARTED

Goals for this session: To understand the root causes of fear and how to submit our fears to King Jesus

Missed the sermon? Watch it at www.youtube.com/venturamissionary

Break the Ice: Are you more scared of snakes or spiders? Are you more scared of roller coasters or airplanes? Are you more scared of public speaking or needles?

DISCUSSION QUESTIONS

1. On Sunday, Pastor Doug said, "What I fear the most reveals what I value the most." Do you agree with that statement? Why or why not? Discuss possible examples of this.
2. Pastor Doug mentioned different types of fear on Sunday. Which type(s) did you resonate with?
3. When it comes to your fears, worries, or anxieties, what are your usual coping mechanisms?
4. Have someone read **Matthew 10:28-31**. Discuss the following questions:

What are some of the things people fear that can "kill the body but not the soul"?

What do you think Jesus means when He tells His disciples to "fear the One who can destroy both soul and body in hell"? Who is He talking about?

Verses 29-31 seem like a contradiction of verse 28. How can both of these descriptions of God both be true?
5. Have someone read **1 Peter 3:13-15**. Does this passage encourage you? Why or why not?
6. Have someone read **1 Peter 5:7**. What does it mean, practically speaking, to "cast your anxiety on him"?

Pray for your four: Identify four people who don't know Jesus (friends, family, neighbors, or co-workers/classmates), and commit to pray for them consistently. Pray that **(1)** God would reveal Jesus to them, **(2)** that God would turn their hearts towards Him, **(3)** that God would put Christians in their path to represent Christ, and **(4)** that God would give you an opportunity to share what Christ has done in your life.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.