



NAME

STARTING DATE

ENDING DATE

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How to Use the Life Journal

STEP 1

Choose between the Classic & *Express* reading plan and find the Scriptures for today.

STEP 2

Read the passages. Read with an open heart and Jesus will give you words of encouragement, direction and correction. (2 Tim. 3:16)

STEP 3

When Jesus gives you a life lesson, turn to a fresh page in your "Daily Pages" to record what He has just shown you.

- ✓ Write today's date.
- ✓ Give your lesson a title.
- ✓ Write down the main Scripture. (**Scripture**)
- ✓ Write what you see in the Scripture. (**Observation**)
- ✓ Write how you will be different today because of what you have just read. (**Application**)
- ✓ Write out your prayer. (**Prayer**)

STEP 4

Turn to the Table of Contents. Write your entry by date, Scripture, topic, title, and page.

STEP 5

Conclude your daily devotional time by turning to the Prayer List and then pray for what you have written.

REMEMBER

This *Life Journal* is designed to serve you in your growth with Christ. You can be flexible in how you use it, but be sure to develop a healthy habit of spending time daily with the Lord.

Some have asked, "When is the best time for my devotions? In the morning or in the evening?"

My answer to that is, "*The best time is when you're at your best!*" If you're a morning person, do your devotions in the morning. If you're an evening person, do your devotions at night. The bottom line is: "*Jesus deserves your best, so give Him the best part of your day!*"

Daily Pages Sample Entry

4/23
DATE

"Marching Orders"
TITLE

2
PAGE #

S

Scripture

"What I tell you in the darkness, speak in the light; and what you hear whispered in your ear, proclaim upon the housetops."
(Mt. 10:27)

O

Observation

If I am not hearing Him in the darkness, what will I speak in the light? If I am not hearing Him whisper in my ear, what will I proclaim on the housetops?

A

Application

What a great word! This scripture reminds me to not only talk to God in prayer, but equally important is to hear Him in prayer!

P

Prayer

"Dear Jesus, help me to hear You today! I want to be still that I may hear Your marching orders for my day, for my week, for my life. Speak Lord! Your servant is listening!"

"How will I be different today because of what I have just read?"