

Young Children - Just Starting Out

Truth and Grace Memory Book 1 -

[Founders \(the actual publisher\)](#)

[Christian Book](#)

[Amazon](#)

Guide to Family Worship -

[Media Gratiae \(the actual publisher\)](#)

[Spotify Playlist](#)

Older Children - Extending Family Worship

Guide to Family Worship -

[Media Gratiae \(the actual publisher\)](#)

[Spotify Playlist](#)

Westminster Shorter Catechism

[Free \(Modern and Original English\)](#)

[Illustrated Version](#)

[Be Thou My Vision](#) - Amazon

[Be Thou My Vision](#) - Westminster Bookstore

[Truth and Grace Memory Book - Ages 10-13](#)

[Truth and Grace Memory Book - Ages 14-17](#)

A Guide to Family Worship Templates

[A Guide to Family Worship Template - Blank](#)

[A Guide to Family Worship - Week of 1/18-1/24](#)

A Guide to Family Worship Template:

Scripture(Start small with sections, up to a chapter):

Memory Verse(A small verse or something that is essential to their faith):

Catechisms (suggestion to use Truth and Grace Memory Book Volume 1, 2, or 3, [Catechism for Boys and Girls](#), or the [Westminster Shorter Catechism](#)): Use 1-3 questions at the beginning -

Confession (suggestion to use the [1689 London Baptist Confessional](#)) -

Prayer (pray over your family):

Hymn (Come Thou Fount, How Firm a Foundation, Come Ye Sinners Poor and Needy, Etc.):

January 18th -

A. Scripture - Mark 1:1-9 - **1** The beginning of the gospel of Jesus Christ, the Son of God.^[a]

2 As it is written in Isaiah the prophet,^[b]

"Behold, I send my messenger before your face,
who will prepare your way,

3 the voice of one crying in the wilderness:

'Prepare^[c] the way of the Lord,
make his paths straight,"

4 John appeared, baptizing in the wilderness and proclaiming a baptism of repentance for the forgiveness of sins. **5** And all the country of Judea and all Jerusalem were going out to him and were being baptized by him in the river Jordan, confessing their sins. **6** Now John was clothed with camel's hair and wore a leather belt around his waist and ate locusts and wild honey. **7** And he preached, saying, "After me comes he who is mightier than I, the strap of whose sandals I am not worthy to stoop down and untie. **8** I have baptized you with water, but he will baptize you with the Holy Spirit."

Create a few questions -

Who is John the Baptist quoting?

What is baptism?

What does it mean, "a repentance for the forgiveness of sins"?

Who is John the Baptist talking about in the last few verses?

Summarize - Mark begins his gospel with a quote from Isaiah prophesying about John the Baptist. This was written about 7-800 years before John the Baptist actually was baptized and shows how God always keeps His promises and prophecies. John preaches a baptism of repentance for the forgiveness of sins and prophecies about Christ's soon coming and a greater baptism.

B. Memory Verse - Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. (Colossians 3:16) - Should you want, do a little explanation afterwards or a teachable moment.

C. Catechism Questions

- 78. What is the first commandment? The first commandment is, 'You shall have no other Gods before me.' (Exodus 20:3; Deuteronomy 5:7)

- 79. What does the first commandment teach us? To worship only God. (Isaiah 45:5-6; Matthew 4:10; Revelation 22:8-9)

- 80. What is the second commandment? The second commandment is, 'You shall not make for yourself an idol in the form of anything in heaven above or on

the earth beneath or in the waters below. You shall not bow down to them and worship them.' (Exodus 20:4-6; Deuteronomy 5:8-10)

- 81. What does the second commandment teach us? To worship God in the right way, and to avoid idolatry. (Isaiah 44:9-20; 46:5-9; John 4:23-24; Acts 17:29)

- 82. What is the third commandment? The third commandment is, 'You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.' (Exodus 20:7; Deuteronomy 5:11)

- 83. What does the third commandment teach us? To reverence God's name, Word, and works. (Isaiah 8:13; Psalm 29:2; 138:2; Revelation 15:3-4)

- D. Confession - Those who truly believe in the Lord Jesus and love him sincerely, endeavoring to walk in all good conscience before him, may be certainly assured in this life that they are in a state of grace. They may rejoice in the hope of the glory of God, and this hope will never make them ashamed. (18:1)
- E. Prayer - O most mighty and glorious God, full of incomprehensible power, and majesty, and whose glory the very heaven of heavens is not able to contain.

Look down from heaven, upon me Your unworthy servant.

Here I prostrate myself at the footstool of Your throne of grace.

But look upon me, O Father, through the merits and mediation of Jesus Christ, Your beloved Son, in whom only You are well pleased.

For of myself I am not worthy to stand in Your presence, or to speak with my unclean lips to so holy a God as You are. Amen.

Lewis Bayly

- F. [Hymn - Rock of Ages](#)

January 19th -

Scripture - Your Choice

Memory Verse: But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved. (Ephesians 2:4-5)

Catechism Questions:

84. What is the fourth commandment? Remember the Sabbath day by keeping it holy. (Exodus 20:8-11; 23:12; Deuteronomy 5:12-15)

85. What does the fourth commandment teach us? To keep the Sabbath holy. (Genesis 2:2-3; Hebrews 4:1-16)

86. What day of the week is the Christian Sabbath? The first day of the week, called the Lord's Day. (Acts 20:7; Revelation 1:10)

87. Why is it called the Lord's Day? Because on that day Christ rose from the dead. (Matthew 28:1; Mark 16:9; Luke 24:1-6; John 20:1)

88. How should the Sabbath be kept? In prayer and praise, in hearing and reading God's Word, and in doing good to our fellow men. (Isaiah 58:13-14; Acts 20:7; 1 Corinthians 16:2; Luke 4:16)

Confession of Faith

True believers are not under the law as a covenant of works, to be justified or condemned by it. Yet it is very useful to them and to others as a rule of life that informs them of the will of God and their duty. It directs and obligates them to live according to its precepts. It also exposes the sinful corruptions of their natures, hearts, and lives. As they examine themselves in light of the law, they come to further conviction of, humiliation for, and hatred of sin, along with a clearer view of their need for Christ and the perfection of his obedience. (LBCF 19:6)

Prayer: Our Father in heaven, we come to You as children to a Father, able and ready to help us.

We beseech You, let Your name be sanctified; enable us and others to glorify You.

Let Your kingdom come; let Satan's kingdom be destroyed, and let the kingdom of Your grace be advanced; let us and others be brought into it, and kept in it, and let the kingdom of Your glory be hastened.

Give us this day our daily bread; of Your free gift let us receive a competent portion of the good things of this life, and let us enjoy Your blessing with them.

Amen. (Matthew Henry)

Hymn: Crown Him With Many Crowns

January 20th -

Scripture - Your Choice

Memory Verse: But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved. (Ephesians 2:4-5)

Catechism Questions:

89. What is the fifth commandment? The fifth commandment is, 'Honor your father and mother so that you may live long in the land the

LORD your God is giving you.' (Exodus 20:12)

90. What does the fifth commandment teach us? To love and obey our parents. (Matthew 15:3-6; Ephesians 6:1-3; Colossians 3:20)

91. What is the sixth commandment? The sixth commandment is, 'You shall not murder.' (Exodus 20:13; Deuteronomy 5:17)

92. What does the sixth commandment teach us? To avoid hatred. (Matthew 5:21-24; 1 John 3:15; James 4:1-3)

Confession of Faith:

The liberty Christ has purchased for believers under the gospel is found in their freedom from the guilt of sin, the condemning wrath of God, and the severity and curse of the law. It also includes their free access to God and their obedience to him, not from slavish fear but from a childlike love and willing mind. (21:1)

Prayer

Our Father, we are very weak.

Worst of all we are very wicked if left to ourselves, and we soon fall as prey to the enemy.

Therefore help us.

We confess that sometimes in prayer when we are nearest to You at that very time some evil thought comes in, some wicked desire.

Oh! What poor simpletons we are. Lord help us.

We feel as if we would now come closer to You still, and hide under the shadow of Your wings.

We wish to be lost in God. Amen.

Charles Spurgeon

Hymn: Marvelous Grace of Our Loving Lord

January 21st

Scripture - Your Choice

Memory Verse: The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost. (1 Timothy 1:15)

Catechism Questions:

93. What is the seventh commandment? The seventh commandment is, 'You shall not commit adultery.' (Exodus 20:14; Deuteronomy 5:18)

94. What does the seventh commandment teach us? To be pure in heart, language, and conduct. (Matthew 5:27-28; Ephesians 5:3-5; Philippians 4:8-9)

95. What is the eighth commandment? The eighth commandment is, 'You shall not steal.' (Exodus 20:15; Deuteronomy 5:19)

96. What does the eighth commandment teach us? To be honest and not to take the things of others. (Exodus 23:4; Proverbs 21:6-7; Ephesians 4:28)

97. What is the ninth commandment? The ninth commandment is, 'You shall not give false testimony against your neighbor.' (Exodus 20:16; Deuteronomy 5:20)

98. What does the ninth commandment teach us? To tell the truth and not to speak evil about others. (Psalm 15:1-3; Zechariah 8:16; 1 Corinthians 13:6; James 4:11)

Confession of Faith:

God is just and good and does good to everyone. Therefore, he should be feared, loved, praised, called on, trusted in, and served—with all the heart and all the soul and all the strength. But the acceptable way to worship the true God is instituted by him, and it is delimited by his own revealed will. Thus, he may not be worshipped according to human imagination or inventions or the suggestions of Satan, nor through any visible representations, nor in any other way that is not prescribed in the Holy Scriptures. (22:1)

Prayer:

O Lord, grant us Your grace that we may not be hardened through the deceitfulness of sin.

Give us true repentance, and such a sense of our sinfulness as may lead us to despair of salvation by any works of our own; and bring us humbled and penitent to the foot of the cross.

Help us by faith to behold the Lamb of God who takes away the sin of the world.

Teach us to renounce our own righteousness, and to depend wholly on Jesus Christ.

May we be able to say and feel, 'In the Lord have I righteousness and strength.'

We commend ourselves to Your care.

Let no evil come near us.

May our every thought be with You; and when we awake each morning, may we be still with You. Amen.

Isaac Watts

Hymn: He Leadeth Me

January 22nd

Scripture - Your Choice

Memory Verse: For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, who died for us so that whether we are awake or asleep we might live with him. (1 Thessalonians 5:9-10)

Catechism Questions:

99. What is the tenth commandment? The tenth commandment is, 'You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor.' (Exodus 20:17; Romans 7:7)

100. What does the tenth commandment teach us? To be content with what we have. (Philippians 4:11; 1 Timothy 6:6-8; Hebrews 13:5)

101. Can any man keep these ten commandments perfectly? No mere man, since the fall of Adam, ever did or can keep the ten commandments perfectly. (Proverbs 20:9; Ecclesiastes 7:20; Romans 3:19-20; James 2:10; 1 John 1:8, 10)

102. Of what use are the ten commandments to us? They teach us our duty, and show us our need for the Savior. (1 Timothy 1:8-11; Romans 3:20; Galatians 3:24)

Confession of Faith: God, the supreme Lord and King of the whole world, has ordained civil authorities to be under him and over the people, for his own glory and the public good. For this purpose he has armed them with the power of the sword, to defend and encourage those who do good and to punish evildoers. (24:1)

Prayer: Infinitely great, and infinitely gracious God, Your glory exceeds our utmost thoughts, and Your mercies are over all Your works.

We, Your sinful creatures, have particular reason to admire and adore, not only patience, which bears with us, despite all that we have done against You, but likewise Your never-ceasing bounty, by which our comforts are continued, and our wants are supplied.

We desire to approach You as our kind and merciful Father in Jesus Christ, humbly beseeching You to wash away our sins in His most precious blood, and to give us a sufficient measure of Your grace and Holy Spirit, to enable us to strive and prevail against them. Amen. Augustus Toplady

Hymn: This is My Father's World

January 23rd

Scripture - Your Choice

Memory Verse: Worthy are you to take the scroll and to open its seals, for you were slain, and by your blood you ransomed people for God from every tribe and language and people and nation. (Revelation 5:9)

Catechism Questions:

103. What is prayer? Prayer is talking with God. (Genesis 17:22; 18:33; Nehemiah 1:4-11; 2:4; Matthew 6:6; Romans 8:26-27)

104. In whose name should we pray? We should pray in the name of the Lord Jesus. (John 14:13-14; 16:23-24; Hebrews 4:14-16)

105. What has Christ given to teach us how to pray? The Lord's Prayer. (Matthew 6:5-15; Luke 11:1-13)

106. Can you repeat the Lord's Prayer? Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.

107. How many petitions are there in the Lord's Prayer? Six.

Confession of Faith: Marriage is to be between one man and one woman. A man must not have more than one wife nor a woman more than one husband at the same time. Marriage was ordained for the mutual help of husband and wife, for the increase of humanity with legitimate offspring, and for the prevention of immorality. (25:1-2)

Prayer: For ever blessed be Your name, O Father of mercies, that You have prepared the way!

Eternal thanks to the Lamb that was slain, and to that kind providence that sent the word of this salvation to me!

O let me not, for ten thousand worlds, receive the grace of God in vain!

O impress this gospel upon my soul, till its saving virtue be diffused over every faculty!

Let it not only be heard, and acknowledged, and professed, but felt!

Make it Your power to my eternal salvation; and raise me to that humble, tender gratitude, to that active, unwearied zeal in Your service, which becomes one to whom so much is forgiven; and forgiven upon such terms as these. Amen. Philip Doddridge

Hymn: O God, Our Help in Ages Past

January 24th
Scripture - Your Choice

Memory Verse: He is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them. (Hebrews 7:25)

Catechism Questions:

108. What is the first petition? Hallowed be your name. (Matthew 6:9; Luke 11:2)

109. What do we pray for in the first petition? That God's name may be honored by us and all men. (Psalm 8:1; 72:17-19; 113:1-3; 145:21; Isaiah 8:13)

110. What is the second petition? Thy kingdom come. (Matthew 6:10; Luke 11:2)

111. What do we pray for in the second petition? That the gospel may be preached in all the world, and believed and obeyed by all men. (Matthew 28:19-20; John 17:20-21; Acts 8:12; 28:30-31; 2 Thessalonians 3:1)

112. What is the third petition? Your will be done on earth as it is in heaven. (Matthew 6:10; Luke 11:2)

113. What do we pray for in the third petition? That men on earth may serve God as the angels do in heaven. (Psalm 67; 103:19-22; John 9:31; Revelation 4:11)

Confession of Faith: All believers are obligated to join themselves to local churches when and where they have the opportunity. Likewise, all who are admitted to the privileges of a church are also subject to the discipline and government of it, according to the rule of Christ. (26:12)

Prayer: O Father, send Your Holy Spirit into my heart, which may assure me that You are my Father, and that I am Your child, and that You love me with an unchangeable love.

And let Your good Holy Spirit lead me in Your truth, and crucify in me more and more all worldly and carnal lusts, that my sins may more and more die in me, and that I may serve You in unfeigned righteousness and holiness this day, and all the days of my life.

That when this mortal life is ended I may, through Your mercy in Christ, be made a partaker of everlasting glory in Your heavenly kingdom.

O Lord, from the bottom of my heart, I thank You for all Your blessings which You have bestowed upon my soul and body. Amen. Lewis Bayly

Hymn: Holy, Holy, Holy