

SELF EVALUATION

1. Do you ever feel guilty when you relax, knowing you've got a lot to do?
2. Do you often feel dissatisfied or discontent with yourself?
3. Do you have a tendency to see what's wrong with things rather than what's right?
4. Do you ever find yourself using these phrases regularly, "I have to... I must.. I ought to... I should be able to..."?
5. Do you ever feel frustrated or maybe even angry at God, feeling that His expectations on you are unreasonable?
6. Does your relationship to God seem like a burden rather than a blessing?

PERFECTIONISM

“What makes perfectionism so toxic is that while those in its grip desire success, they are most focused on avoiding failure, so theirs is a negative orientation. And love isn't a refuge; in fact, it feels way too conditional on performance.”

PsychologyToday.com/basics/perfectionism

DEFINING GRACE

Grace is God acting in our life to do what we cannot do on our own.

-- Dallas Willard



COMMON TRAPS

Legalism: trying to earn God's approval through rules

Perfectionism: trying to prove your worth by being perfect



COMMON TRAPS

Legalism: trying to earn God's approval through rules

Perfectionism: trying to prove your worth by being perfect

"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish." Galatians 2:3 NCV

PERFECTIONISM...

1. Prevents my initiative



PERFECTIONISM...

1. Prevents my initiative

“If you wait for perfect conditions, you will never get anything done.” Ecclesiastes 11:4 TLB

PERFECTIONISM...

1. Prevents my initiative
2. Damages my relationships

“Love forgets mistakes; nagging about them parts the best of friends.” Prov 17:9 TLB

PERFECTIONISM...

1. Prevents my initiative
2. Damages my relationships
3. Destroys my happiness

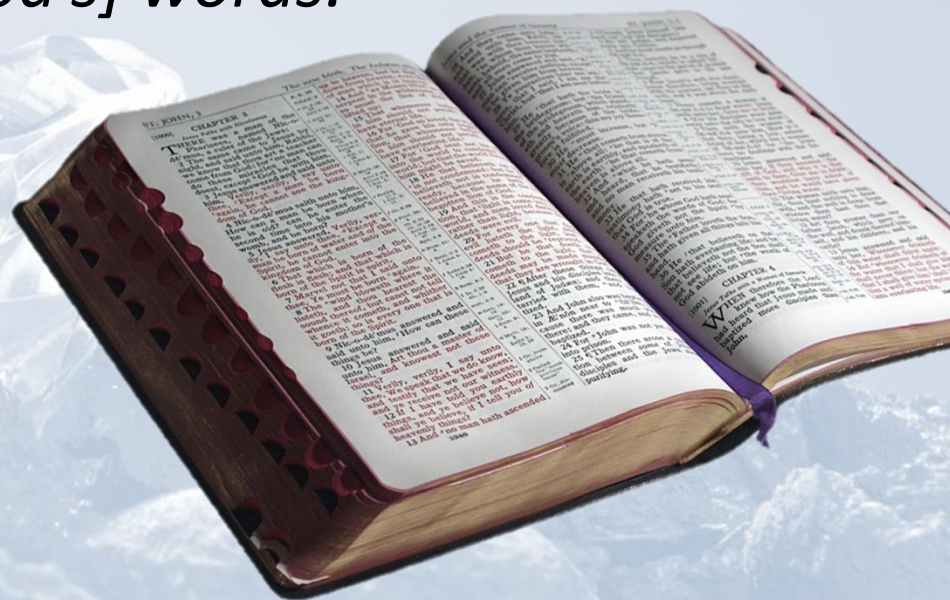
“Do not be excessively righteous and do not be overly wise. Why should you ruin yourself?”

Ecclesiastes 7:16 NASB

REST IN GOD'S PERFECT.. WORD

“Nothing is perfect except [God’s] words.”

Psalm 119:96 TLB



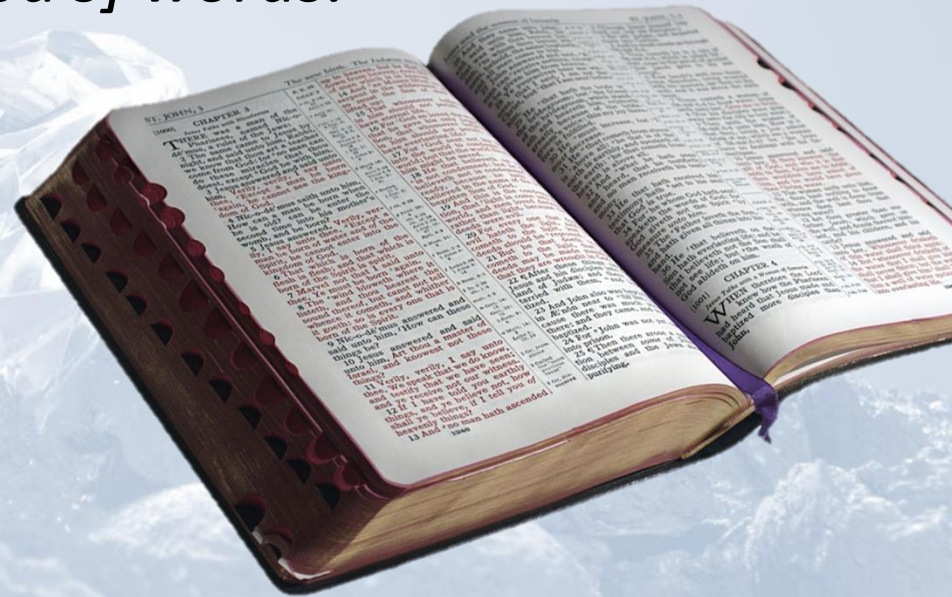
REST IN GOD'S PERFECT.. WORD

“Nothing is perfect except [God’s] words.”

Psalm 119:96 TLB

*“There is no one on earth who
does what is right all the time
and never makes a mistake.”*

Ecc 7:20 GNT



REST IN GOD'S PERFECT.. LOVE

“See how very much our Father loves us, for he calls us his children, and that is what we are!” 1 John 3:1 NLT



REST IN GOD'S PERFECT.. LOVE

“See how very much our Father loves us, for he calls us his children, and that is what we are!” 1 John 3:1 NLT

“I no longer call you servants, because a servant does not know what his master is doing. But I call you friends, because I have made known to you everything I heard from my Father.” John 15:15 NCV

REST IN GOD'S PERFECT...

LOVE

Servant

1. Accepted on basis of work
2. Anxious to please master
3. Based on workmanship
4. Based on performance
5. Peace dependent on proven worth
6. If fails – position at stake

Child

1. Accepted on basis of who he is
2. Rests in the security of love
3. Accepted because of relationship
4. Accepted because of position
5. Peace knowing status will not change
6. Confidence in love even in failure

REST IN GOD'S PERFECT..
LOVE



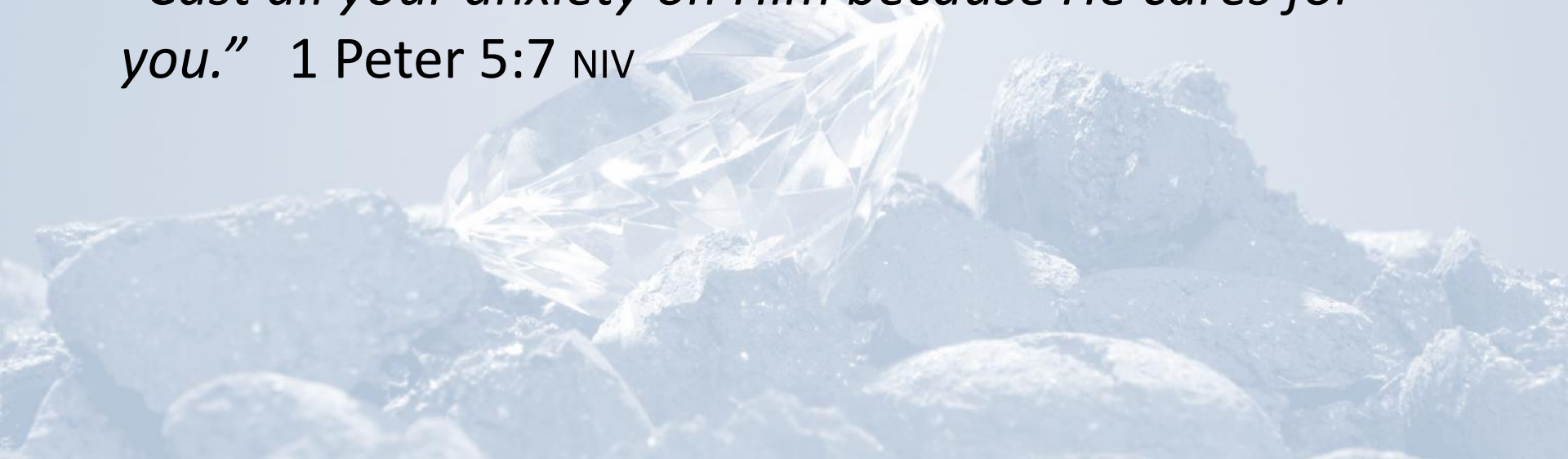
IF *God* IS FOR US
WHO CAN BE
against us?

REST IN GOD'S PERFECT..
CONTROL



REST IN GOD'S PERFECT.. CONTROL

“Cast all your anxiety on Him because He cares for you.” 1 Peter 5:7 NIV



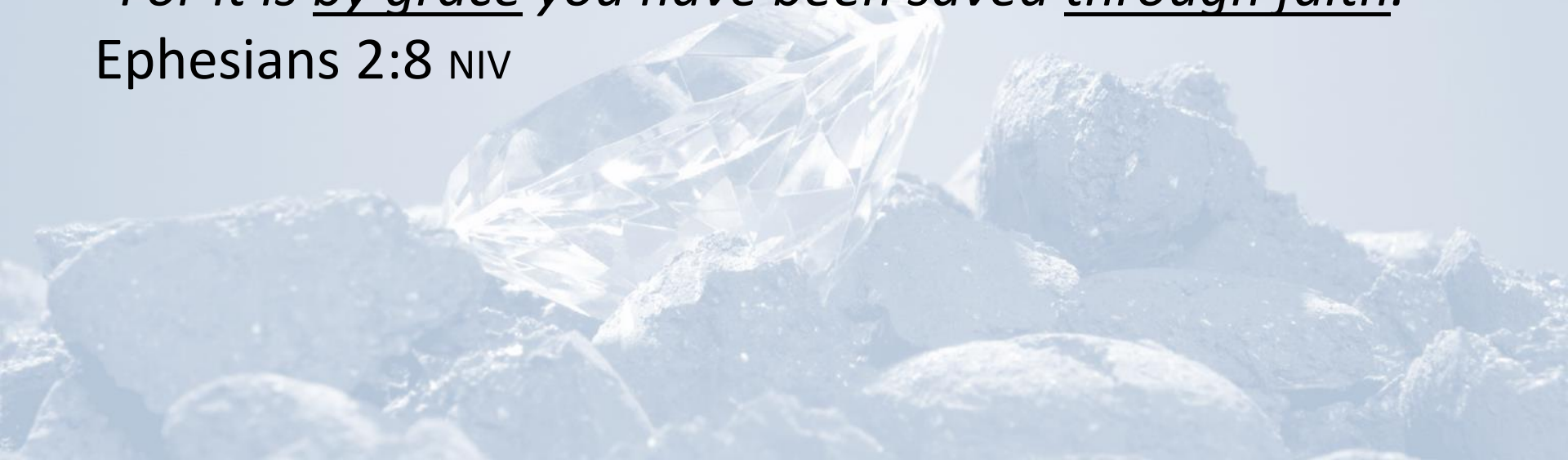
REST IN GOD'S PERFECT.. CONTROL

“I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.” Phil 4:12 NIV

REST IN GOD'S PERFECT..

PLAN

“For it is by grace you have been saved through faith.”
Ephesians 2:8 NIV



REST IN GOD'S PERFECT...

PLAN

"For it is by grace you have been saved through faith."

Ephesians 2:8 NIV

"So then, just as you received Christ Jesus as Lord, continue to live in Him." Col 2:6 NIV

REST IN GOD'S PERFECT...

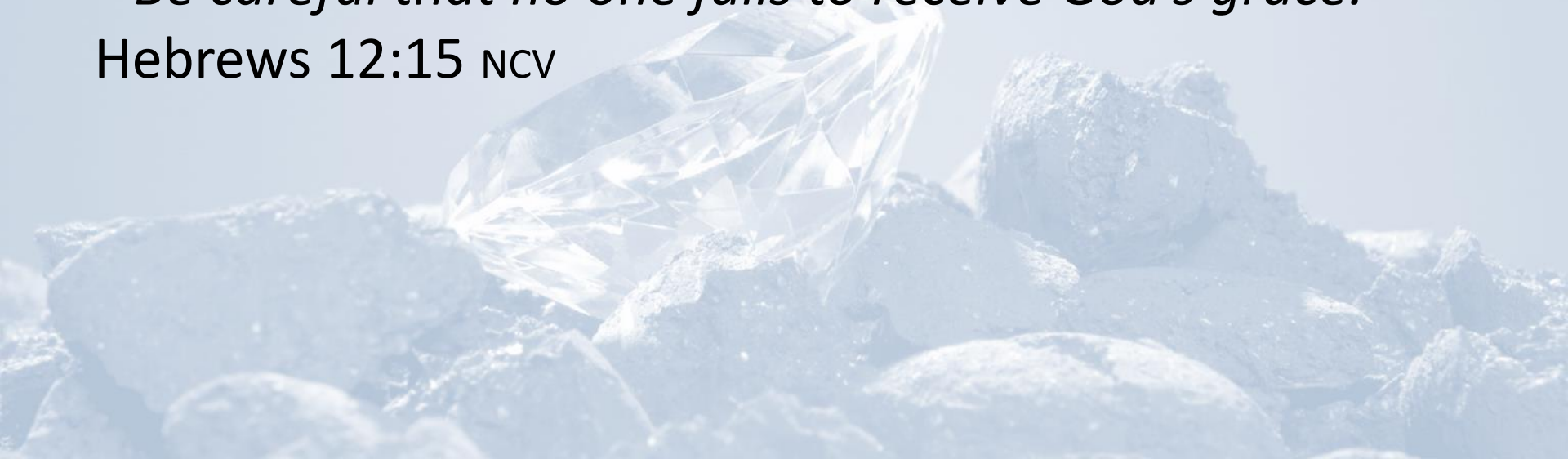
PEACE

“Are you tired? Worn out? Burned out on religion? Come to Me. Get away with Me and you'll recover your life. I'll show you how to take a real rest... Learn the unforced rhythms of grace.” Matt. 11:28-29 MSG

REST IN GOD'S PERFECT..

PEACE

“Be careful that no one fails to receive God’s grace.”
Hebrews 12:15 NCV



EMBRACING GOD'S

grace

