



Identifying What Prohibits You From Moving Forward

2 Timothy 1:7 KJV/AMP

- If you don't identify what prohibits you from moving forward, you'll think you're not qualified or good enough.
- Paul is telling Timothy of his legacy and the gift that's within in; Paul had his hand on his life.



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- Fear is not a demon.
- Fear is something that comes up due to a negative past experience.
- God hasn't given us the *spirit* of fear; there's torment that comes with fear.



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- Paul was telling Timothy not to let the spirit of torment keep him from operating in his gift.
- What's restraining you from doing things for the Lord?
- What in your past is tormenting you from your calling?



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- To follow Christ is to deny yourself daily, including your fears.
- Your first order of declaration has to be to yourself, not other people.
- Don't just ask and beg God to change others, start with yourself.



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- Often when God is removed from something, judgement happens.
- People may feel judged or offended, but reality is they don't want God to deal with them and their issues.



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- If you're going to overcome, it starts with discipline.
- You *must* have a **plan**.
- Why are you tormenting yourself? Is it the fear of success or overcoming something?
- You'll never go far if you don't start.



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- Success doesn't come from feeling good; Feelings are temporary.
- Sometimes we use the fear of the past to continue dealing with the same issues (ex: abuse, negative household)