



The Root Of Bitterness: Be On The Watch

Hebrews 12:12-15 AMP/KJV

- We are shaped and molded by how we're raised and what were exposed to.
- When we begin to seek truth, who we really are begins to manifest.
- Your true self will show up as if you're looking at yourself in the mirror.



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- It's necessary to understand your own model.
- Every believer is called to run their own race with patient endurance.
- You can't run someone else's race.
- Change takes work; you can't spiritually just run one time and eat a poor diet and think you'll change.



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- Bitterness comes when your eyes are off of Jesus but are on the group or people you're dealing with.
- The problem isn't others, its ***you***.
- You're bitter because your cross is heavy; you allowed it to take your joy away.



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- It's not just what you say, it's what you respond to.
- Perfection (**grk. *teleiotēs***) – maturity, completeness
- Anything that makes you grieve and become bitter is the potential of a seed that will bring you down ***if*** you let it grow.



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- When someone hurts you, you become bitter and treat others with the same hurt.
- God doesn't answer to bitter people that won't let go.
- Just because you ignore the shame doesn't mean you don't feel it, you're refusing to be bound by it.



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- When people are hostile it's a form of bitterness in their heart.
- The bitterness in your heart can hinder you from understanding the Truth.
- When youre bitter it manipulate and control



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- Punish (**grk. pais**) – to chastise, discipline, train up.
- The end of your bitterness is to contaminate you.