



[Drink Deeply](#)

Pastor Jeremy Mikeska

Song of Songs 4:1–5:16

September 13, 2026

[Life Change: That we honor the marriage bed](#)

Good gifts

The problem of shame

Foreplay

Freedom to consume

Ecstasy



Upcoming
Events



Give



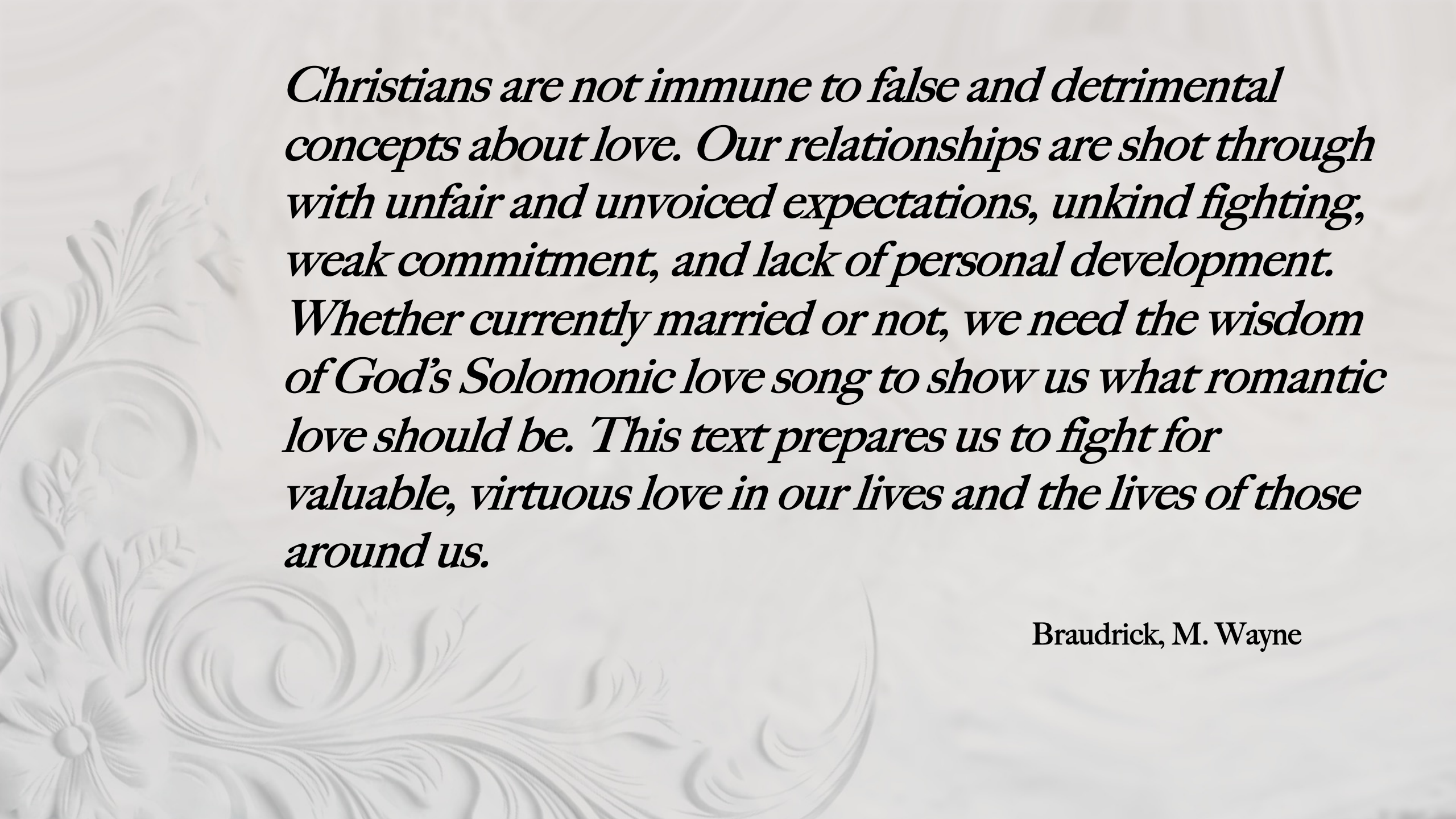
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A SONG OF VIRTUE



Christians are not immune to false and detrimental concepts about love. Our relationships are shot through with unfair and unvoiced expectations, unkind fighting, weak commitment, and lack of personal development. Whether currently married or not, we need the wisdom of God's Solomonic love song to show us what romantic love should be. This text prepares us to fight for valuable, virtuous love in our lives and the lives of those around us.

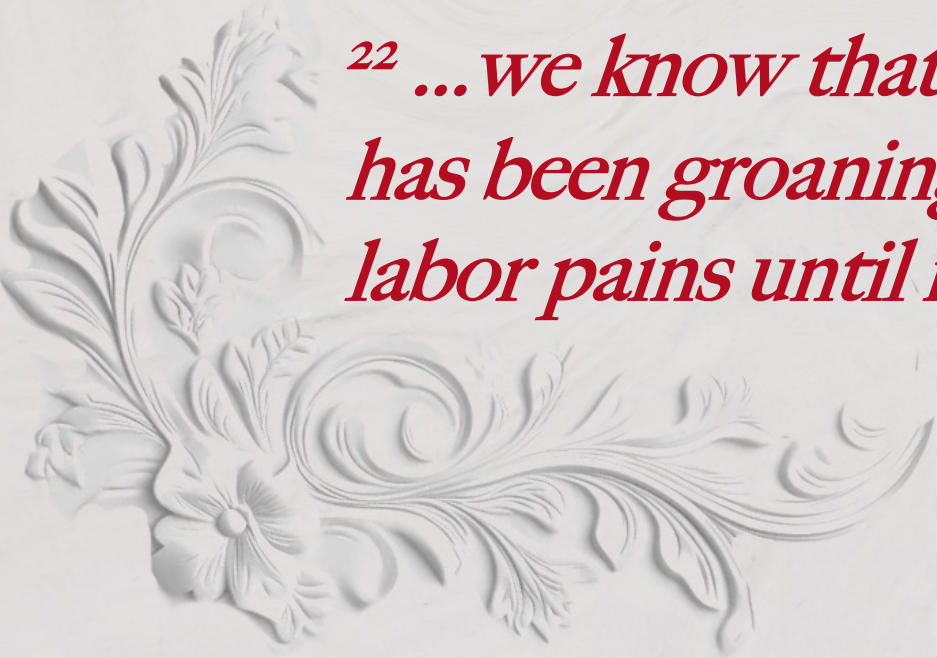
Braudrick, M. Wayne

⁸ The LORD God planted a garden in Eden, in the east, and there he placed the man he had formed. ⁹ The LORD God caused to grow out of the ground every tree pleasing in appearance and good for food, including the tree of life in the middle of the garden, as well as the tree of the knowledge of good and evil.

¹⁰ *A river went out from Eden to water the garden. From there it divided and became the source of four rivers. ¹¹ The name of the first is Pishon, which flows through the entire land of Havilah, where there is gold. ¹² Gold from that land is pure; bdellium and onyx are also there. ¹³ The name of the second river is Gihon, which flows through the entire land of Cush. ¹⁴ The name of the third river is Tigris, which runs east of Assyria. And the fourth river is the Euphrates.*

¹⁵ *The LORD God took the man and placed him in the garden of Eden to work it and watch over it.*





²² *...we know that the whole creation
has been groaning together with
labor pains until now.*

Romans 8:22

7 ...the eyes of both of them were opened, and they knew they were naked; so they sewed fig leaves together and made coverings for themselves.

Genesis 3:7

*¹⁰ ... “I heard you in the garden, and I
was afraid because I was naked, so I
hid.”*

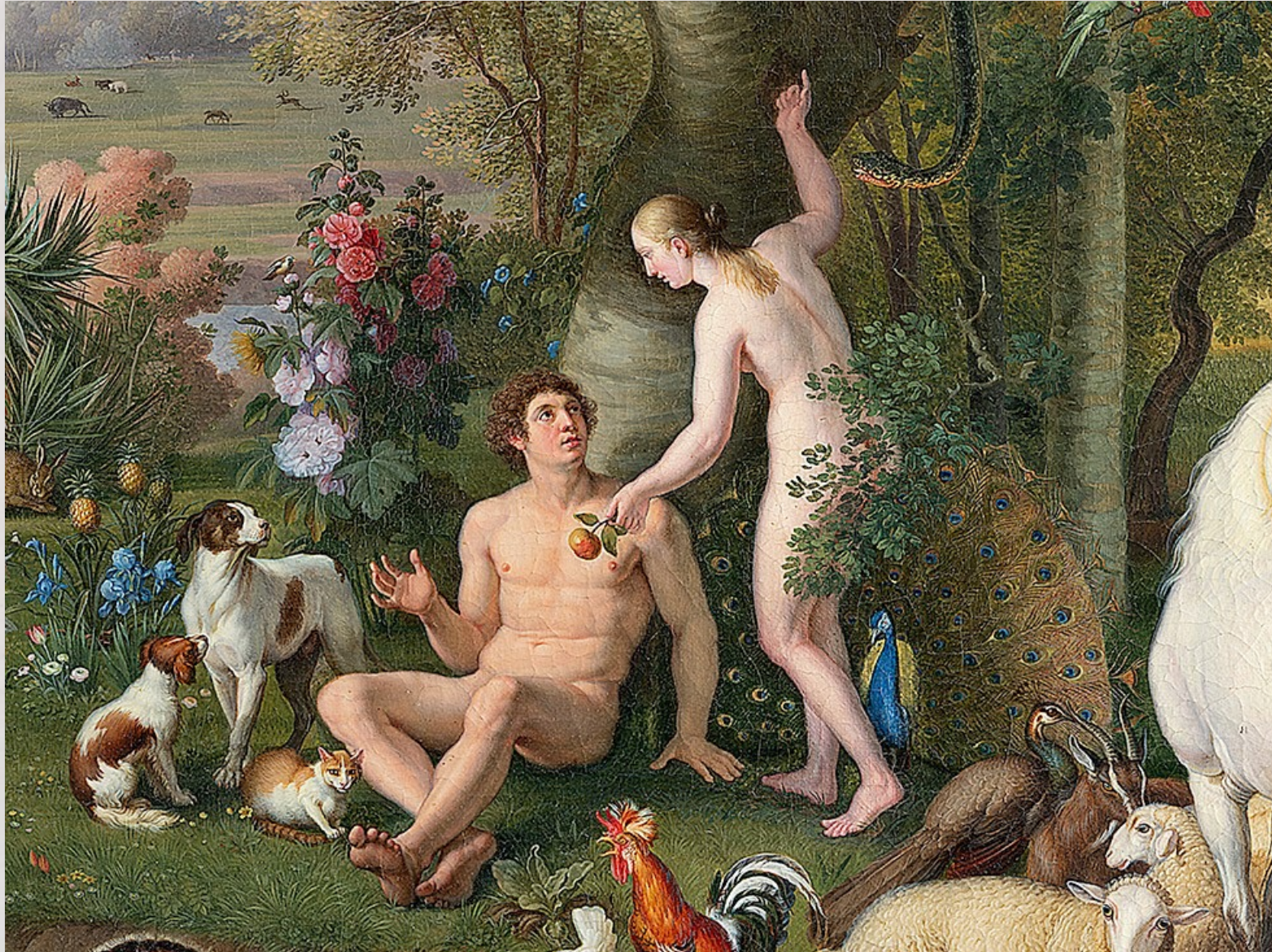
Genesis 3:10



Heinrich Aldegrever (1540)

*²⁴ This is why a man leaves his
father and mother and bonds with
his wife, and they become one flesh.
²⁵ Both the man and his wife were
naked, yet felt no shame.*

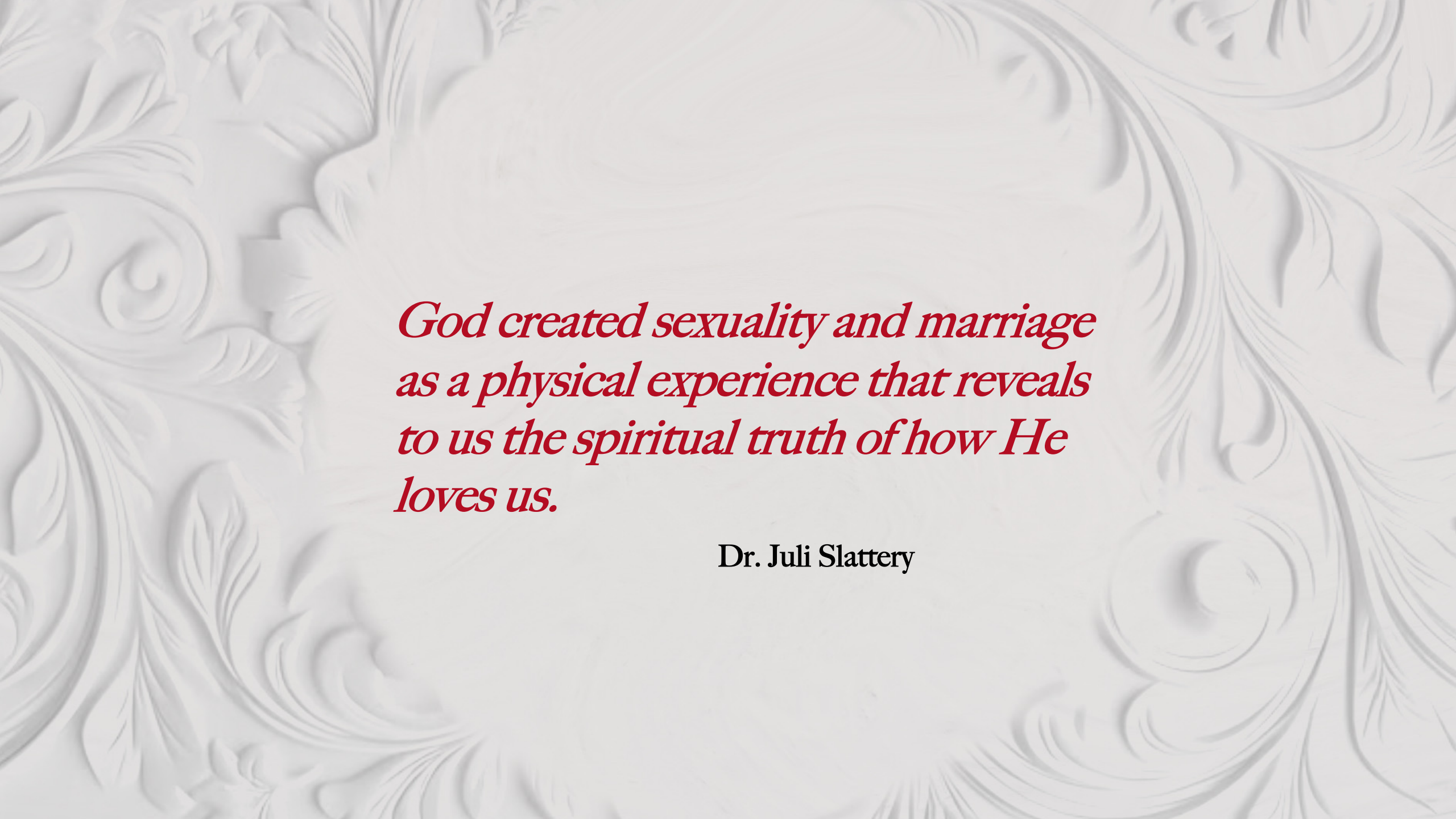
Genesis 2:24-25



Adam and Eve in the Garden of Eden, Wenzel Peter, museivaticani.va

8 Therefore, there is now no condemnation for those in Christ Jesus; ² because the law of the Spirit of life in Christ Jesus has set you free from the law of sin and death.

Romans 8:1-2



*God created sexuality and marriage
as a physical experience that reveals
to us the spiritual truth of how He
loves us.*

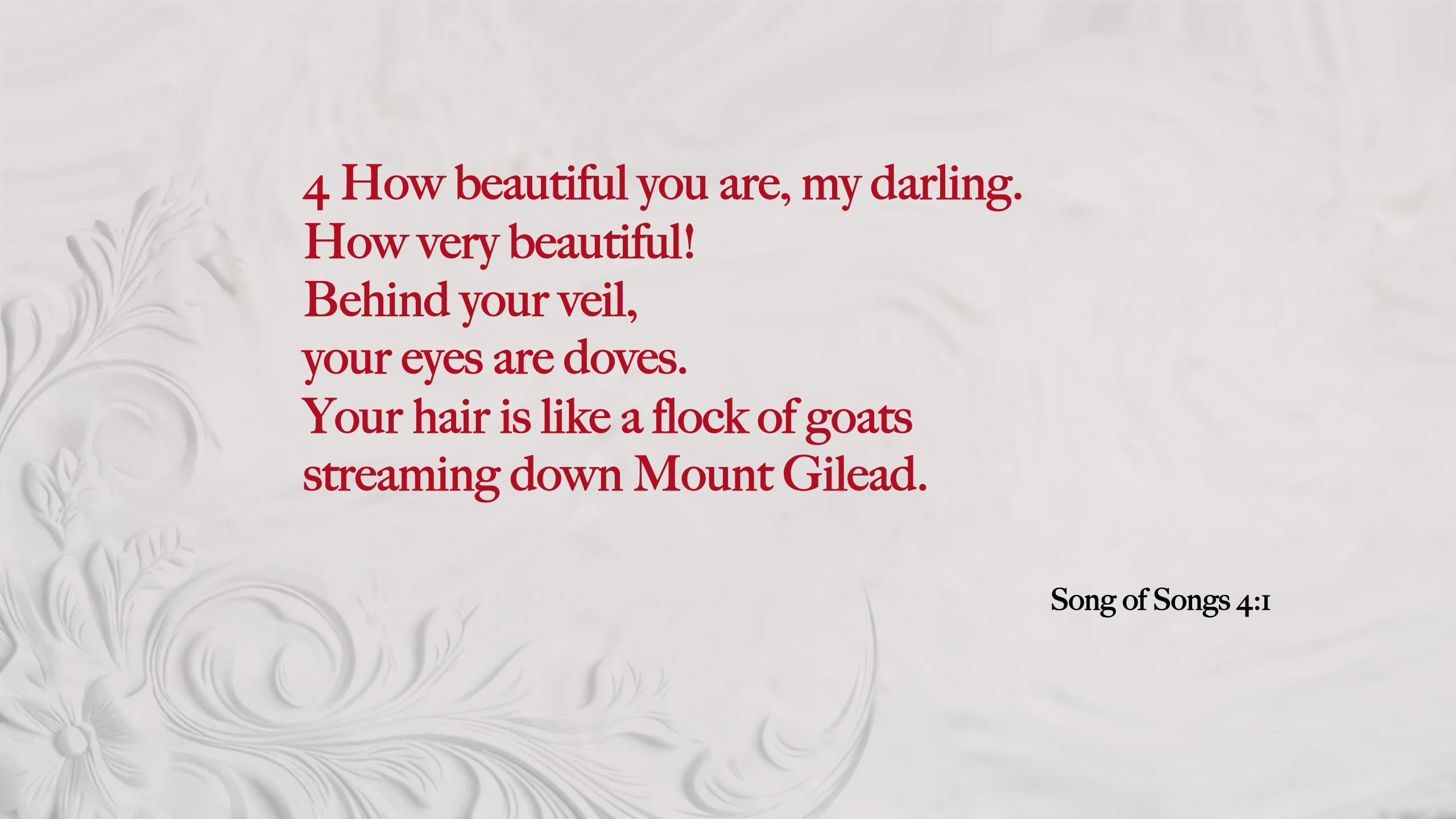
Dr. Juli Slattery

The man is aroused by love and initiates union with his wife. When she feels safe and loved, her body opens to allow him to enter into her and they physically become one, the man deposits seed in the woman that has the capacity to bring forth life. Now, let's apply this as one divine metaphor to Jesus and the church. Jesus initiates love. He sees His Bride as beautiful and pure because of His love for us. When we, the bride, understand His love and protection, we receive Him. He abides in us, becoming one with us. Our union with Christ includes the deposit of the Holy Spirit within us, giving us the capacity to bring forth spiritual life.

Dr. Juli Slattery

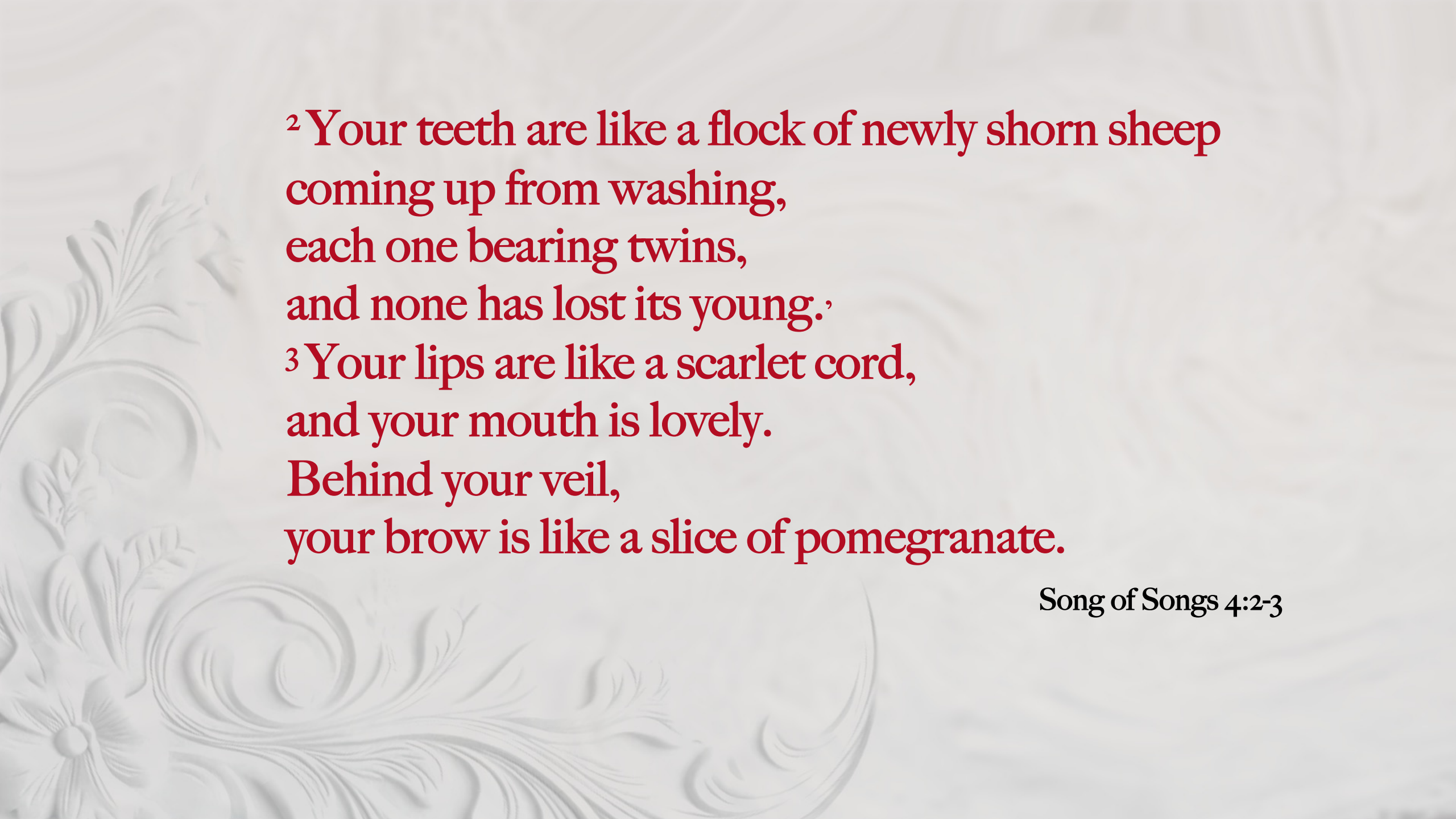
God, Sex, and Your
Marriage





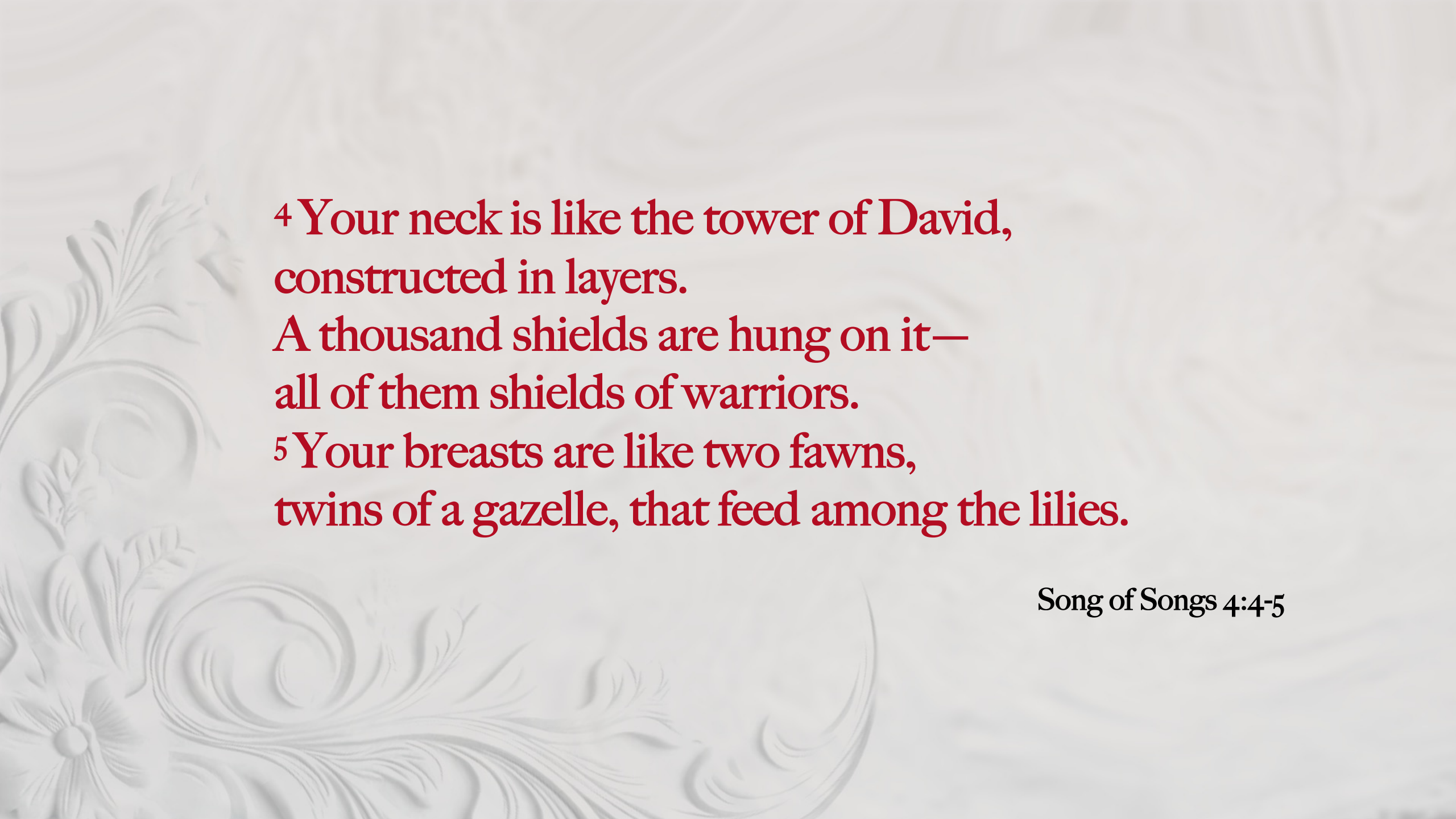
4 How beautiful you are, my darling.
How very beautiful!
Behind your veil,
your eyes are doves.
Your hair is like a flock of goats
streaming down Mount Gilead.

Song of Songs 4:1



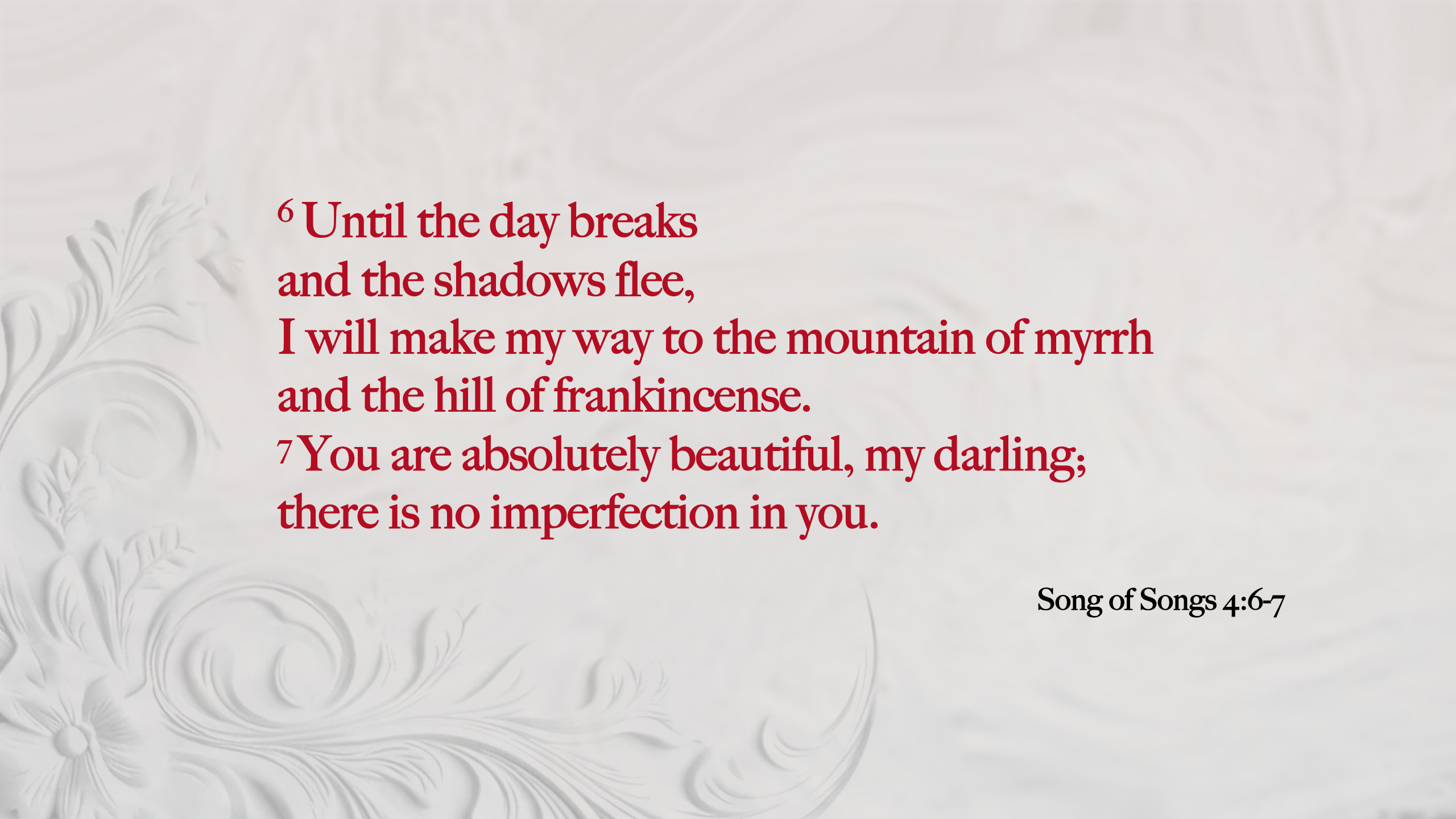
² Your teeth are like a flock of newly shorn sheep
coming up from washing,
each one bearing twins,
and none has lost its young.
³ Your lips are like a scarlet cord,
and your mouth is lovely.
Behind your veil,
your brow is like a slice of pomegranate.

Song of Songs 4:2-3



⁴ Your neck is like the tower of David,
constructed in layers.
A thousand shields are hung on it—
all of them shields of warriors.
⁵ Your breasts are like two fawns,
twins of a gazelle, that feed among the lilies.

Song of Songs 4:4-5



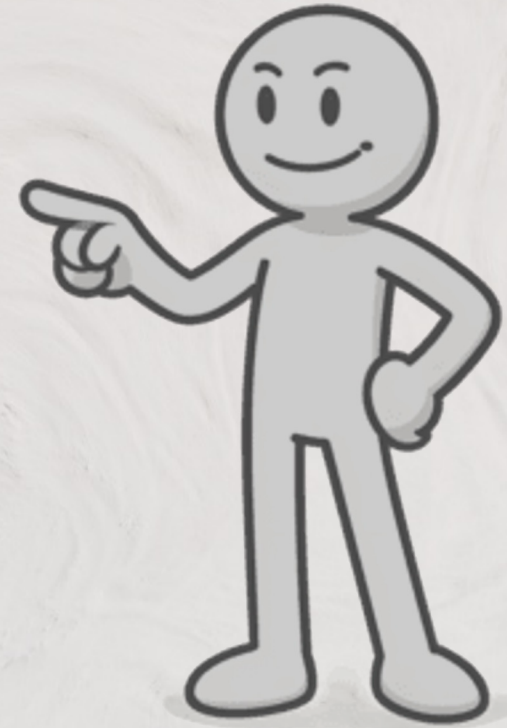
⁶ Until the day breaks
and the shadows flee,
I will make my way to the mountain of myrrh
and the hill of frankincense.
⁷ You are absolutely beautiful, my darling;
there is no imperfection in you.

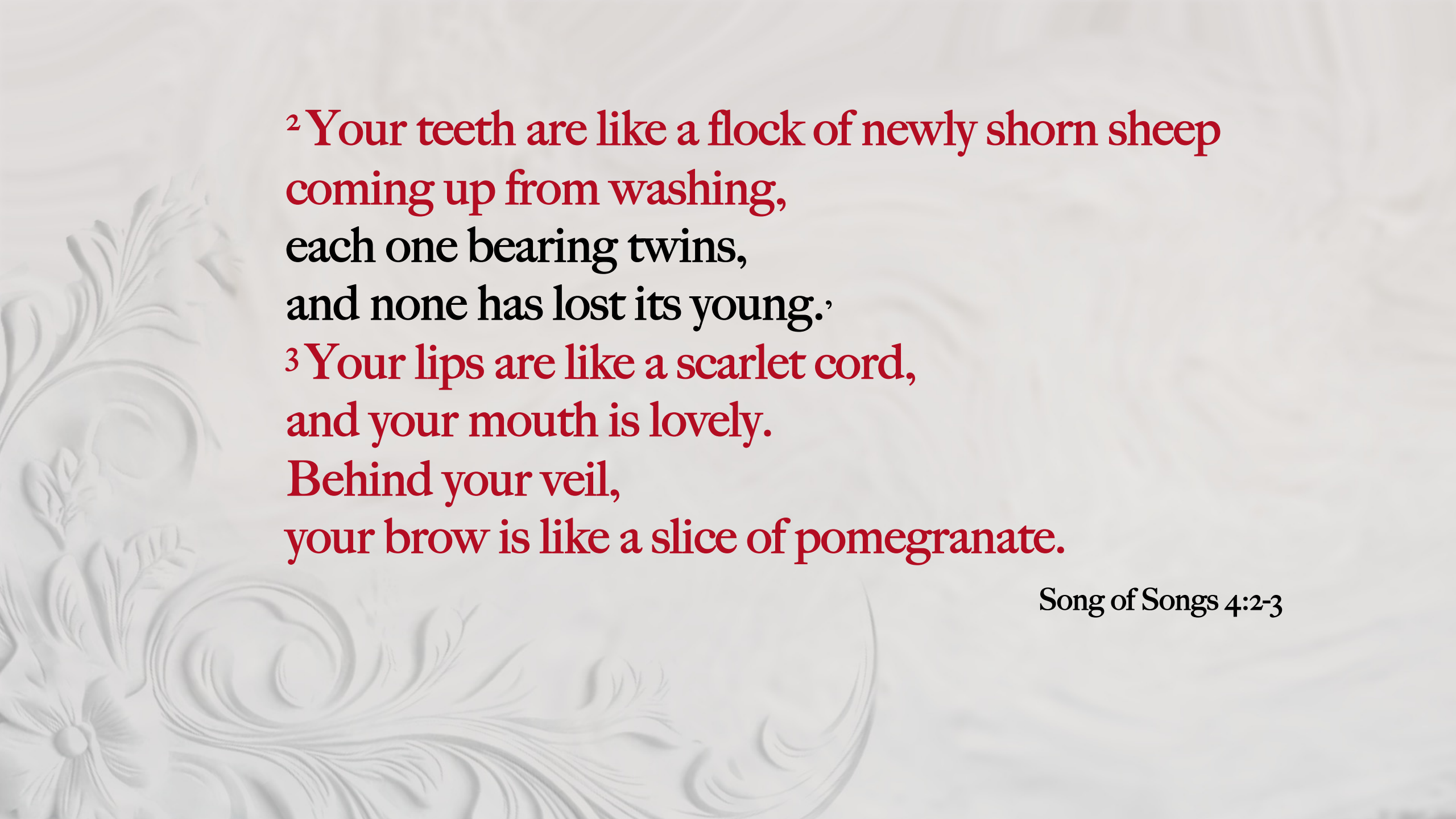
Song of Songs 4:6-7



**Hey Baby, your hair looks
like a flock of goats!**

Hey sweetheart, your
teeth look like sheep!





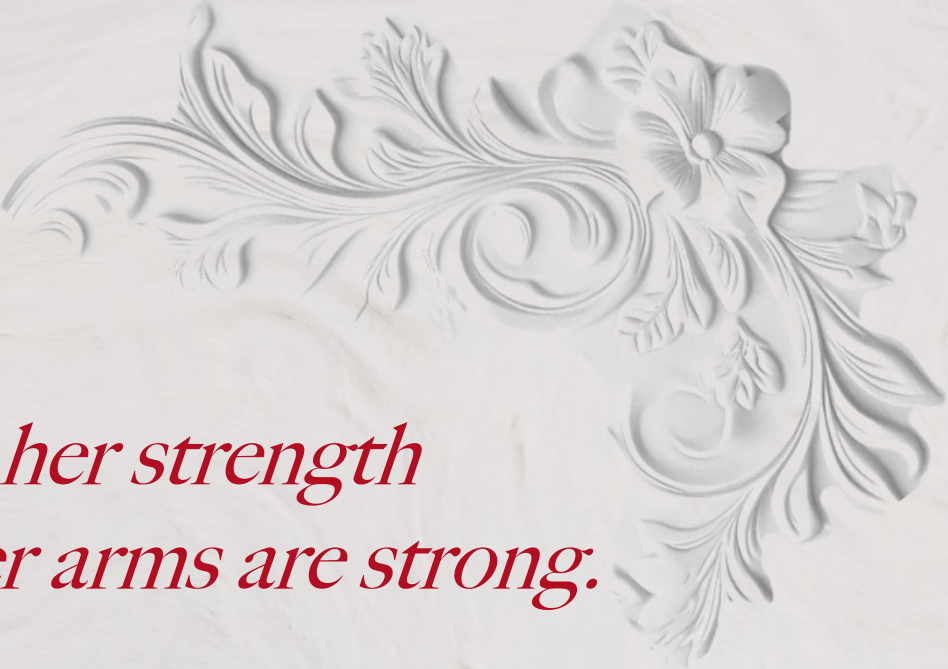
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and none has lost its young.
³ Your lips are like a scarlet cord,
and your mouth is lovely.
Behind your veil,
your brow is like a slice of pomegranate.

Song of Songs 4:2-3

By comparing her neck to the tower Solomon was emphasizing not so much her neck's symmetry and beauty as he was making a statement about her person. She had a queenly bearing and appearance as awesome and majestic as King David's tower.

Jack S. Deere

The Bible Knowledge
Commentary



*¹⁷ She draws on her strength
and reveals that her arms are strong.*

Proverbs 31:17



*²⁵ Strength and honor are her
clothing, and she can laugh at the
time to come.*

Proverbs 31:25

*5 Your breasts are like two fawns,
twins of a gazelle, that feed among
the lilies.*

*6 Until the day breaks
and the shadows flee,
I will make my way to the mountain
of myrrh
and the hill of frankincense.*

Song of Songs 4:5-6

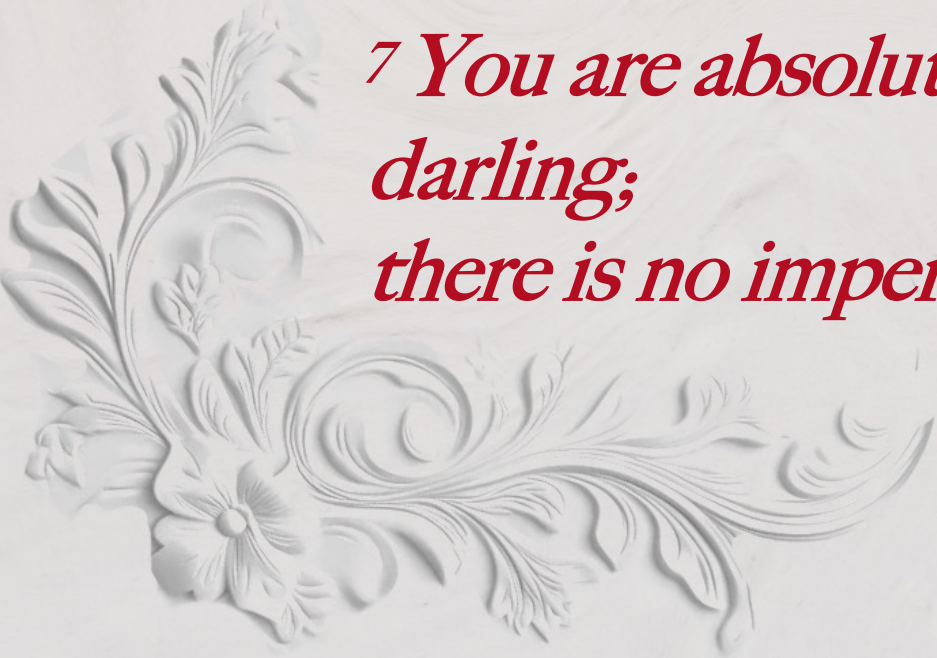
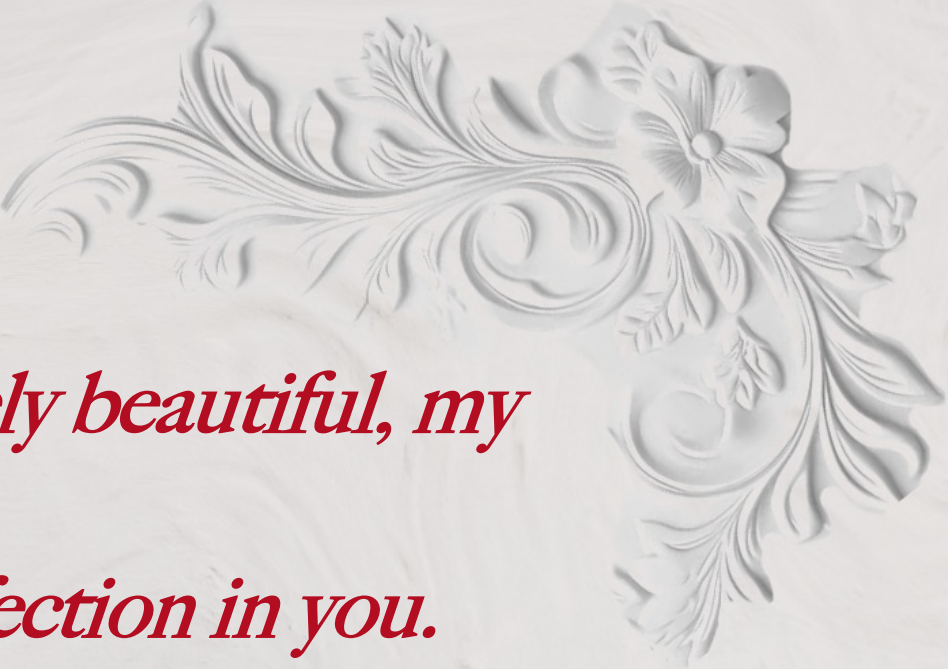


Magnific.com

*¹⁸ Let your fountain be blessed,
and take pleasure in the wife of your
youth.*

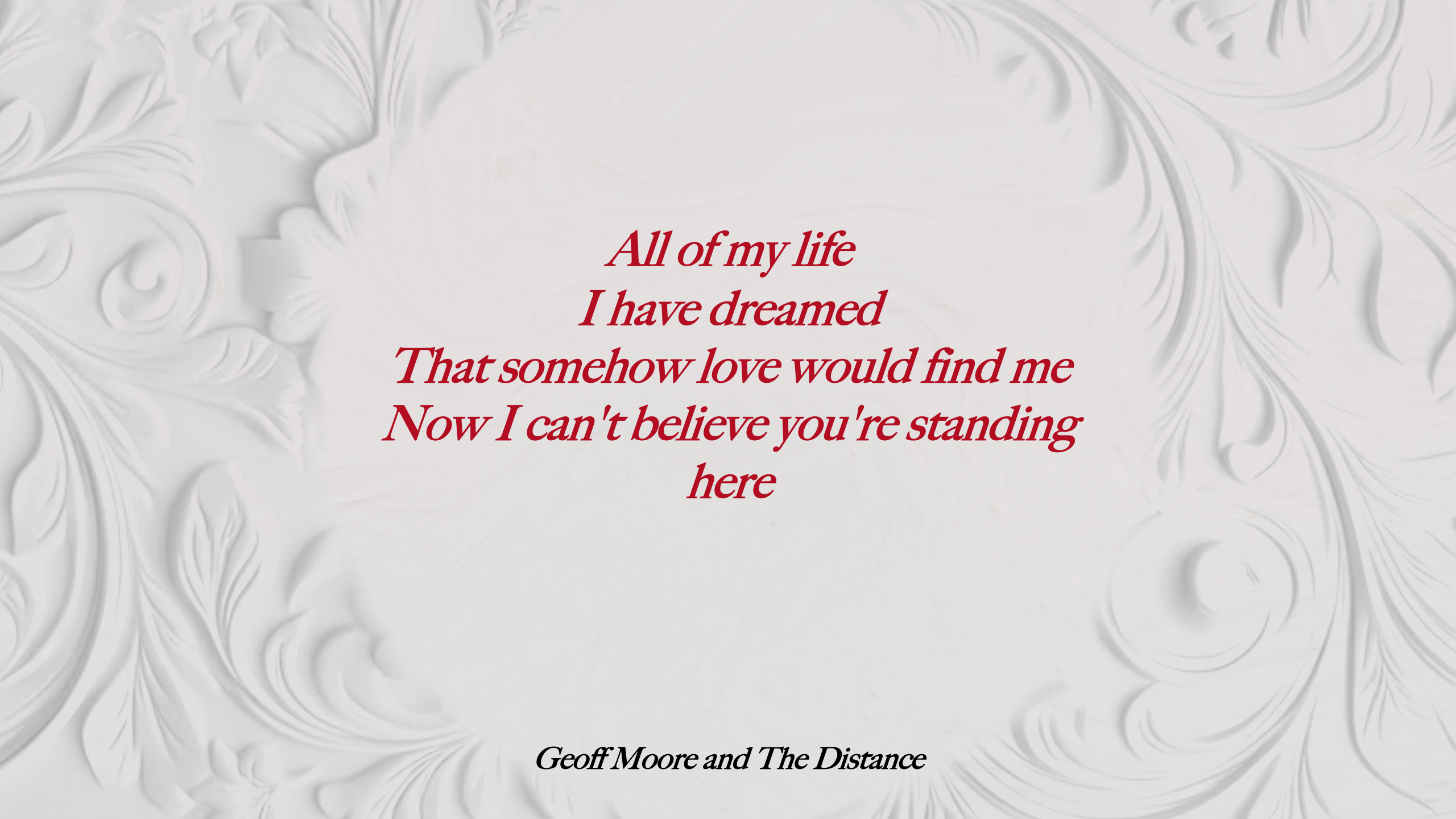
*¹⁹ A loving deer, a graceful doe—
let her breasts always satisfy you;
be lost in her love forever.*

Proverbs 5:18-19



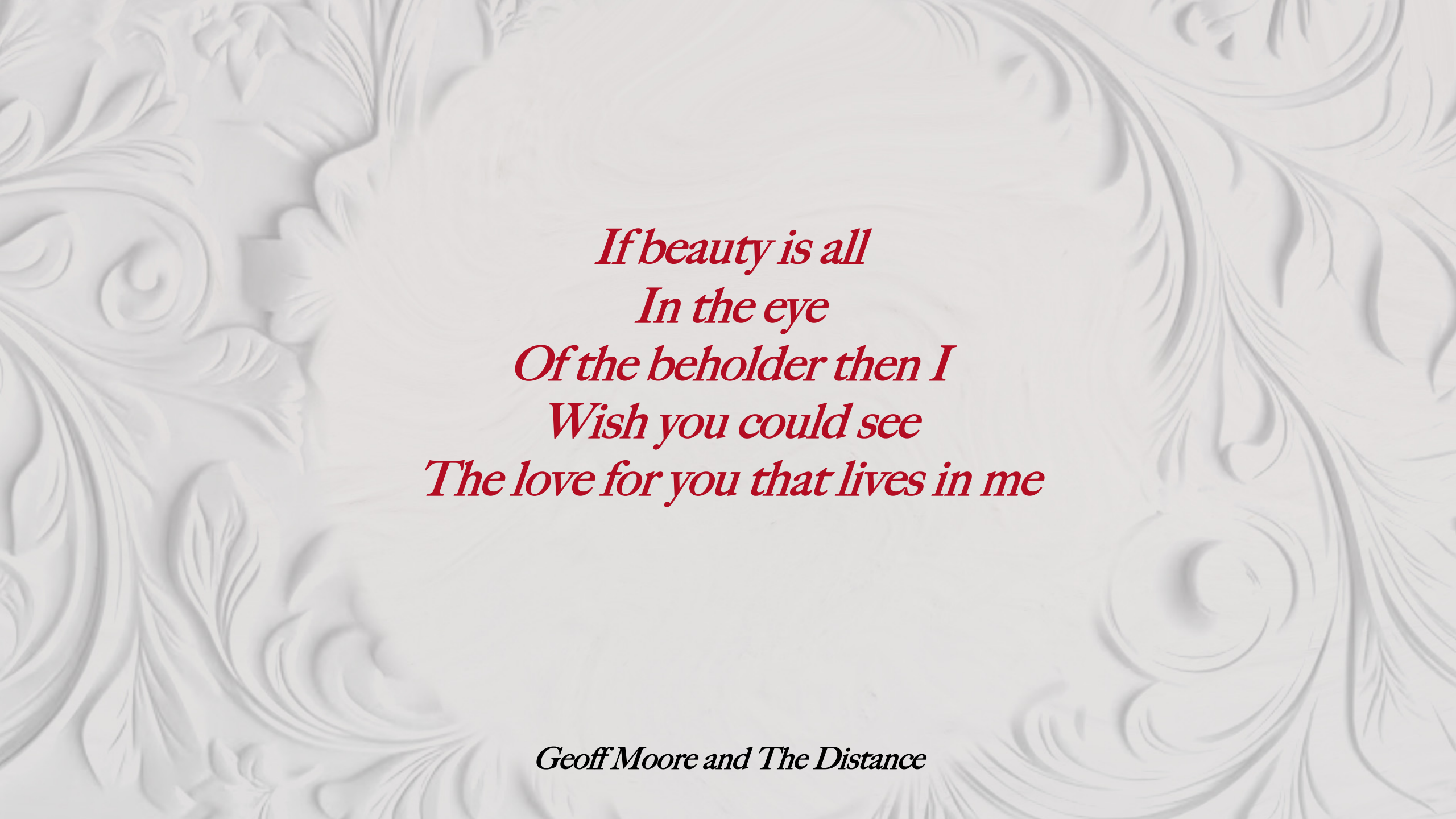
*⁷ You are absolutely beautiful, my
darling;
there is no imperfection in you.*

Song of Songs 4:7



*All of my life
I have dreamed
That somehow love would find me
Now I can't believe you're standing
here*

Geoff Moore and The Distance



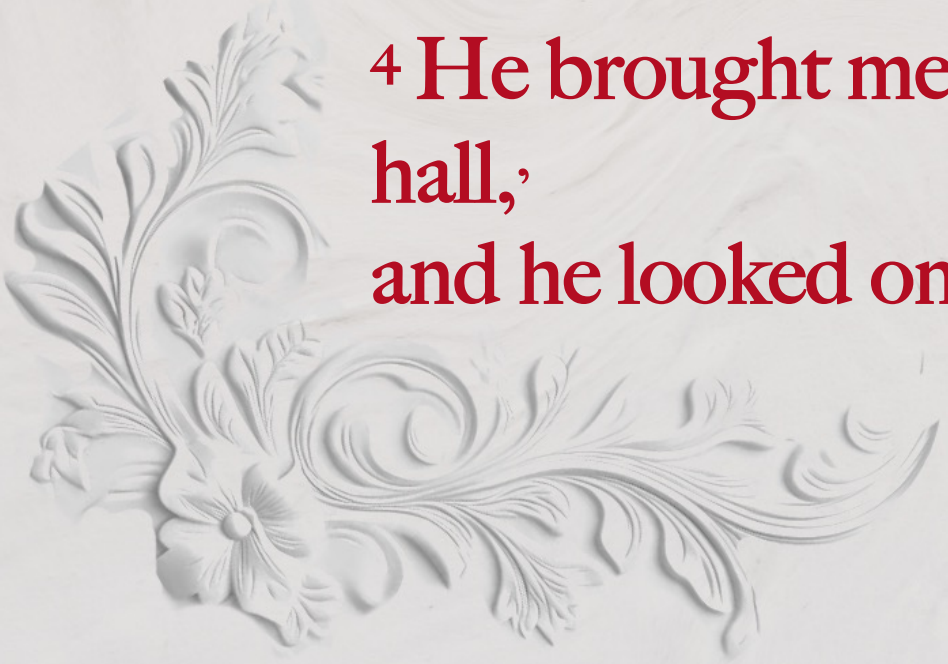
*If beauty is all
In the eye
Of the beholder then I
Wish you could see
The love for you that lives in me*

Geoff Moore and The Distance

*And you would know you have my
heart*

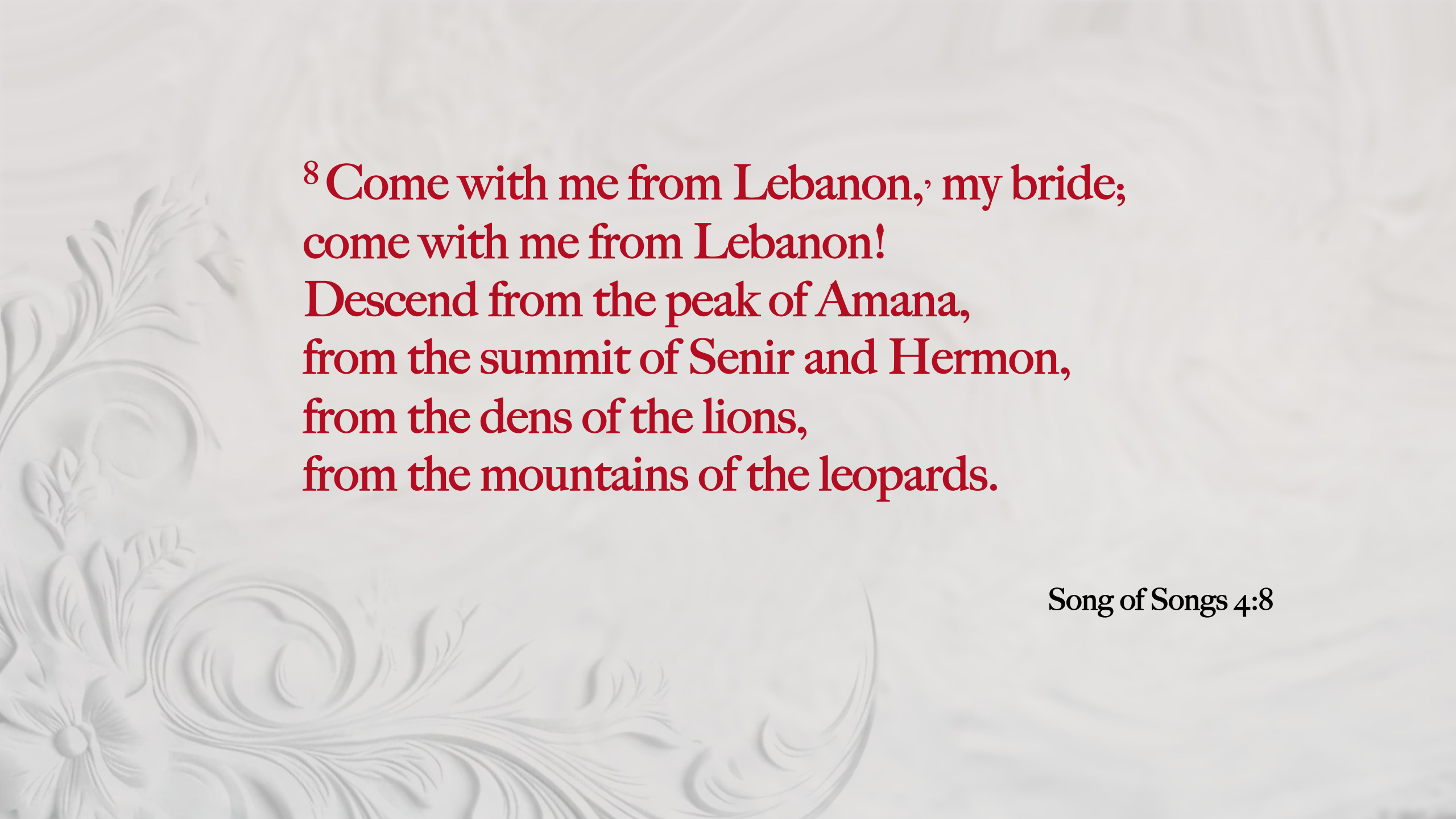
*If you could see, what I see
That a treasure's what you are
If you could see, what I see
Created to be
The only one for me
If you could see, what I see*

Geoff Moore and The Distance



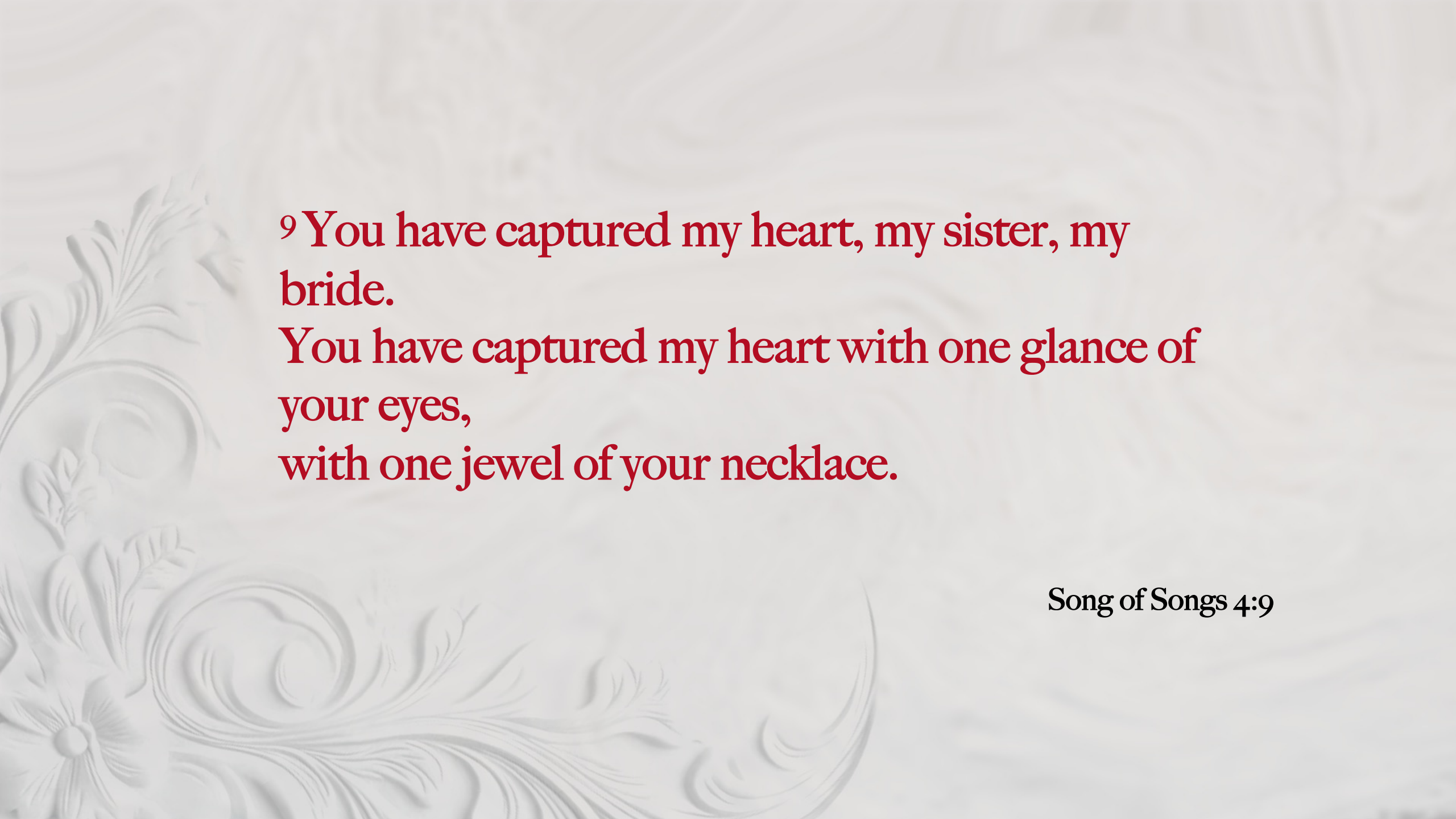
**⁴ He brought me to the banquet
hall,
and he looked on me with love.**

Song of Songs 2:4



⁸ Come with me from Lebanon, my bride;
come with me from Lebanon!
Descend from the peak of Amana,
from the summit of Senir and Hermon,
from the dens of the lions,
from the mountains of the leopards.

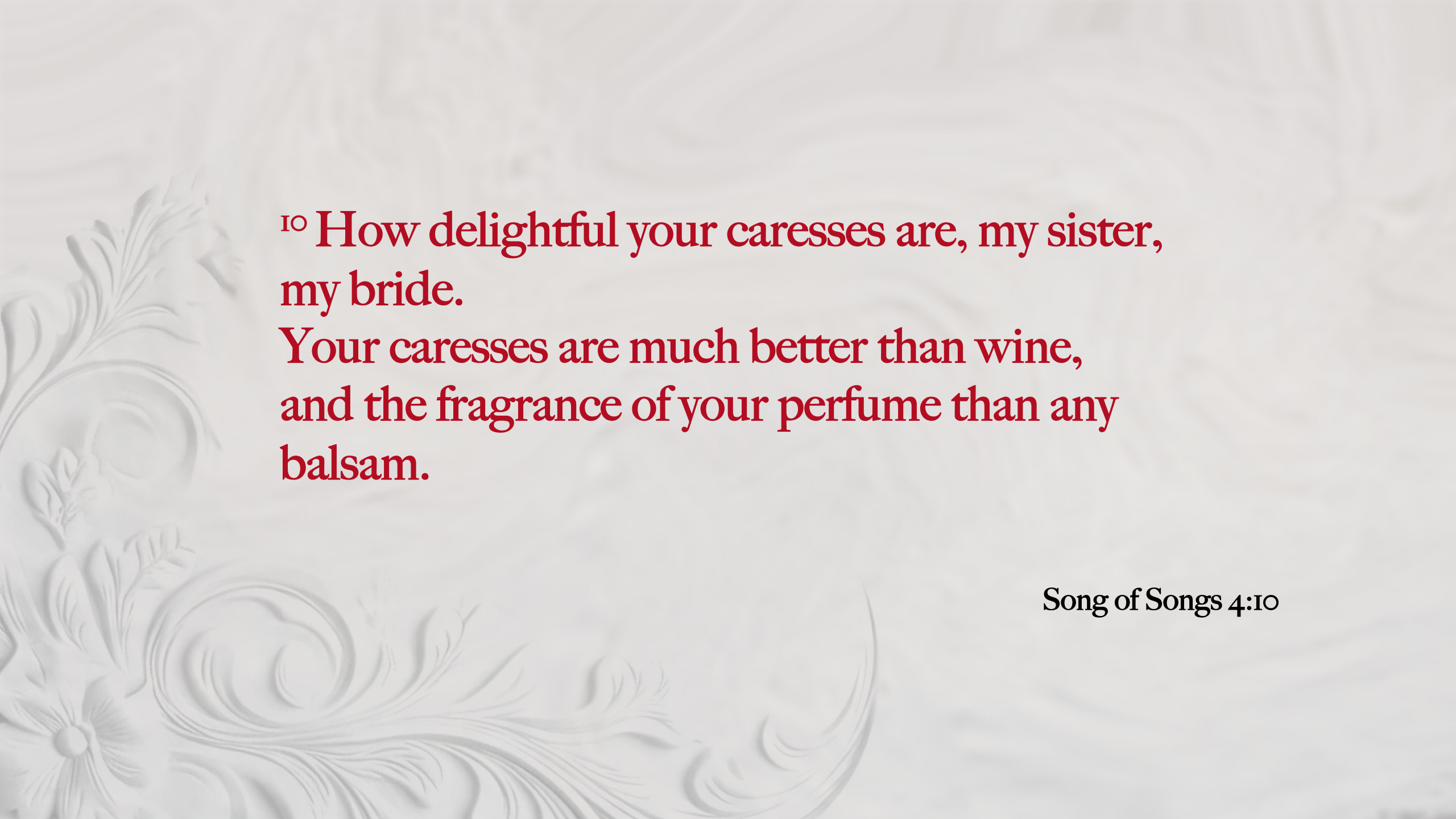
Song of Songs 4:8



⁹ You have captured my heart, my sister, my
bride.

You have captured my heart with one glance of
your eyes,
with one jewel of your necklace.

Song of Songs 4:9



¹⁰ How delightful your caresses are, my sister,
my bride.

Your caresses are much better than wine,
and the fragrance of your perfume than any
balsam.

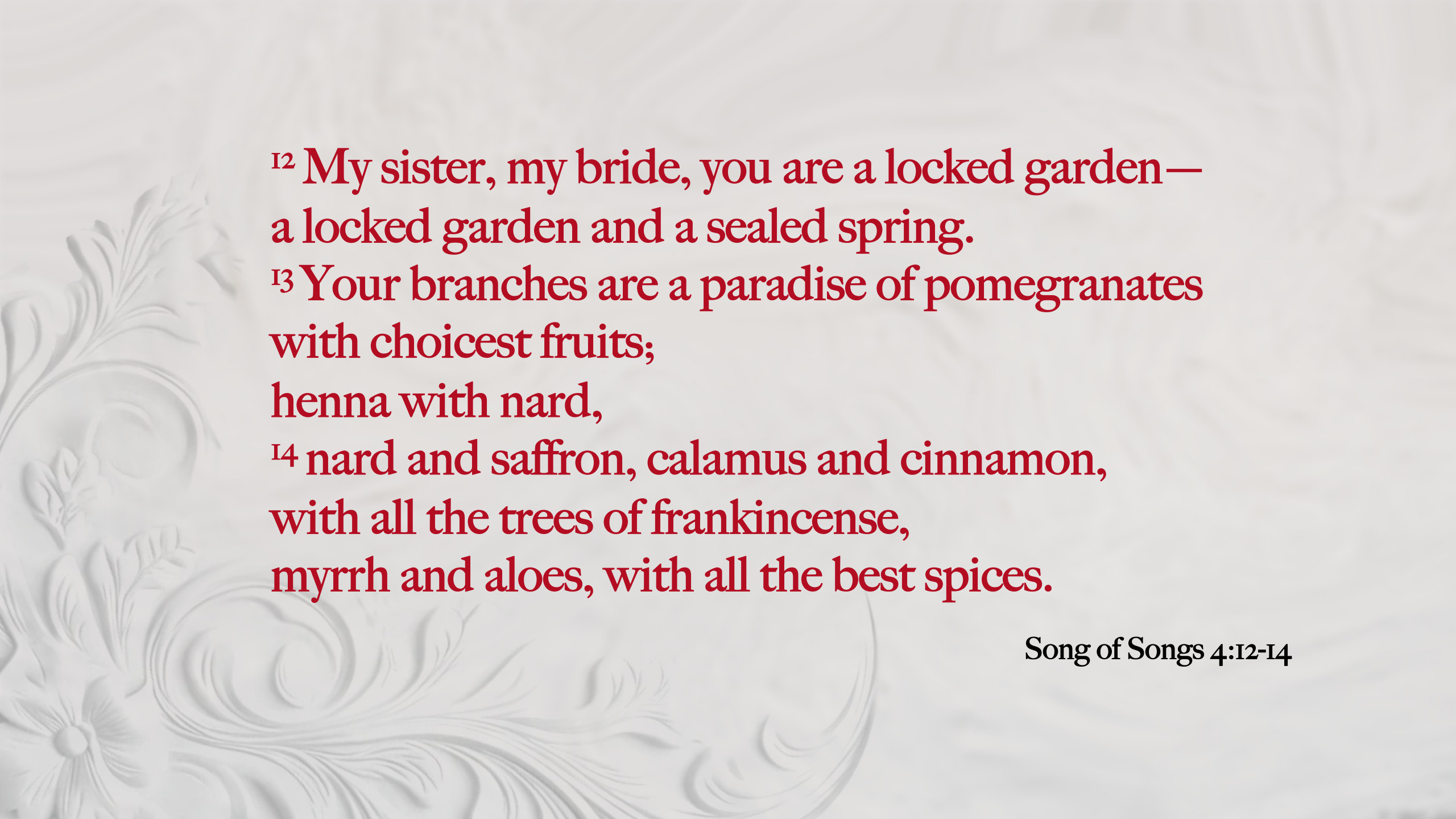
Song of Songs 4:10



**II Your lips drip sweetness like the honeycomb,
my bride.**

**Honey and milk are under your tongue.
The fragrance of your garments is like the
fragrance of Lebanon.**

Song of Songs 4:II



¹² My sister, my bride, you are a locked garden—
a locked garden and a sealed spring.

¹³ Your branches are a paradise of pomegranates
with choicest fruits;
henna with nard,

¹⁴ nard and saffron, calamus and cinnamon,
with all the trees of frankincense,
myrrh and aloes, with all the best spices.

Song of Songs 4:12-14

The Hasbani River that forms at the border
between Lebanon and Northern Israel.

123rf.com

¹⁵ You are a garden spring,
a well of flowing water
streaming from Lebanon.

Song of Songs 4:15



Solomon was calling to his wife to move from the lowlands where the lions roamed to the mountaintops where the leopards lived. It is a clear description of sexual climax-moving higher and higher to the greatest emotional ecstasy possible. He wanted her not only to be the one with him in a physical union, but also to experience the same ecstasy that he was experiencing. He desired for his wife to experience the same release in orgasm that he was about to experience. She was his sexual partner not his plaything. Another interpretation of this text is that Solomon is calling his bride away from everything in life that is frightening to the safety of his love. Or he is urging her to leave her life and become part of a new family. Such is the union that sexual oneness brings.



Tommy Nelson
The Book of Romance

¹² My sister, my bride, you are a
locked garden—
a locked garden and a sealed spring.

Song of Songs 4:12



¹⁵ You are a garden spring,
a well of flowing water
streaming from Lebanon.

Song of Songs 4:15

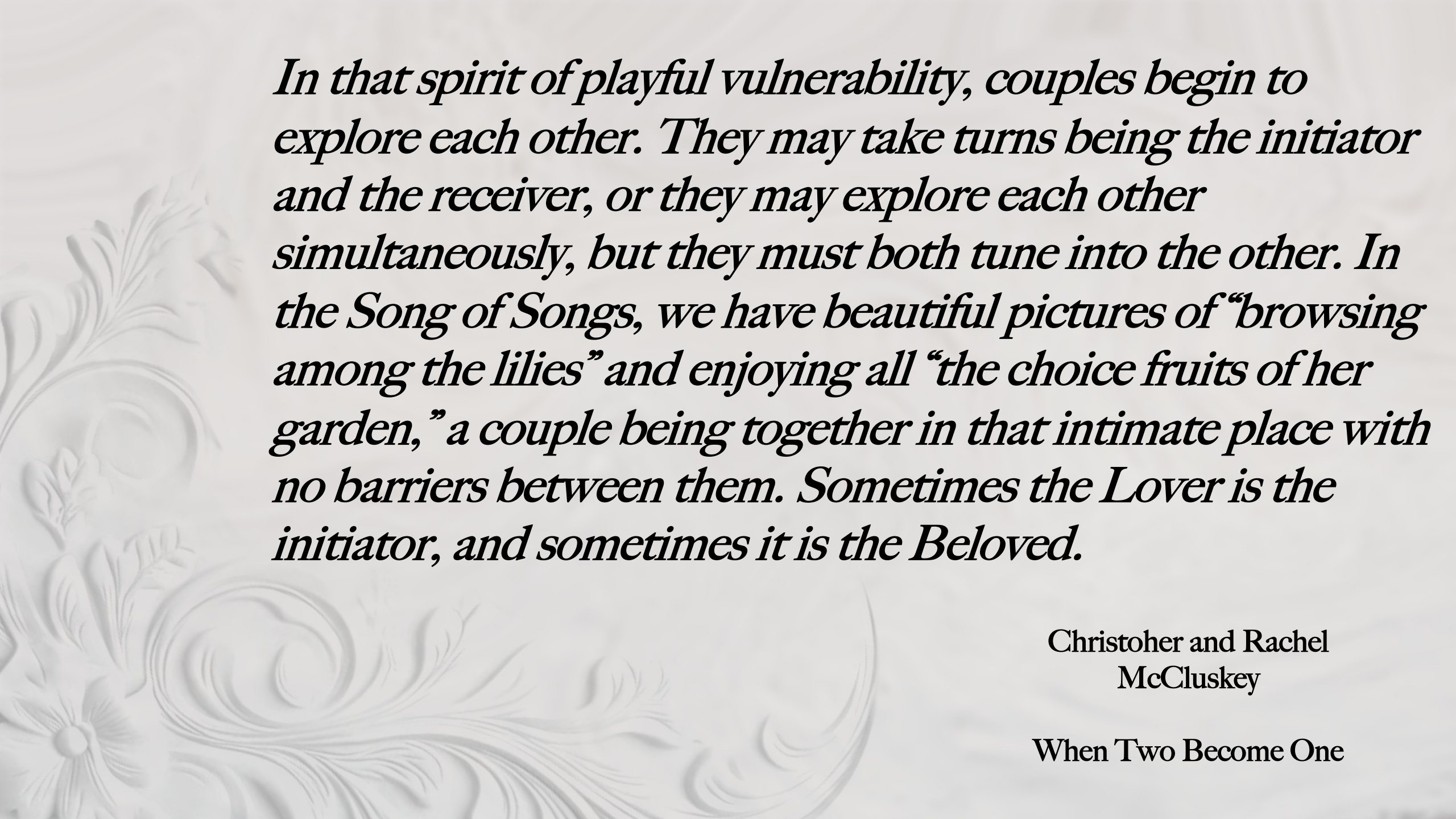
Woman

¹⁶ Awaken, north wind;
come, south wind.

Blow on my garden,
and spread the fragrance of its
spices.

Let my love come to his garden
and eat its choicest fruits.

Song of Songs 4:16



In that spirit of playful vulnerability, couples begin to explore each other. They may take turns being the initiator and the receiver, or they may explore each other simultaneously, but they must both tune into the other. In the Song of Songs, we have beautiful pictures of “browsing among the lilies” and enjoying all “the choice fruits of her garden,” a couple being together in that intimate place with no barriers between them. Sometimes the Lover is the initiator, and sometimes it is the Beloved.

Christoher and Rachel
McCluskey

When Two Become One

Remember that this is not “sex for the man.” It is very easy for men to consistently play the active role and women the passive, because the sex drive is almost always stronger in the male. Testosterone, the hormone principally responsible for the sex drive, is present in men roughly fifteen times the level in women. But once lovemaking is initiated, arousal has more to do with actively inviting passion than it does with hormones. Couples are encouraged to explore each other with curiosity, fascination, titillation, and teasing.

Christoher and Rachel
McCluskey

When Two Become One



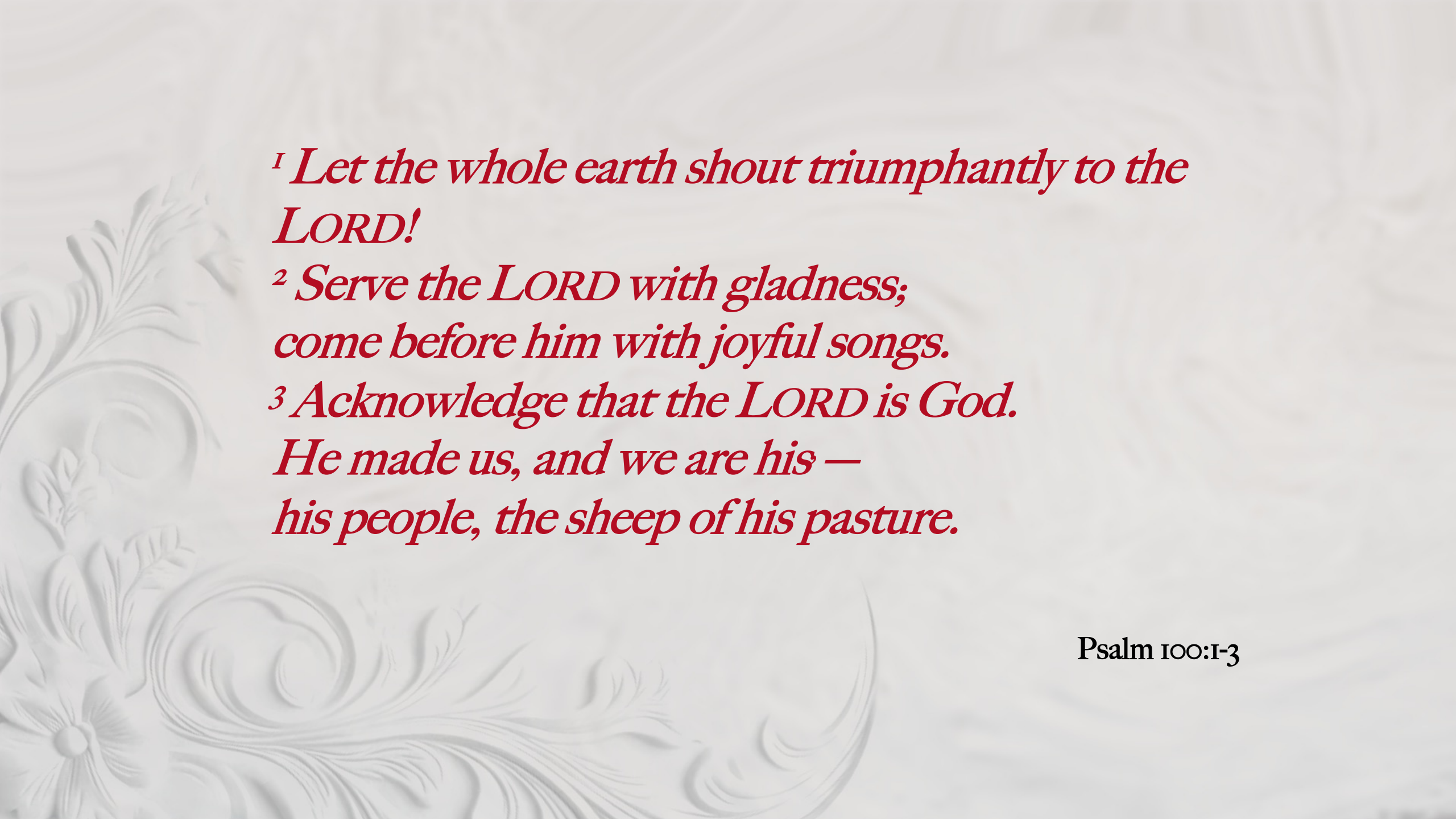
Man

5 I have come to my garden—my
sister, my bride.

I gather my myrrh with my spices.
I eat my honeycomb with my honey.
I drink my wine with my milk.

Song of Songs 5:1

Middle English exstasie, extasy
"elation," borrowed from Middle
French extasie, "stupor, transported
state," borrowed from Late Latin
ecstasis, extasis "trance, swoon,
profound sleep," borrowed from
Greek ékstasis "displacement,
mental distraction, astonishment,
trance,"



¹ Let the whole earth shout triumphantly to the LORD!

*² Serve the LORD with gladness;
come before him with joyful songs.*

*³ Acknowledge that the LORD is God.
He made us, and we are his —
his people, the sheep of his pasture.*

Psalm 100:1-3



*Eat, friends, drink,
and be drunk with love!*

Song of Songs 5:1

*I took an arrow to the heart
I never kissed a mouth that tastes like yours
Strawberries and somethin' more
Ooh yeah, I want it all
Lipstick on my guitar (ooh)
Fill up the engine, we can drive real far
Go dancin' underneath the stars
Ooh yeah, I want it all*

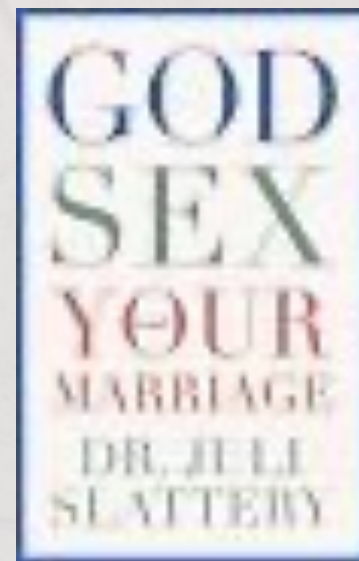
Ed Sheran-Shivers

*Mm, you got me feelin' like
I wanna be that guy, I wanna kiss your eyes
I wanna drink that smile, I wanna feel like I'm
Like my soul's on fire, I wanna stay up all day
and all night
Yeah, you got me singin' like
Ooh, I love it when you do it like that
And when you're close up, give me the shivers*

Ed Sheran- Shivers



Your relationship with God was never meant to be one of stoic duty. The word “worship” appears in the Bible over eight thousand times. Just flip through the Psalms and notice the passion with which God’s people are meant to express their love! Let’s apply that to marriage. Sex is one of the most profound ways we celebrate covenant love. God created orgasm, the clitoris, and the sensitive nerve endings on the penis for a reason. He designed sex to be pleasurable, passionate, fun, and exciting because it is the celebration of your covenant.



*Birds flying high, you know how I feel
Sun in the sky, you know how I feel
Breeze driftin' on by, you know how I feel
It's a new dawn, it's a new day, it's a new life
For me
And I'm feeling good*

Nina Simone



Stock.adobe.com

*Stars when you shine, you know how I feel
Scent of the pine, you know how I feel
Oh, freedom is mine, and I know how I feel
It's a new dawn, it's a new day, it's a new life, huh
It's a new dawn, it's a new day, it's a new life
It's a new dawn, it's a new day, it's a new life
It's a new life for me
And I'm feeling good*

Nina Simone





LOVE

A SONG OF VIRTUE