

## **Sermon: "Do Not Worry. Don't Worry" Luke 12:22-31 (NIV)**

### **Question**

When was the last time you were worried?

### **Are you worried?**

- |   |   |
|---|---|
| <input type="checkbox"/> Life/ Death      | <input type="checkbox"/> Employment/ Unemployment |
| <input type="checkbox"/> Family           | <input type="checkbox"/> Church                   |
| <input type="checkbox"/> Government       | <input type="checkbox"/> Transportation           |
| <input type="checkbox"/> Prison system    | <input type="checkbox"/> Housing                  |
| <input type="checkbox"/> Education        | <input type="checkbox"/> Food                     |
| <input type="checkbox"/> Neighborhood     | <input type="checkbox"/> Relationship             |
| <input type="checkbox"/> Purpose/ Calling | <input type="checkbox"/> Health                   |
| <input type="checkbox"/> News             | <input type="checkbox"/> Technology               |

### **Scripture**

2 Thessalonians 3:16 (NIV)

### **Scripture**

Psalms 94:19 (NLT)

### **How do I overcome worry?**

#### **1. Pray**

- Philippians 4:6-7 (NIV)

#### **2. Change your view!**

- Romans 12:1-2 (KJV)

#### **3. Change Your Words**

- Proverbs 18:21 (NIV)

#### **4. Connect with other believers!**

- Romans 12:15-16 (NIV)

#### **5. Exercise**

- I Timothy 4:8 (NIV)

#### **6. Therapist/ Counselor**

- Proverbs 11:14 (KJV)

#### **7. Other**

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**Scripture**

Luke 18:27 (AMP)

**Closing Scripture**

I Peter 5:7 (NIV)

**Closing Question**

What will you do to decrease worry?

**Subject:** Do Not Worry. Don't Worry

**Scripture:** Luke 12:22-31 (NIV)