Psalm 34

In Ps. 34 we find David blessing God by praising Him and thanking Him continually. He brings out the fact that he is doing this out loud so that others will hear and be affected in a positive way. He speaks of the need for patience, which is something that we have been teaching about over these last few months. He also talks about having joy during tribulation and encourages us to seek peace and pursue it. The subject of righteousness moving the hand of God is also included in this Psalm, and of course how unrighteousness can slow or stop the hand of God. However, there is much grace, much love, and much desire for us to be blessed by the LORD.

Psalm 34:1-22 (KJV) (A Psalm of David, when he changed his behavior before Abimelech; who drove him away, and he departed.) 1) I will bless the LORD at all times: his praise shall continually be in my mouth. 2) My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. 3) O magnify the LORD with me, and let us exalt his name together. 4) I sought the LORD, and he heard me, and delivered me from all my fears. 5) They looked unto Him, and were lightened: and their faces were not ashamed. 6) This poor man cried, and the LORD heard him, and saved him out of all his troubles. 7) The angel of the LORD encampeth round about them that fear him, and delivereth them. 8) O taste and see that the LORD is good: blessed is the man that trusteth in him. 9)O fear the LORD, ye his saints: for there is no want to them that fear him. 10) The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing. 11) Come, ye children, hearken unto me: I will teach you the fear of the LORD. 12) What man is he that desireth life, and loveth many days, that he may see good? 13) Keep thy tongue from evil, and thy lips from speaking guile. 14) Depart from evil, and do good; seek peace, and pursue it. 15) The eyes of the LORD are upon the righteous, and his ears are open unto their cry. 16) The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth. 17) The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. 18) The LORD is night unto them that are of a broken heart: and saveth such as be of a contrite spirit. 19) Many are the afflictions of the

righteous: but the LORD delivereth him out of them all. 20) He keepeth all his bones: not one of them is broken. 21) Evil shall slay the wicked: and they that hate the righteous shall be desolate. 22) The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.

- 1) I will bless the LORD at all times: His praise *shall* continually *be* in my mouth. Blessing the Lord includes time in undivided attention, daily reading the Word, meditating on the Word, thanking God with the Word and praising God through His names. If possible, out loud, as faith come by hearing and hearing by the Word of God. Others hear our worship, during the good times and the hard. This Psalm is suggesting a continual stream of loving thoughts, filling our hearts, and blessing the Lord.
- 2) My soul shall make her boast in the LORD: the humble shall hear thereof and be glad. Boasting is proclaiming the mighty works of the Lord. It is anointed and puts others in joy. Praising God is electrifying. The moon, the sun, the stars, the sky, the sunrise and the sunset, the fish in the sea, and the foul in the air. Yahweh, You are beautiful, splendid, wonderful, marvelous and majestic, the glorious creator of the universe.
- **3)** O magnify the LORD with me and let us exalt his name together. David is asking others to join him, magnifying the omnipotent, omniscient, omnipresent LORD.
- **4)** I sought the LORD, and He heard me, and delivered me from all my fears. When we magnify the LORD, blessing Him at all times, our faith He will not deny. Fear is consumed in praise.
- 5) They looked unto Him and were lightened: and their faces were not ashamed.
- 6) This poor man cried, and the LORD heard him, and saved him out of all his troubles. The same with our troubles when we continually are seeking God, His favor is generous, we will not be ashamed.
- 7) The angel of the LORD encampeth round about them that fear Him, and delivereth them. As we enter into God presences we bask in His glory. When doing the worship that David is teaching us to do in this Psalm, there is a reverence, a holy righteous fear. A sense of being awestruck that

assures us that the LORD is faithful to bring deliverance even using the angles, which are ministering spirits assigned to us.

- 8) O taste and see that the LORD is good: blessed is the man that trusteth in Him. David is using one of the five senses to describe the wonder of God's blessings. He is using the word taste and see, not just in a physical way but a spiritual way as well. We often say the Word of God is a sweet as honey I believe David is using that type of reference here. The blessing is contingent upon our trust in Him. Proverbs 3:5-6 (KJV) tells us to Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.
- 9) O fear the LORD, ye His saints: for there is no want to them that fear Him. I believe that the fear of God is a righteous, reverent, holy description and for me, I have a holy fear of a righteous God. The LORD is very longsuffering; however, long term rebellion is not wise.
- 10) The young lions do lack and suffer hunger: but they that seek the LORD shall not want any good thing. The scripture says in Philippians 4:19 (KJV) But my God shall supply all your need according to His riches in glory by Christ Jesus.
- **11)** Come, ye children, hearken unto Me: I will teach you the fear of the LORD. As part of discipleship one needs to be taught that God is a loving God, however Satan is the punisher of God's children who walk in habitual disobedience.
- 12) What man is he that desireth life, and loveth many days, that he may see good?
- 13) Keep thy tongue from evil, and thy lips from speaking guile.
- 14) Depart from evil, and do good; seek peace, and pursue it.
- 15) The eyes of the LORD *are* upon the righteous, and his ears *are open* unto their cry. Proverbs 18:21 (KJV) Death and life *are* in the power of the tongue: and they that love it shall eat the fruit thereof. The scripture is saying that we must seek peace, flee from evil and do good, for the eyes of the Lord bless the righteous and He hears their prayers.

- **16)** The face of the LORD *is* against them that do evil, to cut off the remembrance of them from the earth. Our holy righteous God is longsuffering, however, continual, unrepentant sin, which the Psalmist is calling evil, God will not tolerate.
- 17) The righteous cry, and the LORD heareth, and delivereth them out of all their troubles.
- 18) The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.
- 19) Many are the afflictions of the righteous: but the LORD delivereth him out of them all. We are righteous in Christ Jesus, therefore God will deliver us. With a brokenheart, and a contrite spirit He will deliver us from all afflictions.
- **20)** He keepeth all his bones: not one of them is broken. This prophecy came to pass when Jesus was on the cross. It was customary to break the bones to hasten the death of those being crucified. At the appropriate time Jesus gave up the ghost, resulting in His death, fulfilling this prophecy.
- 21) Evil shall slay the wicked: and they that hate the righteous shall be desolate.
- 22) The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate. Evil not only hurts the righteous but evil will kill evil. The Lord redeems the righteous. The righteous shall never be desolate, never be ashamed, because they trust in Him.

PROMISES OF GOD

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We have included some promises for you to meditate on and to pray out loud, because faith comes by hearing and hearing by the Word of God.

Matthew 7:7-11 (KJV) 7) Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: 8) For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened. 9) Or what man is there of you, whom if his son ask bread, will he give him a stone? 10) Or if he ask a fish, will he give him a serpent? 11) If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father which is in heaven give good things to them that ask him?

Mark 11:24-26 (KJV) 24) Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive *them*, and ye shall have *them*. 25) And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. 26) But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.

John 15:7-8 (KJV) 7) If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. 8) Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

Jeremiah 33:3 (KJV) Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.

Isaiah 41:10 (KJV) Fear thou not; for I *am* with thee: be not dismayed; for I *am* thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Isaiah 43:2 (KJV) When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

Isaiah 44:3 (KJV) For I will pour water upon him that is thirsty, and floods upon the dry ground: I will pour my spirit upon thy seed, and my blessing upon thine offspring: