

SPIRITUAL BLOCKS TO HEALING

Part 2

This week we are going to continue with the balance of the Spiritual Blocks To Healing. But before we do that let us open in prayer.

16. Looking to Symptoms and Not to the Healer

Block number sixteen is looking to symptoms and not to the Healer. Focusing on symptoms can cause us to get into unbelief. It can also cause us to get into self-pity. Symptoms become draining to the body. In the twenty years I have been helping the sick I have not seen, focusing on symptoms bring healing but rather unbelief.

Romans 8:11 (KJV) *But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.*

You cannot walk in the Spirit and become focused on symptoms. When you are walking in the Spirit, your mind will be focusing on the Fruit of the Spirit.

17. Letting Fear Enter Your Heart

The seventeenth block to healing is letting fear enter you heart. Fear will quench your faith and faith will quench your fears.

Romans 8:15 (KJV) *For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.*

John 14:1 (KJV) *Let not your heart be troubled: ye believe in God, believe also in me.*

Scripture says, "Fear has torment". Fear is a formable foe and must be delt with, in an extremely militant way. This is why Jesus taught in

Luke 4:18-19 (KJV) *that, The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the acceptable year of the Lord.*

Defeating fear requires spiritual warfare. Never give fear one inch in your life.

18. Failure to Get Away in Prayer and Fasting

The eighteenth block to healing is failure to get away in prayer and fasting. This block has to do with a lack of closeness in personal relationship with Jesus and the Father.

Matthew 17:18-21 (KJV) *And Jesus rebuked the devil; and he departed out of him: and the child was cured from that very hour. Then came the disciples to Jesus apart, and said, Why could not*

we cast him out? And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. Howbeit this kind goeth not out but by prayer and fasting.

A time of prayer and fasting is not just to receive from the Lord but it is a time to develop deep intimacy with Him.

19. Improper Care of the Body

The ninetieth block to healing is improper care of the body.

1 Corinthians 6:19 (KJV) *What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?*

I think it is obvious that we need adequate rest, proper nutrition, plenty of pure water, and balance in our work life. Some fun along the way would not hurt.

20. Not Discerning the Lord's Body

The twenty block to healing is not discerning the Lord's body. Paul taught on communion in 1 Cor. 11:27-31. The Corinthians he was teaching were weak, sick and dead. Paul said, the reason they were sick was because they were taking the cup, the blood, with unconfessed sin in their lives and did not take the bread, properly understanding what Jesus' body did for them at Calvary. Because of the cross we are saved, sanctified, delivered, redeemed, justified and glorified. Most importantly, we received salvation. In the Hebrew and Greek, salvation means, healing, deliverance, restoration, provision, safety, and saving from God's wrath. Not knowing all these wonderful provisions kept them from receiving health.

21. Touching God's Anointed Leaders

The twenty-one block to healing involves touching God's anointed leaders. Because of this commandment, David did not defend himself against Saul, even though Saul was doing everything in his power to kill David. David had opportunities to take Saul's life but did not do so. The Scripture make it clear that God's anointed leaders should not be harmed. I believe the Bible is not just talking about physical harm but verbal harm as well.

1 Chronicles 16:22 and **Psalms 150:15** say, *Touch not mine anointed, and do my prophets no harm.*

22. Immoderate Eating

This twenty-two block involves not taking care of the body in nutrition.

1 Corinthians 6:19-20 (KJV) *What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.*

We believe any harsh treatment i.e., excessive work, sleep deprivation, allowing the body to dehydrate, gluttony, or a continual diet of food that is dead, devitalized, and processed is not caring for the temple of God. In addition lacking proper physical exercise is not wise.

23. Pure Unbelief

The twenty-three block to healing is pure unbelief.

Heb. 11:6 says, *But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.*

Let us also take a look at

Mark 6:4-6 (KJV) *But Jesus said unto them, A prophet is not without honour, but in his own country, and among his own kin, and in his own house. And he could there do no mighty work, save that he laid his hands upon a few sick folk, and healed them. And he marvelled because of their unbelief. And he went round about the villages, teaching.*

Our heavenly Father gave up His only begotten Son, so we could be whole, well, and free. Therefore, the Father does not think well of people with no faith. Jesus could not even do very many miracles because of the unbelief in Mark 6.

24. Failing to Keep Your Life Filled Up with God

The twenty-four block to healing is failing to keep your life filled up with God. This block is looked upon by the Lord as anyone who receives healing or any blessing and then neglects their relationship with God.

Matthew 12:43-45 (KJV) *When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none. Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished. Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation.*

In this example, a person was delivered from demonic realm and again he also neglected his relationship with God. The enemy took advantage of this and sent seven evil demons worse than the first.

25. Not Resisting the Enemy

The twenty-five block to healing is not resisting the enemy. As we have state, we are in a war, not engaging offensively does not keep us safe. As Paul said, Our war is not against flesh and blood. He also stated, that the weapons of our warfare are not carnal. He went on in Eph. To teach us about the full armor of God. Sticking our heads in the sand will not get it.

1 Peter 5:8-9 (KJV) *Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.*

In conclusion, it is better for us to suit up and show up than to hide from the enemy.

26. Just Giving Up

The twenty-six block to healing is just giving up. You look at your symptoms; you look at the prognosis; you look at the word incurable; and you agree and accept this as the truth, rather than pursuing healing in the face of what everything in the physical realm would indicate. This bows down to not really picking up your cross, denying yourself, and follow Him.

2 Corinthians 10:4-5 (KJV) *(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;*

27. Looking for Repeated Healing Instead of Divine Health

The twenty-seven block to healing is looking for repeated healings instead of divine health. God's perfect will is not to heal you—His perfect will is that you don't get sick.

If sin was the cause of the disease, then each time you become sick you have gone back into the sin.

Exodus 15:26 (KJV) *And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.*

When the diseases are coming from sin and the Lord wants us to stop sinning and get free.

28. Rejecting Healing as Part of the Covenant for Today

The twenty-eight block to healing is rejecting healing in the atonement as part of the covenant for today. **First Peter 2:24** tells us *by His stripes we are healed*; **Isaiah 53:5** says

by His stripes we were healed; Psalm 103:3 says, I am the Lord thy God, the Lord who forgiveth thee of all thy iniquities and health thee of all thy disease.

29. Trying to Bypass the Penalty of the Curse

The twenty-nine block to healing is trying to bypass the penalty of the curse without taking responsibility for the sin causing it.

Proverbs 26:2 (KJV) *As the bird by wandering, as the swallow by flying, so the curse causeless shall not come.*

30. Murmuring and Complaining

The thirty block to healing is murmuring and complaining. We see this in

1 Corinthians 10:1 (KJV) *Moreover, brethren, I would not that ye should be ignorant, how that all our fathers were under the cloud, and all passed through the sea; and Philippians 2:14-15 **6** (KJV) *Do all things without murmurings and disputings: That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;**

The Lord considers all murmuring and complaining as judgement against Him. As He is omnipotent and can stop anything we do not want in our lives.

31. Hating and Not obeying Instruction

The thirty-one block to healing is hating and not obeying instruction. These are stubborn and rebellious people. Evidence of this can be seen in

Proverbs 5:11-14 (KJV) *And thou mourn at the last, when thy flesh and thy body are consumed, And say, How have I hated instruction, and my heart despised reproof; And have not obeyed the voice of my teachers, nor inclined mine ear to them that instructed me! I was almost in all evil in the midst of the congregation and assembly.*

This Scripture is one of many warnings in the Bible about not being teachable.

32. Past and Continued Involvement with Occultism

The thirty-two block to healing is past involvement and continued involvement in occultic practices. The reasons are that generations sins and iniquities can becoming down from at least four generations. That is a lot of possible doors for a believer to trip over while living their lives. The occultism being discussed could be voluntary or involuntary. Either way generational iniquities are being invited back into the believer's life.