

Bible Study Guide: Living as the Light – Reflecting Christ to the World

 Source Transcript:

Big Idea

As followers of Jesus, we are called to be a light in the world—reflecting His love, truth, and transformation to others.

Theme

Lent is not only about personal transformation but also about becoming a visible witness—shining the light of Christ so others can see and be drawn to Him.

Core Scripture

Matthew 5:14

“You are the light of the world. A city set on a hill cannot be hidden.”

Introduction: From Receiving to Reflecting

Jesus declares:

- You are not just changed
- You are now sent

Key Insight:

“What God is doing in you is meant to shine through you.”

The Shift in Lent

Early Lent:

- Giving up
- Struggling
- Adjusting

Later Lent:

- Receiving Christ
- Experiencing change
- Sharing that change

Main Point 1: You Are Called to Be the Light

Explanation

Jesus says:

- “You are the light”

Not:

- “You might be”
- “You should try to be”

Spiritual Truth

Being a light is:

- Your identity
- Not just your role

“You are meant to reflect Christ.”

Application

- Do I see myself as a light?
- Am I living in that identity?

Sticky Quote:

“You don’t create the light—you carry it.”

Main Point 2: Light Is Meant to Be Seen

Explanation

A city on a hill:

- Cannot be hidden

Spiritual Truth

Your faith:

- Is visible
- Impacts others

“Your life is meant to be seen.”

Application

- What do people see in my life?
- What am I reflecting?

Sticky Quote:

“Light is meant to shine—not hide.”

Main Point 3: Transformation Leads to Witness

Explanation

As you grow:

- Change becomes visible

Spiritual Truth

Transformation:

- Naturally produces testimony

“What has changed in you should be shared.”

Application

- What has God done in my life?
- Am I sharing it?

Sticky Quote:

“Changed lives change lives.”

Main Point 4: Light Reflects What Is Inside

Explanation

Your life reflects:

- What fills your heart

Spiritual Truth

If filled with Christ:

- You reflect Christ

“What are you reflecting?”

Application

- What is filling my heart?
- Is it Jesus or the world?

Sticky Quote:

“You reflect what you receive.”

Main Point 5: The World Needs Your Light

Explanation

People around you:

- Are searching
- Are struggling
- Are in darkness

Spiritual Truth

God uses:

- You
- Your story
- Your light

“Others are looking for direction.”

Application

- Who needs my light?
- Where can I shine?

Sticky Quote:

“Your light can guide someone else.”

Main Point 6: Sharing Your Faith Is Part of Discipleship

Explanation

Being a disciple means:

- Growing
- Sharing

Spiritual Truth

Faith is:

- Not private only
- Meant to be shared

“Disciples share the good news.”

Application

- Am I actively sharing my faith?
- What holds me back?

Sticky Quote:

“Faith that grows must go.”

Main Point 7: Lent Prepares You to Shine

Explanation

Lent:

- Refines you

- Changes you
- Prepares you

Spiritual Truth

Spiritual discipline:

- Produces clarity
- Produces purpose

“Your Lenten journey should be changing you.”

Application

- How has Lent changed me?
- What is different?

Sticky Quote:

“Transformation prepares you to shine.”

Main Point 8: Light Reflects Love, Grace, and Truth

Explanation

Your light should show:

- Love
- Grace
- Truth

Spiritual Truth

Christ's light:

- Is not harsh
- Is life-giving

“Let your life reflect Christ's love.”

Application

- Am I reflecting Christ's character?
- How do I treat others?

Sticky Quote:

“Light shines through love.”

Main Point 9: You May Be Ahead of Someone Else

Explanation

You might be:

- Further along in your journey

Spiritual Truth

God uses you to:

- Guide others

“You can guide those behind you.”

Application

- Who can I mentor or encourage?
- Who needs guidance?

Sticky Quote:

“Your journey lights the way for others.”

Main Point 10: Let Jesus Be What You Share

Explanation

Not:

- Your opinions
- Your ideas

But:

- Jesus

“Let it be Him.”

Spiritual Truth

True impact comes from:

- Christ-centered lives

Application

- Am I sharing Jesus—or just myself?
- What message am I giving?

Sticky Quote:

“Share Jesus—not just words.”

Discussion Questions

1. What does it mean to you to be the “light of the world”?
 2. How has your life changed during Lent?
 3. What are you currently reflecting to others?
 4. Who in your life needs your light?
 5. What holds you back from sharing your faith?
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Practical Application Steps

1. Embrace Your Identity

- See yourself as a light

2. Reflect Christ Daily

- Live out His love

3. Share Your Story

- Tell others what God has done

4. Be Intentional

- Look for opportunities to shine

5. Point to Jesus

- Make Him the focus
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Closing Prayer

Father,
Thank You for calling us to be light.

Help us to reflect Your love,
Your grace,
and Your truth to the world.

Give us boldness to share
and wisdom to guide others.

May our lives shine brightly
so others can see You in us.

In Jesus' name, Amen.

Final Takeaway

You are the light of the world—let what God has done in you shine through you so others can find their way to Him.