

# **Bible Study Guide: Worship and Surrender – Putting God First**

 Source Transcript:

---

## **Big Idea**

**Worship is not just an activity—it is a lifestyle of surrender where God alone holds first place in our hearts, minds, and lives.**

---

## **Theme**

**Lent calls us to examine what we truly worship and to realign our lives so that God alone is the center, priority, and focus of everything we do.**

---

## **Core Scripture**

**Matthew 4:10–11**

**“Worship the Lord your God, and serve Him only.”**

---

## **Introduction: What Are You Worshiping?**

At the end of Jesus' wilderness testing:

- He makes a clear declaration
- God alone is worthy of worship

### **Key Insight:**

“What you give your time, attention, and value to is what you worship.”

### **The Challenge**

Worship is not just:

- Singing
- Church attendance

It is:

- How you live
- 

## **Main Point 1: Worship Is a Daily Choice**

### **Explanation**

Every day:

- You choose what to prioritize

### **Spiritual Truth**

Worship happens:

- Whether intentional or not

“Every day is a day of worship.”

### **Application**

- What am I choosing daily?
- What takes priority in my life?

### **Sticky Quote:**

“You are always worshipping something.”

---

## **Main Point 2: What You Value Reveals What You Worship**

### **Explanation**

Your focus shows:

- Your priorities

### **Spiritual Truth**

What you:

- Invest in
- Think about
- Chase

Reveals your worship

“What you hold valuable is what you worship.”

### **Application**

- What do I value most?
- Does it reflect God?

### **Sticky Quote:**

“Your values reveal your worship.”

---

## **Main Point 3: The World Competes for Your Worship**

### **Explanation**

Temptations include:

- Success
- Comfort
- Possessions

### **Spiritual Truth**

The world:

- Distracts
- Divides attention

“Many things try to take God’s place.”

### **Application**

- What competes with God in my life?
- What pulls my attention away?

**Sticky Quote:**

“Competing priorities divide devotion.”

---

**Main Point 4: God Alone Is Worthy of Worship**

**Explanation**

Jesus declares:

- Worship God only

**Spiritual Truth**

God:

- Deserves full devotion

“There will be no other worship.”

**Application**

- Is God first in my life?
- Or one of many things?

**Sticky Quote:**

“God deserves first—not part.”

---

## **Main Point 5: Worship Is a Lifestyle**

### **Explanation**

Worship includes:

- Thoughts
- Actions
- Decisions

“Worship is how you live.”

### **Spiritual Truth**

True worship:

- Is constant
- Is intentional

### **Application**

- How does my life reflect worship?
- What needs to change?

### **Sticky Quote:**

“Worship is not an event—it’s a lifestyle.”

---

## **Main Point 6: Serving God Flows from Worship**

### **Explanation**

Jesus says:

- Worship and serve

## **Spiritual Truth**

Service:

- Comes from devotion

“Serve Him only.”

## **Application**

- How am I serving God?
- Is it from a place of love?

## **Sticky Quote:**

“Worship leads to service.”

---

## **Main Point 7: Lent Calls for Realignment**

### **Explanation**

Lent invites:

- Reflection
- Refocus

## **Spiritual Truth**

It's a time to:

- Re-center life on God

“Lent wants you to worship God again.”

### **Application**

- What needs realignment?
- What is out of place?

### **Sticky Quote:**

“Lent resets your worship.”

---

## **Main Point 8: Spiritual Disciplines Strengthen Worship**

### **Explanation**

Practices include:

- Prayer
- Scripture
- Surrender

### **Spiritual Truth**

These:

- Deepen connection

“Let us pray, study, and surrender.”

## **Application**

- What habits build my worship?
- How consistent am I?

## **Sticky Quote:**

“Disciplines deepen devotion.”

---

## **Main Point 9: Surrender Aligns Your Heart with God**

### **Explanation**

Surrender means:

- Letting go
- Trusting God

### **Spiritual Truth**

When you surrender:

- God leads

“Let Your heart be our heart.”

### **Application**

- What do I need to surrender?
- Where do I need trust?

## **Sticky Quote:**

“Surrender aligns your heart.”

---

## **Main Point 10: True Worship Brings Transformation**

### **Explanation**

When God is first:

- Life changes

### **Spiritual Truth**

Worship leads to:

- Renewed mind
- Changed heart

“Let there be a change of heart.”

### **Application**

- How has worship changed me?
- What transformation is happening?

## **Sticky Quote:**

“Worship transforms your life.”

---

## **Discussion Questions**

1. What are you currently worshiping in your life?
  2. What competes with God for your attention?
  3. How can you make worship a daily lifestyle?
  4. What spiritual habits do you need to build?
  5. What needs to be surrendered to God?
- 

## **Practical Application Steps**

### **1. Identify Competing Priorities**

- Recognize distractions

### **2. Choose God First Daily**

- Start each day with Him

### **3. Build Worship Habits**

- Pray, read Scripture, surrender

### **4. Serve God Intentionally**

- Let worship lead to action

### **5. Live a Life of Surrender**

- Align your heart with God
- 

## **Closing Prayer**

Father,  
Help us to worship You alone.

Remove distractions,  
realign our hearts,  
and teach us to live for You daily.

Let our lives reflect Your presence  
and bring honor to Your name.

In Jesus' name, Amen.

---

## **Final Takeaway**

**Worship is not just something you do—it is who you are when God becomes the center of your life.**