

Bible Study Guide: Proverbs 6 – Wisdom for Daily Living

Overview

Author: Solomon

Theme: Avoiding destructive behaviors and embracing disciplined, wise living

Big Idea:

Wisdom protects us from unnecessary trouble, lazy living, harmful relationships, and moral failure.

Section 1: Avoiding Foolish Commitments (Proverbs 6:1–5)

Scripture (Key Verse)

“If you have been trapped by what you said... free yourself...” (v.2–3)

Main Point

Be careful what you commit to—especially financially or relationally—because careless promises can trap you.

Explanation

Solomon warns against co-signing or guaranteeing someone else's debt. In ancient culture, this could lead to

slavery if unpaid. The principle still applies today: **don't bind yourself to obligations you cannot control.**

Application

- Think before you say “yes”
- Avoid emotional or pressured commitments
- Seek counsel before major financial decisions

Discussion Questions

- Have you ever made a commitment you regretted?
- What guardrails can you put in place before saying “yes”?

Section 2: The Danger of Laziness (Proverbs 6:6–11)

Scripture (Key Verse)

“Go to the ant, you sluggard; consider its ways and be wise.” (v.6)

Main Point

Laziness leads to poverty, but diligence leads to provision.

Explanation

The ant works without supervision—no boss, no reminders—yet it prepares. Solomon contrasts this with the “sluggard” who delays and makes excuses.

Application

- Take initiative without being told
- Build consistent habits
- Avoid procrastination disguised as “rest”

Discussion Questions

- Where are you tempted toward laziness?
- What does disciplined living look like in your daily routine?

Section 3: The Character of a Trouble Maker (Proverbs 6:12–19)

Scripture (Key Verse)

“There are six things the Lord hates, seven that are detestable to Him...” (v.16)

The Seven Things God Hates

1. Proud eyes (arrogance)
2. Lying tongue
3. Hands that shed innocent blood
4. Heart that devises wicked schemes

5. Feet quick to rush into evil
6. False witness
7. One who stirs up division

Main Point

God opposes pride, deception, and division—these destroy individuals and communities.

Explanation

This section exposes the heart behind sinful behavior. These are not random sins—they reflect a **corrupt character**.

Application

- Examine your heart, not just your actions
- Be a peacemaker, not a divider
- Pursue humility and truth

Discussion Questions

- Which of these seven stands out most to you?
- How can you actively promote unity instead of division?

Section 4: The Value of Godly Instruction (Proverbs 6:20–23)

Scripture (Key Verse)

“For this command is a lamp, this teaching is a light...”
(v.23)

Main Point

God’s Word and wise instruction guide and protect your life.

Explanation

Solomon emphasizes the importance of holding onto teaching—especially from parents and God’s law. Wisdom becomes a **guiding light in darkness**.

Application

- Stay rooted in Scripture daily
- Value spiritual mentorship
- Let truth guide decisions, not feelings

Discussion Questions

- Who has been a source of wisdom in your life?
- How are you staying connected to God’s Word?

Section 5: Warning Against Sexual Temptation (Proverbs 6:24–35)

Scripture (Key Verse)

“Can a man scoop fire into his lap without his clothes being burned?” (v.27)

Main Point

Sexual sin is destructive and leaves lasting consequences.

Explanation

Solomon uses powerful imagery: **playing with temptation is like playing with fire.** Adultery brings not just guilt—but damage, shame, and broken trust.

Application

- Set boundaries before temptation comes
- Guard your eyes, mind, and environment
- Understand sin’s consequences before acting

Discussion Questions

- Where are modern areas of temptation (media, relationships)?
- What practical boundaries can you establish today?

Key Takeaways from Proverbs 6

- **Be cautious with commitments** – Don't trap yourself
 - **Work diligently** – Laziness leads to lack
 - **Guard your character** – God cares about your heart
 - **Stay grounded in truth** – Wisdom is your guide
 - **Flee temptation** – Don't play with sin
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Life Application Challenge

This week, choose **ONE area** to apply:

- Commit to a disciplined daily routine
 - Remove a source of temptation
 - Reconcile a broken relationship
 - Spend intentional time in God's Word daily
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Closing Prayer

“Lord, give me wisdom to make wise decisions, discipline to live faithfully, and strength to resist temptation. Shape my heart to reflect Your truth and lead me in paths of righteousness. Amen.”