

Bible Study: Proverbs 5

Title: “Guarding Your Heart and Your Path”

1. Author & Context

- **Author:** Solomon
- **Audience:** Primarily young men, but applies to all believers
- **Purpose:** A warning against sexual temptation and a call to faithfulness

Context:

Solomon writes as a father urging his son to **avoid destructive relationships and pursue a life of integrity and commitment.**

2. Key Scripture (Written Out)

Proverbs 5:3–5

“For the lips of the adulterous woman drip honey, and her speech is smoother than oil; but in the end she is bitter as gall, sharp as a double-edged sword. Her feet go down to death; her steps lead straight to the grave.”

3. Chapter Breakdown & Teaching Points

Point 1: Temptation Looks Good at First (vv. 1–6)

Main Truth:

Sin is attractive on the surface—but destructive underneath.

Description in the Text:

- “Drips honey” → appealing
- “Smooth as oil” → persuasive
- Ends in bitterness and destruction

Teaching Insight:

- Sin never advertises its consequences
- It sells pleasure, hides pain

Application:

- Be cautious of what looks “too good”
- Recognize spiritual deception early

Supporting Scripture:

- James 1:14

“Each person is tempted when they are dragged away by their own evil desire...”

Sticky Quote:

“Sin makes promises it cannot keep.”

Point 2: Stay Far from Temptation (vv. 7–14)

“Do not go near the door of her house...”

Main Truth:

Distance is protection.

Warning:

- Don’t flirt with temptation
- Don’t get close enough to fall

Consequences Listed:

- Loss of honor
- Loss of strength
- Regret and shame

Application (Men’s Focus):

- Guard what you watch
- Guard your conversations
- Set boundaries early

Supporting Scripture:

- 1 Corinthians 6:18

“Flee from sexual immorality...”

Sticky Quote:

“You don’t fight temptation by getting closer—you win by walking away.”

Point 3: Sin Always Costs More Than You Think (vv. 9–14)

Main Truth:

The price of sin is always higher than expected.

Costs Mentioned:

- Time
- Energy
- Reputation
- Emotional and spiritual damage

Key Insight:

- Sin doesn’t just affect you—it impacts others

Application:

- Think long-term, not just momentary

- Consider the legacy you are building

Sticky Quote:

“A moment of compromise can create a lifetime of consequences.”

Point 4: Find Joy in Faithfulness (vv. 15–20)

“Drink water from your own cistern...”

Main Truth:

God’s design for relationships is good and satisfying.

Meaning:

- Be faithful in marriage
- Find joy in commitment
- Celebrate what God has given you

Teaching Insight:

- God is not against pleasure—He designed it
- He is against what destroys it

Application:

- Invest in your marriage
- Stay committed in your relationships

Supporting Scripture:

- Hebrews 13:4

“Marriage should be honored by all...”

Sticky Quote:

“God’s way doesn’t restrict joy—it protects it.”

Point 5: God Sees Everything (vv. 21–23)

“For your ways are in full view of the Lord...”

Main Truth:

Nothing is hidden from God.

Key Insight:

- God sees:
 - Actions
 - Motives
 - Private decisions

Warning:

- Sin traps and enslaves
- Lack of discipline leads to destruction

Application:

- Live with accountability before God
- Build self-control and discipline

Supporting Scripture:

- Hebrews 4:13

“Nothing in all creation is hidden from God’s sight...”

Sticky Quote:

“You may hide it from people, but you can’t hide it from God.”

4. Major Themes

1. The Deception of Sin

- It looks good but leads to destruction

2. The Importance of Boundaries

- Distance protects your future

3. The Cost of Compromise

- Sin always takes more than it gives

4. The Value of Faithfulness

- God’s design leads to joy and stability

5. Accountability Before God

- Live knowing God sees everything

5. Life Application

Reflection Questions

1. Where am I most vulnerable to temptation?
2. Am I getting too close to something I should avoid?
3. What boundaries do I need to put in place?
4. Am I honoring God in my relationships?

Action Steps

- **Remove triggers** that lead to temptation
- **Set clear boundaries** in relationships and media
- **Stay accountable** with trusted believers
- **Invest in what God has already given you**

6. Teaching Outline (Quick Use)

Title: *Guarding Your Heart and Your Path*

1. Recognize the Deception of Sin
2. Stay Far from Temptation
3. Count the Cost of Compromise
4. Choose Faithfulness
5. Live Accountable Before God

7. Big Idea

“Sin promises pleasure but delivers pain—God’s way protects your life, your heart, and your future.”