

# **Bible Study Guide: Get in the Flow – From Receiving to Living Out Your Faith**

 Source Transcript:

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## **Big Idea**

**The Christian life is not about simply receiving from God—it’s about being filled and then sent out to use your gifts to impact others and advance His kingdom.**

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## **Theme**

**This study challenges believers to move from passive faith (consuming church) to active faith (living sent), embracing their role in the body of Christ and using their God-given gifts daily.**

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## **Core Scriptures**

### **1 Corinthians 12:18**

“God has placed the parts in the body, every one of them, just as He wanted them to be.”

### **Luke 9:1–2**

“When Jesus had called the Twelve together, He gave them power and authority... and He sent them out to proclaim the kingdom of God and to heal.”

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## **Introduction: Faith Is Meant to Flow**

The church is:

- Not a destination
- But a source

### **Key Insight:**

“Faith is meant to flow in and then flow out.”

### **The Problem**

- Many believers only receive
  - Few actively go and share
  - Faith becomes an “add-on” instead of a lifestyle
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## **Main Point 1: The Church Is a Source, Not the Finish Line**

### **Explanation**

Church should:

- Fill you spiritually

But not:

- Be the end goal

## **Spiritual Truth**

You are meant to:

- Be sent out

“We flow out of the church into the world.”

## **Application**

- Am I just attending church?
- Or being sent from it?

## **Sticky Quote:**

“Church fills you—mission sends you.”

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## **Main Point 2: Faith Must Flow Outward**

### **Explanation**

Faith is like:

- A pipeline

## **Spiritual Truth**

It must:

- Flow into others

“There must be a pouring in and a pouring out.”

### **Application**

- Who am I pouring into?
- Where is my faith going?

### **Sticky Quote:**

“Faith that doesn’t flow becomes stagnant.”

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## **Main Point 3: Every Believer Has a Gift**

### **Explanation**

You are:

- Uniquely wired

### **Spiritual Truth**

God has:

- Positioned you intentionally

“God has placed each part where He wants it.”

### **Application**

- What are my gifts?
- Am I using them?

### **Sticky Quote:**

“You are placed on purpose.”

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## **Main Point 4: The Body of Christ Needs Every Part**

### **Explanation**

No one is:

- Unnecessary

### **Spiritual Truth**

We are:

- Interdependent

“The eye cannot say to the hand, ‘I don’t need you.’”

### **Application**

- Am I contributing to the body?
- Or sitting on the sidelines?

### **Sticky Quote:**

“Every part matters.”

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## **Main Point 5: The Church Is the Training Ground**

### **Explanation**

Church is where we:

- Learn
- Grow
- Practice

## **Spiritual Truth**

It prepares us to:

- Go into the world

“We learn it in the body, then live it out.”

## **Application**

- Am I applying what I learn?
- Or just hearing it?

## **Sticky Quote:**

“Church prepares you—life is the mission.”

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## **Main Point 6: You Are Sent with Purpose**

### **Explanation**

Jesus:

- Sent His disciples

### **Spiritual Truth**

You are also:

- Sent

“He sent them out to proclaim.”

### **Application**

- Do I see myself as sent?
- What is my mission?

### **Sticky Quote:**

“You are sent, not stuck.”

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## **Main Point 7: Sharing Your Faith Is Not Optional**

### **Explanation**

Every believer is called to:

- Witness

### **Spiritual Truth**

You don't need:

- Perfection

You need:

- Willingness

“Every believer is supposed to witness.”

## **Application**

- Am I sharing my faith?
- What’s holding me back?

## **Sticky Quote:**

“Witnessing is your calling.”

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## **Main Point 8: It Often Starts Small**

### **Explanation**

Impact doesn’t require:

- Big platforms

### **Spiritual Truth**

Small acts:

- Matter deeply

“It may just be a conversation.”

### **Application**

- Who can I speak to today?
- What small step can I take?

### **Sticky Quote:**

“Small obedience creates big impact.”

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## **Main Point 9: Jesus Must Be Lord, Not an Add-On**

### **Explanation**

Faith is not:

- A side activity

### **Spiritual Truth**

Jesus wants:

- Full authority

“Faith cannot be an add-on.”

### **Application**

- Is Jesus Lord of my life?
- Or just part of it?

### **Sticky Quote:**

“Jesus is either Lord—or not.”

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## **Main Point 10: Real Faith Changes How You Live**

### **Explanation**

If Jesus is Lord:

- Everything changes

## **Spiritual Truth**

Faith impacts:

- Decisions
- Behavior
- Priorities

“It affects every rhythm of your life.”

## **Application**

- What areas need alignment?
- What must change?

## **Sticky Quote:**

“Faith reshapes your life.”

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## **Main Point 11: The Early Church Lived Fully Committed**

### **Explanation**

Early believers:

- Risked everything

## **Spiritual Truth**

They saw Christ as:

- Worth it

“They gave everything for Christ.”

## **Application**

- What am I holding back?
- What would full commitment look like?

## **Sticky Quote:**

“True faith costs—but it’s worth it.”

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## **Main Point 12: Using Your Gifts Brings Purpose**

### **Explanation**

Ignoring your gifts leads to:

- Emptiness

### **Spiritual Truth**

Using them brings:

- Fulfillment

“If you feel lost, you’re ignoring your gift.”

## **Application**

- Am I using my gifts?
- Where can I start?

## **Sticky Quote:**

“Purpose is found in participation.”

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## **Discussion Questions**

1. Do you see church as a destination or a sending place?
  2. What gifts has God given you?
  3. Where are you currently using (or not using) your gifts?
  4. Is Jesus truly Lord of your life?
  5. What small step can you take this week to live sent?
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## **Practical Application Steps**

### **1. Identify Your Gifts**

- Reflect on how God has wired you

### **2. Take One Step**

- Start small

### **3. Engage Daily**

- Look for opportunities

### **4. Share Your Faith**

- Speak about Jesus

### **5. Stay in the Flow**

- Keep receiving and giving

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### **Closing Prayer**

Father,  
Thank You for giving us purpose.

Help us to move from receiving  
to living out our faith.

Show us our gifts,  
give us boldness to use them,  
and lead us to impact others.

Let our lives flow with Your Spirit  
and reflect Your love.

In Jesus' name, Amen.

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## **Final Takeaway**

**You were not created to simply receive from God—  
you were created to be filled, sent, and used to bring  
His hope and truth to the world.**