

FBF SUNDAY MORNING WORSHIP
THE SECRET OF STRENGTH
Philippians 4:10–13

INTRODUCTION

Our circumstances often determine the condition of our hearts. When life goes well, we rejoice. When hardship comes, our joy often disappears. Paul writes from a Roman prison to teach us that true strength is not found in favorable circumstances but in Christ alone.

MAIN IDEA

Christ does not merely strengthen us to accomplish great things; He strengthens us to remain faithful through every circumstance He ordains.

I. CHRIST T____ THE LESSON OF CONTENTMENT
(*Philippians 4:10–11*)

- Paul rejoiced in the Lord, not merely in the gift.
- Christ was enough before the provision, and after it.
- Biblical contentment is learned, not inherited.
- Contentment is the settled confidence that Christ is sufficient regardless of my circumstances.

Key Scriptures: Hebrews 13:5; Habakkuk 3:17–18; 1 Timothy 6:6–8

II. CHRIST T____ US THROUGH THE CIRCUMSTANCES
(*Philippians 4:12*)

- Every circumstance becomes another lesson in God's curriculum.
- Prosperity can test us just as much as adversity.
- God exposes our hearts before He transforms our hearts.
- God is doing more than changing our circumstances, He is changing us through them.

Key Scriptures: James 1:2–4; Romans 5:3–5; 1 Peter 1:6–7

III. CHRIST S____ THE STRENGTH FOR FAITHFULNESS
(*Philippians 4:13*)

- The context of Philippians 4:13 is faithfulness, not achievement.
- Christ empowers us to obey His will in every circumstance.
- God's strength is perfected in our weakness.
- Whatever Christ commands, He enables.

Key Scriptures: 2 Corinthians 12:9–10; Isaiah 40:31; John 15:5

APPLICATION

1. Is Christ enough in your present circumstances?
2. What is God teaching you through this season?
3. Are your circumstances controlling your heart, or is Christ?
4. Are you relying on your strength or Christ's?