

Small Group Study: Reset My Heart

What does it mean to “reset” something?

Talk about something you have had to “reset” before.

Read Psalm 24.

- What does this passage tell us about people?
- What does this passage tell us about God?
- What does this passage tell you about yourself?
- What do you believe God wants you to do about what you have read?

According to most scholars that passage was written for the occasion of bringing the Ark of the Covenant back into Jerusalem as a song to sing to God’s glory.

We read about that occasion in 2 Samuel 6.

Why was the Ark of the Covenant missing from Jerusalem? Do you remember what caused it to be taken away? (Read 1 Samuel 4:1-11)

Think about God’s covenant with His people. What did God want His people to do in order to have the promise of His protection and provision?

So why did the Ark get taken away?

In the sermon, Tim mentioned the need to “reset our hearts and say yes to Jesus.”

It seems like the Israelites did not say “yes” to God. They said, “maybe” to God. They did not reject God wholeheartedly. They wanted to keep God on a string to be used when they thought they needed Him. Why do you think that would be unacceptable to God?

They needed a “reset of the heart”. What would that mean in practical terms?

Do we ever say “maybe” to God? We don’t absolutely reject Him, but we are hesitant to wholeheartedly accept Him. So we fall somewhere in between where we call God when we want Him but pay Him no attention otherwise. Is that a realistic picture of what people often do?

How can we overcome this temptation?

Tim mentioned 3 by-products of a reset heart from Psalm 24. Discuss each of them.

1. Those with reset hearts reject impurity. (v. 3)
2. Those with reset hearts trust in Jesus alone. (v. 4) What do they not trust in?
3. Those with reset hearts stand in God’s holy place. (v. 4) How can we come into the presence of God?

Do you need a reset heart? What can you do to “reset your heart” and say “yes” to Jesus?

Prayer: