

Adult Study: Life is About Growing
Col. 2:7; Rom. 12:2; Jn. 15:5; Col. 1:6

Think about how you wanted to grow up when you were little. Were you impatient and want to be grown up at an early age or were you happy just to be a kid?

What has changed since you have grown up?

The Big Idea: *If we don't grow spiritually, we die spiritually.*

Read Acts 2:42

What was the first thing the early Christians committed themselves to do? Why do you think this was important to them?

1. Life is about growing

Read Colossians 2:6-7

What happens when a tree stops growing? What happens to us when we stop growing spiritually?

What do you think are signs of spiritual growth?

2. Growing is about transformation (Rom. 12:2).

Read Romans 12:1-2

What do you think it means "to be transformed"?

Read Romans 8:29

What does it mean to be "conformed"?

Spiritual growth is being transformed and conformed.

Can we become more like Christ? Can you describe what Jesus was like? Are there qualities that Jesus had that you aspire to have?

How often should we be renewed? How do we become transformed?

Bible Study Method:

- **Read and record** in your own words what the text says.
- What does this teach me about **God/Jesus/Holy Spirit**?
- What **commands** are there for me to follow?
- What **promises** are there for me to believe in? Are there any conditions to these promises?
- What **sins** are there for me to avoid?
- Are there **new thoughts** I would like to pursue and learn more about?
- After reading, **what is that God wants me to do?** This is the application phase.

3. The purpose of growth is to reproduce.

Read to John 15:5-8.

What does this teach us about the importance of "bearing fruit"?

What does "bearing fruit" mean?

When it comes to your spiritual health, is it better to be flabby or fit?

Remember that if you don't grow spiritually you will die spiritually!

Prayer:Current Study