

Adult Study | "Jesus, Reset My Hands"

Luke 5:17-26

Core Truth

Once we are reset by Jesus, we get to join him in his work, which always involves freeing those in bondage, embracing those in isolation, and loving even the unlovely in our midst.

Talk about a time when someone reached out to help you when you were in need. Did this cause you to give God the glory?

"Reset hands work for the glory of God."

Read Matthew 11:5. What work did Jesus do? Knowing that Jesus was involved in helping others, how should we respond?

Read and discuss Luke 5:17-26.

- What does this passage tell us about people?
- What does this passage tell us about Jesus?
- What does this passage tell you about yourself?
- What does Jesus want you to do?

Focus on those four friends. They went above and beyond to help their friend in need. When it seemed they could not accomplish their task, they found a way. What lesson does this teach us?

Why would we do this? Why would we go to so much trouble to help someone?

Read Galatians 5:13-15. Discuss what Paul taught about the way to use our freedom.

Do you believe it is true that “reset hands will serve others”? Why or why not?

Read Galatians 5:16-21. Discuss this list and possibly the one thing on the list that many people overlook (selfish ambition). How does “selfish ambition” get in the way of “reset hands”?

Read Galatians 5:22-26. Discuss how the Spirit moves us to use our reset hands to help others? What does the fruit of the Spirit have to do with our motivations?

When Jesus resets our hearts (to have faith in Him), our minds (to think like He thinks), our voices (to speak to His glory) and our hands (to be used for His glory) we will discover the life that is truly life, the life that God is calling us to.

What needs to happen for you to allow Jesus to reset your hands? Have you allowed Him to reset your heart? Your mind? Your voice?

How can we pray for you?

Prayer: “Jesus, reset our hands.”