

ANCHORED: A 5-Day Bible Reading Plan and Devotional Guide

Day 1: The Anchor Before the Storm

Reading: Hebrews 6:17-19

Devotion: In Hebrews 6:17-19, the writer describes hope in God as an anchor for the soul, firm and secure. An anchor is only as good as what it is fastened to. Before any storm arrives, the question every believer must answer is this: what is my life actually fastened to? Success, position, and provision feel like solid ground until the winds rise. Paul entered the storm already anchored. His surrender to God's will was not a crisis decision made aboard a sinking ship. It was a conviction formed long before the clouds gathered. Anchor yourself now, while the skies are still clear. **Reflection:** What are you currently trusting to hold you steady when difficulty comes? **Application:** Identify one worldly anchor you have been relying on and bring it honestly before God in prayer today.

Day 2: Giving Way Without Giving Up

Reading: Psalm 46:1-3, 10-11

Devotion: Psalm 46 declares that God is a refuge and strength, a present help in times of trouble. Even when the earth gives way and mountains fall into the sea, the believer is not without foundation. The sailors in Acts 27 gave way to the storm because they had no choice. But giving way to circumstances is not the same as abandoning faith. There is a holy surrender that says, "I cannot control this, but God is still God." The storm may take the wheel, but it cannot take your soul. Stillness in chaos is not weakness. It is the fruit of a life anchored in the unchanging character of God. **Reflection:** Is there a situation in your life right now where you need to release control while still trusting God? **Application:** Spend five minutes in silence today, practicing the discipline of stillness before God rather than striving for solutions.

Day 3: Positioned to Hear God in the Storm

Reading: 1 Kings 19:11-13

Devotion: In 1 Kings 19:11-13, the prophet Elijah discovers that God's voice was not in the wind, the earthquake, or the fire, but in the gentle whisper that followed. Paul, in the middle of a violent storm on the open sea, was still positioned to receive a message from God. He had not allowed fear, chaos, or despair to drown out the voice of the One he served. The storms of life are loud. They demand our full attention. But the believer who has cultivated a life of prayer, Scripture, and surrender will find that even in the noise, God still speaks. The storm does not silence God. It tests whether we are still listening. **Reflection:** How has fear or anxiety made it difficult for you to hear from God during a difficult season? **Application:** Before reading the news or checking your phone tomorrow morning, spend the first ten minutes of your day reading Scripture and sitting quietly before God.

Day 4: The Providence of God and an Indestructible Purpose

Reading: Jeremiah 29:11; Romans 8:28-29

Devotion: Jeremiah 29:11 records God's declaration that His plans for His people are plans for a future and a hope, not for disaster. Romans 8:28-29 assures believers that God works all things together for the good of those who love Him and are called according to His purpose, shaping them into the image of Christ. Paul was not afraid of the storm because he understood a profound truth: the man or woman living in the will of God cannot be taken out before God is ready to bring them home. The storm was not the end of Paul's story. It was part of the journey. Your storm is not the end of your story either. God's purpose for your life does not drown. **Reflection:** Do you genuinely believe that God's purpose for your life is still intact, even in the middle of your current storm? **Application:** Write down one area of your life where you have struggled to trust God's providence.

Day 5: The Only Anchor That Holds

Reading: Colossians 3:1-4; Matthew 7:24-27

Devotion: In

Colossians 3:1-4, Paul urges believers to set their minds on things above, where Christ is seated, rather than on earthly things. In Matthew 7:24-27, Jesus concludes the Sermon on the Mount by describing two builders: one who built on rock and one who built on sand. When the storm came, only one house stood. The four anchors the sailors threw from the stern did not hold. Worldly anchors never do. Status, power, wealth, and position all slipped away the moment the storm intensified. But Paul stood unmoved because he was not anchored to any of those things. He was anchored to Christ. When the storm comes, and it will come, only one anchor holds. Build now. Anchor now. The time to prepare is before the storm, not during it. **Reflection:** If a storm stripped away your career, your reputation, your finances, and your comfort, what would remain of your faith? **Application:** Take an honest inventory of your spiritual life this week. Are you building on rock through consistent prayer, Scripture, worship, and community? Choose one of those disciplines to strengthen beginning today.