

# What's wrong with Valentine's Day?

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Pastor John Louis-Ugbo, Sr.

The holiday has been hijacked to turn a profit. Instead of truly celebrating true love...I Cor. 13:3-7

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It places romance (Eros) over other kinds of love... Agape and Phileo...

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Romance is based on emotions but love is based on actions

Romance is based on expectations but love is based on grace

# It's turned into singleness 'awareness day'

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Don't allow yourself to be frustrated by what is not there  
Stop allowing your value or happiness to be determined by ...

Phil 4:7 "Guard your heart..."



It makes expressions of love seem  
reserved only for special occasions

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There are many ways to show love to someone you love.

# Some creative ways to show love

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- Tell your spouse you support them and are praying for them
- A kiss every day keeps the lawyers away
- Finding your love couch and spending time doing what you both enjoy together
- Going out on periodic dates without children
- Giving massages when you can
- Making that dish he likes
- Calling or texting from work
- Picking up a gift on your home
- Remember the grass is always greener where you place water and fertilizer – every day is V-DAY



It glorifies emotional pornography

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Avoid pornography

Avoid sensuality