

Release

disciples

Welcome to The Well!

Thank you so much for joining us today! We are so happy that you are here with us! If you call this your home or are just passing through you matter to us and, more importantly, to God! We will begin with a few songs, share a message of life-change, and end with a time of worship & reflection. We hope you leave today filled with hope and peace!

Lou & Kristen - Lead Pastors



Fall Costume Party @ Pastor's! October 31st 5-8 PM. Bring apple cider and a snack to share. If you want to swim, make sure to bring a bathing suit and change of clothes! More treats than trick or treating!

Pastor Appreciation Lunch! TODAY immediately following service! Enjoy some lunch from our chili and baked potato bar and write a Thank You Note to Pastor and his family!

Join us for a Pastor **Appreciation Lunch** Sunday, October 17th 2021, right after church service! We will have a baked potato and chili bar for all to enjoy! Don't forget to write a note of appreciation for our pastors!





Reach

people

Are you a new believer? Or have you recommitted your life to Christ? If so, we have an opportunity for you to be baptized! Baptism Sunday is October 31st! Sign up at thewellts.com/baptism or via The Church App and we will send you the info!

We are excited to have Dr. Eldon Wilson preaching October 24th here at The Well! Dr. Eldon is an accomplished pastor, speaker, and teacher who has travelled to over 158 countries preaching the gospel!







OWN THE VISION

Raise

followers



or via our app

Envelope Put your offering in an envelope and place it in the offering bucket as it goes around

Text

Text "wellgiving" to 206-859-9405

Discipline Over Regret | I Choose

¹⁵ <u>I don't really understand myself</u>, for I want to do <u>what is right</u>, but I <u>don't do it</u>. Instead, <u>I do what I hate</u>...¹⁸ I want to do <u>what is right</u>, but <u>I can't</u>. ¹⁹ I want to do <u>what is</u> <u>good</u>, but <u>I don't</u>. <u>I don't want to do what is wrong</u>, <u>but I do it anyway</u>... ²⁴Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in <u>Jesus Christ our Lord</u>. Romans 7:15, 18b-19, 24-25 NLT

I CHOOSE pain of DISCIPLINE over the pain of REGRET.

Discipline is choosing between _____ and what matters ______

²⁴ Don't you realize that in a race everyone runs, but only one person gets the prize? So <u>run to win</u>! ²⁵ All athletes are <u>disciplined in their training</u>. They do it to win a prize that will fade away, but we do it for an <u>eternal prize</u>. 1 Cor 9:24-25 NLT

Do now-what helps me achieve what I want most.

WHAT DO YOU WANT MOST?

What choices do you make ______ to achieve what you want ______

So I run with <u>purpose in every step</u>. I am not just shadowboxing. ²⁷ <u>I discipline my body</u> like an athlete, <u>training it to do what it should</u>. 1 Cor 9:24-27 NLT

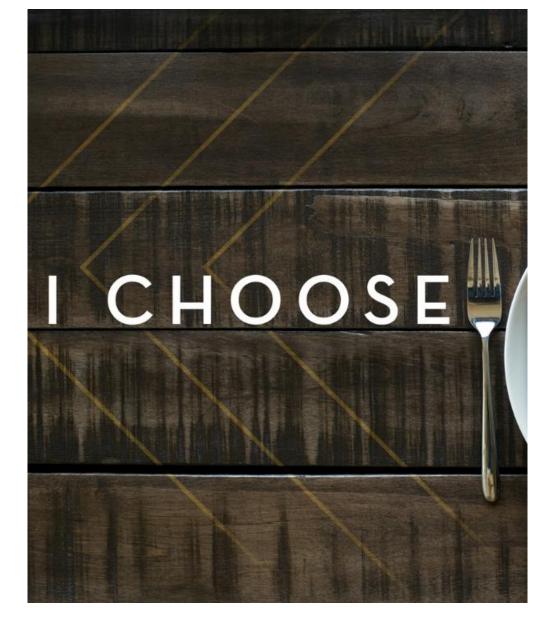
There is _____ in every step!!

Look at what you wrote down first question—What you want most.

If you don't do something about it—Biggest regret.

Refuse to be shortsighted—Refuse to be plagued by regrets!

Running to win eternal prize!



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