

Welcome to The Well!

Thank you so much for joining us today! We are so happy that you are here with us! If you call this your home or are just passing through you matter to us and, more importantly, to God! We will begin with a few songs, share a message of life-change, and end with a time of worship & reflection. We hope you leave today filled with hope and peace!

Low & Kristen - Lead Pastors

OWN THE VISION

Reach **Raise** **Release**

people followers disciples

THE CHURCH APP

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Available on the App Store and Google Play

Text TheWellAG to 1-(888) 364-4483 to download

LIKE SOMETHING YOU HEARD TODAY?

- 01 **GOOD GRACE**
HILLSONG UNITED
- 02 **GRATITUDE**
BRANDON LAKE
- 03 **ALWAYS GOOD**
THE MCCLURES

2022

Happy

Wishing our church family and friends a happy and healthy New Year! We love and appreciate all of you and cannot wait to see what God does in and through our church this year! The best is yet to come.

Download "The Church App" from your iPhone or Google Play app store! Give easily, listen to sermons, view upcoming events, receive important notifications and more!

NEW WOMEN'S BIBLE STUDY!
WEDNESDAYS
12:00PM - 2:00PM

Let's get into the Word of God and challenge ourselves to read the Bible in a year!

Join us at Women's Bible Study as we journey through the Bible together! Fell behind over the holidays? No worries! Just keep following along. Wednesdays from 12:00pm - 2:00pm! Join us January 5th!

HOW WE GIVE

Online

Give online at www.thewellts.com/give or via our app

Envelope

Put your offering in an envelope and place it in the offering bucket as it goes around

Text

Text "wellgiving" to 206-859-9405

New Year, Same Me

- **80% of New Year's resolutions fail by the second week of February.**

Don't you realize that in a race everyone runs, but only one person gets the prize? **So run to win!** ²⁵All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. ²⁶So I run with purpose in every step. I am not just shadowboxing. ²⁷I discipline my body like an athlete, training it to do what it should. ... 1 Corinthians 9:24-27 NLT

- **You've been trying for too long. Start _____**
 - o Trying never achieves consistent results. Training does.
- _____ **is an attempt to change with minimal commitment.**
- _____ **is wholehearted commitment to achieve a specific result.**

Everyone who competes in the games goes into strict training. - 1 Corinthians 9:25 NIV

- agonizomai—to contend for victory, to strain every nerve toward the goal

... train yourself to be godly. 1 Timothy 4:7 NIV

- Training is doing what I can do today to enable me to do even more tomorrow.

So I run with purpose in every step. I am not just shadowboxing. ²⁷I discipline my body like an athlete, training it to do what it should. ... 1 Corinthians 9:26-27

WE TRIED BEFORE; NOW, IN 2022, WE ARE GOING TO TRAIN BECAUSE THE BATTLE IS ALWAYS HERE!

We win when we become more of who God created us to be. Who do you think God created you to be? Is there a goal you've been trying to meet without success? How could you train in order to reach your goal?

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