#### September 6th 2020

#### Reach. Raise. Release.



Release

disciples

### Welcome to The Well!

Thank you so much for joining us today! We are so happy that you are here with us! If you call this your home or are just passing through you matter to us and, more importantly, to God! We will begin with a few songs, share a message of life-change, and end with a time of worship & reflection. We hope you leave today filled with hope and peace!

Low & Kristen - Lead Pastors

# MARRIAG ONE NIGHT LIVESTREAM EXPERIENCE LEARN MORE AT MARRIAGENIGHT.ORG

Join us for our Marriage Night Simulcast! September 25<sup>th</sup> from 6:30 – 9:00 pm! \$15/person \$30/couple. Soon to be engaged, engaged, & married couples welcome! Meal and childcare provided! Sign-up online at www.thewellts.com/events or on the church app! You must sign up through the link to attend!



## LIKE SOMETHING YOU HEARD TODAY?

- **HOUSE OF** MIRACLES **BETHEL MUSIC / BRANDON LAKE**
- GREAT ARE YOU LORD ALL SONS & DAUGHTERS
- WORTHY OF IT ALL DAVID BRYMER

#### **FUSION**

Join us for Fusion: Family Fridays each Friday night at 6:30pm - 8:30pm! Dinner starts at 6:30pm and we have classes for all ages!

This month's theme is Make A Splash! We will have a huge water slide and games for our students. Childcare for 0-6 years is provided!



Reach

people

#### Join us at Next Steps!

If you are new to The Well and have never attended a Next Steps class, we welcome you to join us September 27<sup>th</sup> immediately following service to meet our pastor, ask questions, and learn more about us! Light snacks and water provided.

Want to get involved? Join our **Dream Team! Fill out our serve form** at www.thewellts.com/serve or visit our app to get started!

Want to go touch free?

Download our church app!

**OWN THE VISION** 

Raise

followers

Find electronic sermon notes, bulletins, online giving, and upcoming events all in the app!



Visit www.subsplash.com/thewellag/app or search "The Church App" in your app store!









Text "wellgiving" to 206-859-9405

# **HOW WE GIVE**



Put your offering in an envelope and place it in the offering bucket as it goes around

#### A New Normal: A New Rhythm

[Exodus 20:8-11] 8 "Remember the Sabbath day, to keep it holy. 9 Six days you shall labor, and do all your work, 10 but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. 11 For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore, the LORD blessed the Sabbath day and made it holy.

#### You can't sprint in life and walk with Jesus at the same time.

#### Sabbath is not \_\_\_\_\_

#### but rest.

Jesus confronted the Pharisees when he said [Mark 2:27] 27 And he said to them, "The Sabbath was made for man, not man for the Sabbath."

That means the Sabbath is a gift, a God-ordained command to stop and rest.

#### Sabbath is not \_\_\_\_\_ but presence.

[Isaiah 58:13-14a] 13 "If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the LORD honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; 14 then you shall take delight in the LORD, and I will make you ride on the heights of the earth."

#### Sabbath is not \_\_\_\_\_ but rhythmic.

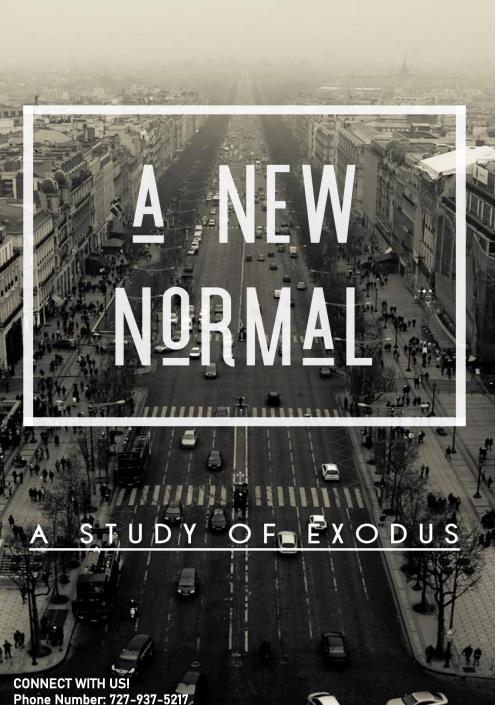
[Hebrews 4:11a] 11 Let us therefore strive to enter that rest.

It's a little disorienting to see "strive" and "rest" in the same sentence. But that striving is about fighting to set aside and protect that Sabbath time each week, to clear the deck so that you can experience God's rest and his presence.

# What can your new normal look like if Sabbath rest is a non-negotiable part of it?

Notes:

Need Wi-Fi? The Well TS // Password: mychurch1 // Electronic Sermon Notes? Find them in our app by clicking "This Sunday's Message" and selecting this week's sermon! Or online at www.thewellts.com/media using the link under the live stream.



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