

SFFKING FOR TRFASIIRE BE STILL

Psalm 46: 1-11

- 1. God is our refuge and strength, always ready to help in times of trouble. (vs 1)
 - A. Refuge = shelter, the person to whom one flees.
- 2. The Lord of Heavens Armies is here among us; the God of Israel is our fortress. (vs 7 & 11)
 - A. Fortress = Immoveable refuge, strong, solid.
- 3. Be still and know that I am God. (vs 10)
 - A. We can be still because God is all of the above.
 - B. "Be still" is directly linked to "I am God."
- 4. What does it mean to be still?
 - A. When courage is gone.
- 5. When God says, "be still."
 - A. In the battle. 2 Chronicles 20:17
 - B. In the storm. Mark 4:39
 - C. In His <u>presence</u>. Psalm 37:7