

SESSION NOTES



THE LAW OF INCREASE - SOWING AND REAPING

Scriptures for self-study

Imagine standing in front of a field, holding in your hand corn seeds if you sow the seed and nurture it you will get corn.

Galatians 6:7 NKJV

7 Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap.

- The seed determines the harvest.
- Whatever you sow you will reap.

1. It's not if, it is when

- o You cannot side step the principle of seed, time, harvest.
- o If you sow excellence you will reap promotion.
- o Your harvest may not come immediately but it will come.

2. Every area of life is a field

- o Every area of life will produce a harvest based on the seeds you have sown.
- o Your words, time, effort, service, giving and attitude are seeds.
- o Your future is determined by the seeds you sow today.
- o Your life right now is a result of the seeds you sowed in the past, whether intentionally or carelessly.
- o Your words are like seeds what you speak you will eventually eat.
- o If you want a better harvest in the future, you need to start sowing better seeds today.

Proverbs 18:21 NKJV

21 Death and life are in the power of the tongue, and those who love it will eat its fruit.

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3. You can choose the harvest

- The power is in your hands.
- The seed in my hand will determine the future harvest
- You have control over what you sow.
- You sow time with God you will reap revelation and spiritual strength.
- You sow generosity you will reap abundance.
- Your future is not determined by luck or fate it is shaped by your seeds.

4. The law works both ways

- This law works positively and negatively as well.
- If you do not like what is growing in your life, check what you have been planting.
- Everything we do not only impacts today it impacts my future.
- What do I need to sow today to harvest a great future?

Hosea 10:12-13 NKJV

12 Sow for yourselves righteousness; reap in mercy; break up your fallow ground, for it is time to seek the Lord, till He comes and rains righteousness on you. 13 You have plowed wickedness; you have reaped iniquity. You have eaten the fruit of lies, because you trusted in your own way, in the multitude of your mighty men.

5. God Multiplies what you plant

- What you sow does not come back in the same fold.
- God adds His supernatural increase to every seed sown in faith and obedience.
- Small actions done with the right heart, carry great power.

Luke 6:38 NKJV

38 Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you."

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Practical Application (Take out a pen and paper)

- Identify the areas in your life you want to see a different harvest.
- What seed are you currently sowing in those areas?
- Are you pleased with the harvest?
- If not change the seed, or the amount of seed.
- Should I sow more gratitude?
- Should I sow more prayer?
- Should I sow more excellence?
- Should I increase my seed by being better?
- Should I sow generosity?

Conclusion

- Every harvest begins with a seed.
- If you do not like your harvest change your seed.
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2 Corinthians 9:6

6 But this I say: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully.

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