

4. CELEBRATING OTHERS' SUCCESS

When you genuinely rejoice with those who rejoice, you break the chains of envy and step into the freedom of love.

Is there someone whose success or blessing I've resented? How can I intentionally celebrate them today?

Romans 12:15 - "Rejoice with those who rejoice, weep with those who weep."

5. EYES ON THE ETERNAL

Envy focuses on temporary things. Hope anchors us to eternal promises. Where your gaze is fixed determines your spiritual health.

What eternal investment am I making with my time, resources, and energy instead of chasing what the world values?

Colossians 3:2 - "Set your minds on things that are above, not on things that are on earth."

the Effects of Envy



Successful Living
a series in Proverbs

DAILY MEDITATION

PROVERBS 23:1-18 | NOV 3-7

1. THE ROOT OF CONTENTMENT

Envy whispers that what you have is never enough. Contentment declares that God's provision is always sufficient.

What specific blessings in my life am I taking for granted because I'm focused on what others have?

Philippians 4:11-12 - "Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need."

2. GOD'S UNIQUE PLAN FOR YOU

Your journey is not meant to look like anyone else's. God has a custom-designed path for your life that reflects His glory uniquely through you.

Am I trusting God's timing and plan for my life, or am I trying to force someone else's timeline onto my story?

Jeremiah 29:11 - "For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope."

3. THE POWER OF GRATITUDE

Gratitude is the antidote to envy. When you cultivate thankfulness, comparison loses its grip on your heart.

What three things can I thank God for today that I've been overlooking while comparing myself to others?

1 Thessalonians 5:18 - "Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."