

## Part 3: Fire Killers

Ephesians 4:29-32

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

“God is not only the author of our faith, He is the sustainer of our faith.” - Charles Spurgeon



Image from The Pilgrim's Progress by John Bunyan

## Part 3: Fire Killers

### Message notes:

Speak to people what is \_\_\_\_\_.

You words are \_\_\_\_\_ helping somebodies flame,  
or helping put out somebodies flame.

You can't \_\_\_\_\_ an enemy—they don't care about  
you. But the Holy Spirit loves you.

If I don't pay attention to things that \_\_\_\_\_ the  
Holy Spirit, then my fire will dwindle.

If you're going to have a fire burning, you have to have an  
ongoing \_\_\_\_\_ with the Holy Spirit.

There are different types of \_\_\_\_\_—and different  
types of fire—physical, emotional, spiritual.

You're an \_\_\_\_\_ being. Your emotional health,  
physical health, and spiritual health all affect each other.

You have to take responsibility to \_\_\_\_\_ of what  
is not pleasing to God.

If you're going to have a bright fire, you're going to have a  
\_\_\_\_\_ relationship to the Holy Spirit.

### Additional notes:

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### Discussion Questions:

1. The message continued our emphasis on the Holy Spirit's role as the sustainer and inflamer of our spiritual fire. How can we cultivate a deeper relationship with the Holy Spirit to ensure He is the "ultimate fire starter" in our lives?
2. Pastor Jamie referenced Ephesians 4:29, which advises against unwholesome talk and instead encourages speech that benefits listeners. What are some examples of "unwholesome talk," and how can we ensure our words are always building others up according to their needs?
3. Pastor Jamie highlighted the need to get rid of bitterness, rage, and anger to maintain a healthy spiritual life. How do these "fire killers" affect your personal spiritual fire, and what steps can you take to rid yourself of one of them?
4. The message discussed different types of tiredness and how they can affect our overall well-being. How have you seen the three areas of spiritual, emotional, and physical "fire" be integrated with each other in your life?
5. Pastor Jamie talked about getting rid of bitterness and the importance of not allowing negative influences around us. Can you identify any negative influences in your life right now? What steps can you take to remove or address them?

### Ministry Time:

Pastor Jamie used an example of rotten fruit affecting the piece of fruit next to it—referencing unhealthy relationships in our life. Pray for anyone who needs to make changes to their friendship circles to have more positive influences around them.

The message highlighted the importance of forgiveness in maintaining a healthy relationship with the Holy Spirit. Pray for anyone who needs to extend forgiveness to another person, or anyone who is struggling to feel forgiven by their Heavenly Father.