

Best school I've ever been to

Matt 11:28-30 Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light.

Jer 6:16 Thus saith the Lord, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, and ye shall find rest for your souls. But they said, We will not walk therein.

Amp Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls.

29-and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

Christ is welcoming
Christ is a deliver and brings us to the place of exchange
Christ is our example

School time - learn **of me**

The example is Christ
To know something means to learn.

- Seek time with Christ Jesus
- Study Christ Jesus
- Retain His teachings
- Imitate His ways
- Experience His Spirit

John 8: 28-29 Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself; but **as my Father hath taught me, I speak these things.**

29 And he that sent me is with me: the Father hath not left me alone; **for I do always those things that please him.**

When we follow Christ example we learn to act like Him.

Matt 12:17-21 That it might be fulfilled which was spoken by Esaias the prophet, saying, 18 Behold my servant, whom I have chosen; my beloved, in whom my soul is well pleased: I will put my spirit upon him, and he shall shew judgment to the Gentiles. 19 **He shall not strive, nor cry; neither shall any man hear his voice in the streets. 20 A bruised reed shall he not break, and smoking flax shall he not quench, till he send forth judgment unto victory.** 21 And in his name shall the Gentiles trust.

Behavior Changes

Psalm 131 Lord, my heart is not haughty, nor mine eyes lofty: neither do I exercise myself in great matters, or in things too high for me.

2 Surely I have behaved and quieted myself, as a child that is weaned of his mother: my soul is even as a weaned child.

3 Let Israel hope in the Lord from henceforth and forever.

Christ rubs off on anyone who has been His presence

Ac 4:13 Now when they saw the boldness of Peter and John, and perceived that they were unlearned and ignorant men, they marvelled; and they took knowledge of them, **that they had been with Jesus.**

The enemy Satan does everything to prevent you from understanding the image of Christ and being created in the image of God. He does everything to stop the shining.

2 Cor 4:4 In whom the god of this world hath blinded the minds of them which believe not, **lest the light of the glorious gospel of Christ, who is the image of God,** should shine unto them.

We are going back to the original purpose

Ge 1:27 So **God** created man in his own **image**, in the **image of God** created he him; male and female created he them.

the **image of God** -Imago Dei “Emago Day”

Christ Jesus is the exact person of his representation he is the image of God. This is what pleases the father to walk in obedience as a child of God in the image of God.

Heb 1:3 Who being the brightness of his glory, and the express image of his person, and upholding all things by the word of his power, when he had by himself purged our sins, sat down on the right hand of the Majesty on high:

Share time-I am meek and lowly in heart

Meekness Or Gentle

Eight Facts about Meekness:

1. It must be sought (Zeph. 2:3).
2. It should characterize ministers (1 Cor. 4:21; 2 Cor. 10:1; Galatians 6:1; Ephes. 4:2; 2 Tim. 2:25; Titus 3:2; James 3:13).
3. It is a fruit of the Spirit (Galatians 5:23).
4. It should be put on (Col. 3:12).
5. It should be followed (1 Tim. 6:11).
6. It should be used in dealing with all opposition by others (2 Tim. 2:25).
7. It should be demonstrated (Titus 3:2; James 3:13; 1 Peter 3:15).
8. It must be used in receiving truth (James 1:21).

Ten Blessings of the Meek

1. Satisfaction (Psalm 22:26)
2. Guidance in judgment (Psalm 25:9)
3. Knowledge of God (Psalm 25:9)
4. Earth as an inheritance (Psalm 37:11; Matthew 5:5)
5. Salvation (Psalm 76:9; Psalm 149:4)
6. Help from God (Psalm 147:6)
7. Increased joy (Isaiah 29:19)
8. Holy Spirit (Galatians 5:22-23)
9. A blessing to others (Galatians 6:1)
10. Patience (2 Tim. 2:24-25)

lowly in heart

Christ Jesus choose lowliness

Philip 2: Your life in Christ makes you strong, and his love comforts you. You have fellowship with the Spirit, and you have kindness and compassion for one another. ² I urge you, then, to make me completely happy by having the same thoughts, sharing the same love, and being one in soul and mind. ³ Don't do anything from selfish ambition or from a cheap desire to boast, but be humble toward one another, always considering others better than yourselves. ⁴ And look out for one another's interests, not just for your own. ⁵ The attitude you should have is the one that Christ Jesus had:

⁶ He always had the nature of God,
but he did not think that by force he should try to remain equal with God.

⁷ Instead of this, of his own free will he gave up all he had,
and took the nature of a servant.
He became like a human being
and appeared in human likeness.

⁸ He was humble and walked the path of obedience all the way to death—
his death on the cross.

⁹ For this reason God raised him to the highest place above
and gave him the name that is greater than any other name.

¹⁰ And so, in honor of the name of Jesus
all beings in heaven, on earth, and in the world below^[c]
will fall on their knees,

¹¹ and all will openly proclaim that Jesus Christ is Lord,
to the glory of God the Father.

and ye shall find rest unto your souls.

The Greek word rest means an inner tranquility for your soul.

Ps 23 :1-3 The Lord is my shepherd; I shall not want.

2 **He maketh me to lie down in green pastures:** he leadeth me beside the still waters.3 **He restoreth my soul:** he leadeth me in the paths of righteousness for his name's sake.

When we worry, concerned and fearful the Lord makes us to lie down. He commanded to honor the Sabbath. Because he knows we need rest. This is a place where he can restore our soul. We become overwhelmed and as a shepherd watch over their flock to see the state of the flock so Christ watches over us to see our state and how we are doing.

Jesus knows our physical state

Matthew 15:31-33 Insomuch that the multitude wondered, when they saw the dumb to speak, the maimed to be whole, the lame to walk, and the blind to see: and they glorified the God of Israel.

³² Then Jesus called his disciples unto him, and said, I have compassion on the multitude, because they continue with me now three days, and have nothing to eat: and **I will not send them away fasting, lest they faint in the way.**

Jesus knows our need in the spirit

Matthew 9:35-37 And Jesus went about all the cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

³⁶ **But when he saw the multitudes, he was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd.**

³⁷ Then saith he unto his disciples, The harvest truly is plenteous, but the labourers are few;

Assurance

Heb 10:22 Let us draw near with a true heart in full **assurance** of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water.