



Disrupting the Seasonal Cycle

Sermon Series

GLOW IN THE **DARK** pt. 1

-Pastor
Glen Morrison

PSALMS 18:28 | PHILIPPIANS 4:8-9 | 2 CORINTHIANS 10:3-6

Today's Scriptures



Psalms 18:28
Philippians 4:8-9
2 Corinthians 10:3-6

How Do Things Glow in the Dark?



- Things glow in the dark because of a phenomenon called luminescence, where a material absorbs energy and then releases it as light.
- Our Goal as Believers is to be a Light in the Darkness by absorbing energy from the Presence of God to go out in to the world uplifting the hung down and winning the souls of the lost in this season!

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Some of the Biggest Battles of This Season



- **Depression-** a mood disorder that causes persistent sadness, a loss of interest in activities, and other physical and emotional symptoms that can interfere with daily life. Symptoms can include fatigue, sleep and appetite changes, feelings of worthlessness or guilt, and difficulty concentrating. Depression is a complex condition with biological, social, and psychological factors contributing to its development

Some of the Biggest Battles of This Season



- **Anxiety-** a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome.
- **Loneliness/Asociality-** a lack of interest or desire for social interaction and relationships, leading to a preference for solitude.

Some of the Biggest Battles of This Season



- **Seasonal Affective Disorder (SAD)-** is the disorder most commonly associated with overeating and carbohydrate cravings during the winter months. In fact, increased appetite and weight gain are hallmark symptoms of winter-pattern SAD.

Questions for a Better Understanding



- What toxic feelings or habits do I experience every year around this time?
- What changes can I make in my walk with Christ to overcome these patterns?
- Am I strong enough to choose an accountability partner to keep my life and spiritual walk intact over the next 5-6 months?
- How can I turn this season into the best season of the year?
- Am I Capable of Maintaining level of Responsibility to overcome any cycles I have created over the past years.



The Devil Can't Have My Mind

The Devil Can't Have My Mind



The Devil want's to Create Any Lack of Peace and Joy

- **Depression**
- **Anxiety**
- **Loneliness**
- **Become Asocial**
- **Less Care of your body - Hygiene & Appearances**
- **Comparison**
 - **Because you are consuming more TV and Social Media, you start to compare yourself to people you are watching on TV or that you see on TV**
 - **Pertaining To**
 - **Finances**
 - **Relationships**
 - **Family**



**My ability to Overcome this
season with Discipline will
determine if God can disrupt
my yearly cycle
AKA Holding Pattern**

My ability to Overcome this season with Discipline will determine if God can disrupt my yearly cycle



- **Your mind is the devils access point to your Life!**
- **Because if the devil can have your mind, he can have your life!**



***6 Don't worry about anything;
instead, pray about everything.
Tell God what you need, and
thank him for all he has done.***

Philippians 4:6–9

NLT



***7 Then you will experience
God's peace, which exceeds
anything we can understand.
His peace will guard your
hearts and minds as you live in
Christ Jesus.***

Philippians 4:6–9

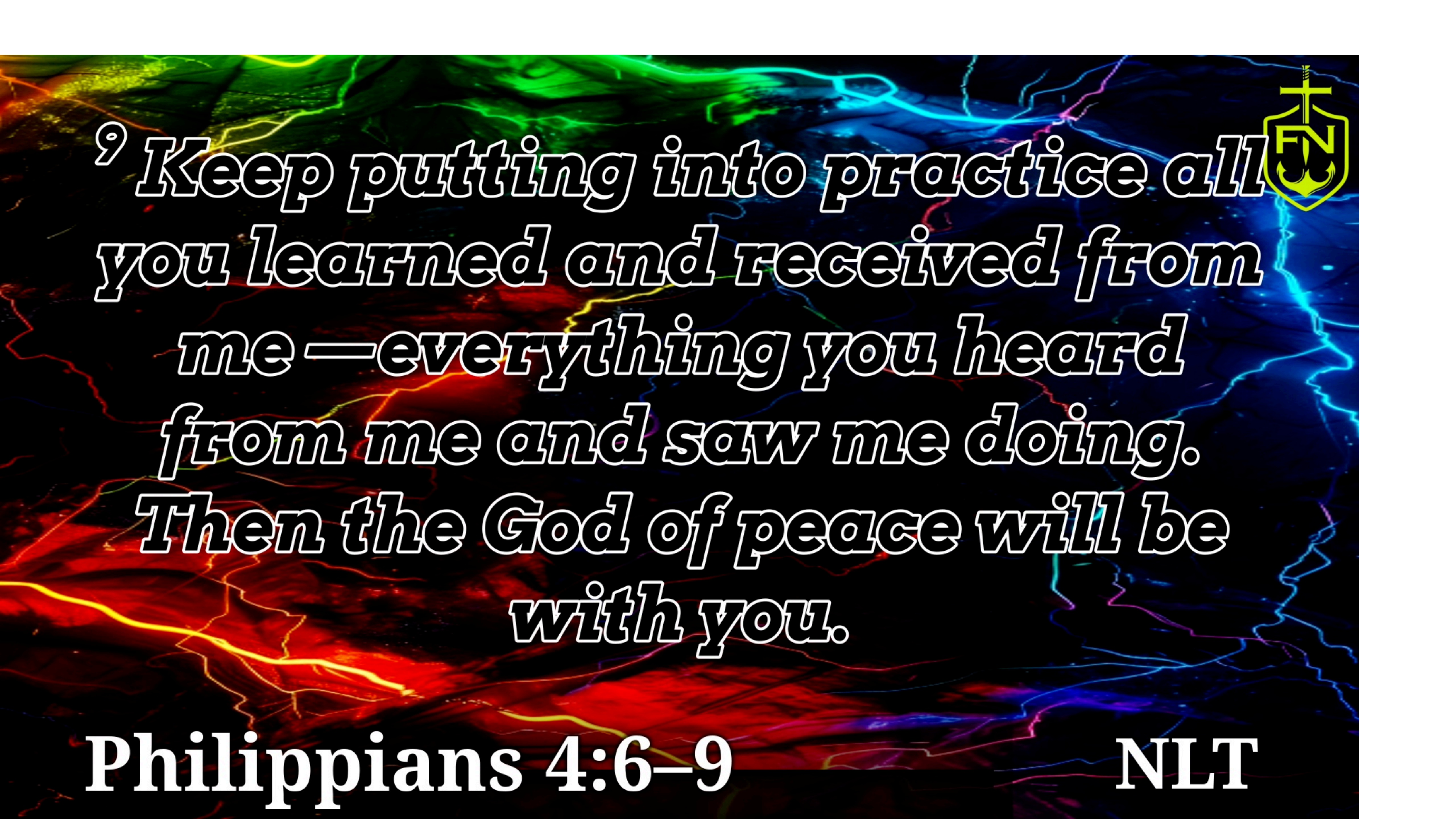
NLT

⁸ *And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.*



Philippians 4:6–9

NLT



***9 Keep putting into practice all
you learned and received from
me—everything you heard
from me and saw me doing.
Then the God of peace will be
with you.***

Philippians 4:6–9

NLT



**We Must Win the War in the
Spirit to overcome the
Natural**

The Battle We Are Up Against In This Season



Based on pagan traditions, witches and warlocks most intently focus their practice during autumn, leading up to Samhain (Halloween). It is widely considered a powerful time for rituals, reflection, and divination due to the thinning of the veil between the worlds.

While the eight seasonal festivals (sabbats=Witches' Sabbaths) are all significant, autumn holds particular importance for several reasons:

The Battle We Are Up Against In This Season



- **A potent transitional period:** Autumn marks the shift from the light half of the year to the dark half. The days grow shorter, signaling the end of the harvest season and the beginning of a period of introspection and rest.
- **The thinning of the veil:** This is the most crucial element of the season. As Samhain (October 31) approaches, the barrier between the physical world and the spirit world is believed to be at its thinnest. This allows for easier communication with ancestors and spirits.

The Battle We Are Up Against In This Season



- **Increased spiritual activity:** During this time, the spiritual energy is very high. It is a period that is ideal for:
 - **Divination:** Using tools like tarot(fortune-telling), scrying(fortune telling using crystal ball or reflective object, or other methods to gain insight and commune with spirits.
 - **Shadow work:** A practice of confronting and integrating one's own darker or hidden aspects to achieve wholeness and healing.
 - **Protection spells:** With the increased spiritual traffic, casting protection spells is often recommended.

How Does This Affect Me?



You come in contact with these ppl on a day to day basis.

Which makes you exposed to these spirits.

(Eph. 6:12 - For we[d] are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.)

How Does This Affect Me?



Your simple exposure to these people and these spirits partnered with your desire to live for and Follow Jesus Christ places you on the radar of demons, witches and warlocks. It often tells them things about you or about your walk with Christ that makes you become an enemy or obstacle to the plots and plans that they are trying to make for this world. And because you regularly exist inside of the parameters of that individual's life, you become someone that they desire to be removed from their day to day lives or someone that the enemy wants to conquer to join the plot or plan. Resulting in you experiencing spiritual warfare that you cannot see with your natural eye depending on the intensity of your prayer life, that can manifest through the weaker areas of your life or generational curses of your bloodline.



**The Devil has power, But has
no power over Jesus Christ**



38 *A man in the crowd called out to him, "Teacher, I beg you to look at my son, my only child."*

Luke 9:38–43

NLT

39 *An evil spirit keeps seizing him, making him scream. It throws him into convulsions so that he foams at the mouth. It batters him and hardly ever leaves him alone.*



Luke 9:38–43

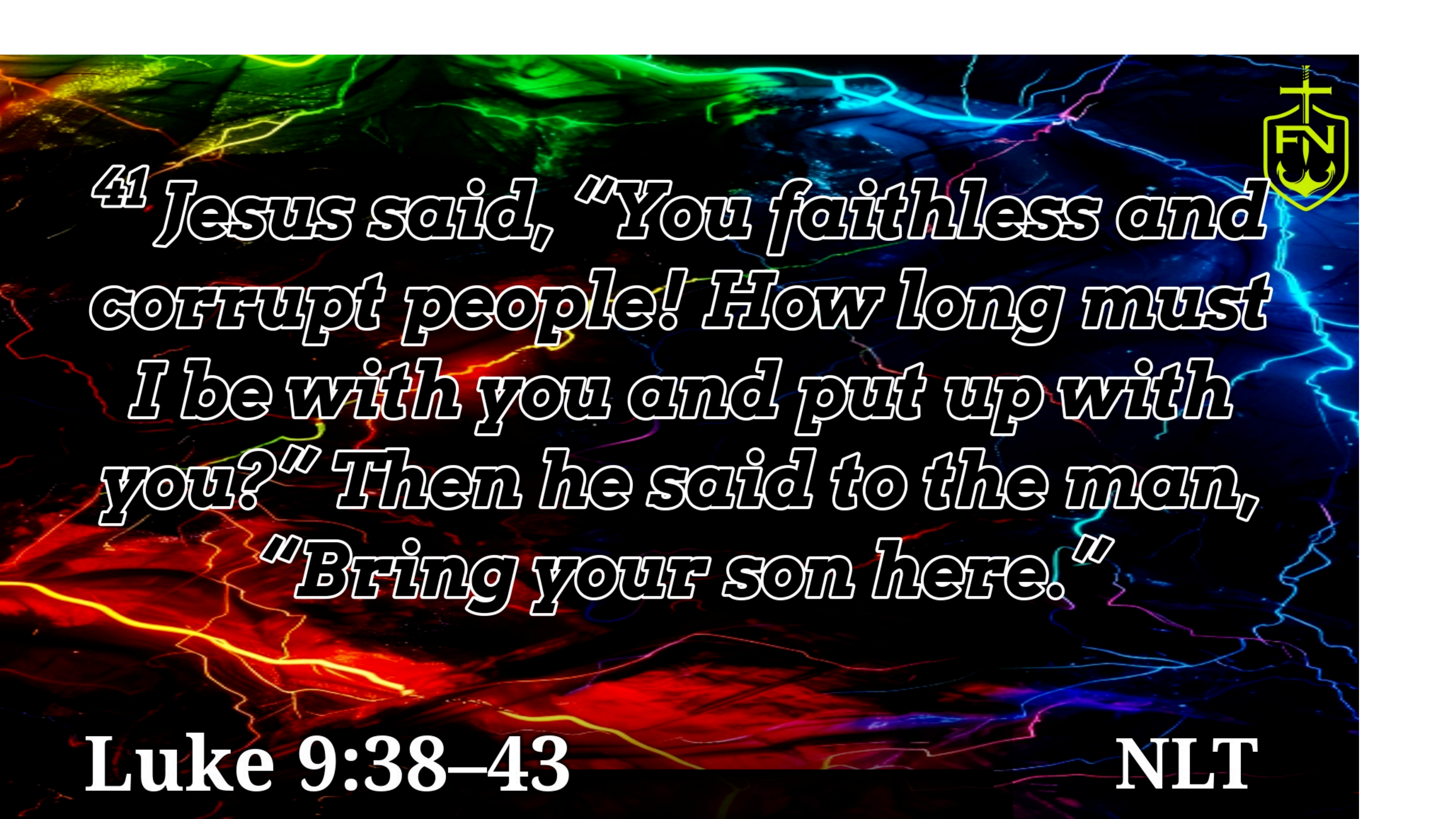
NLT



***40 I begged your disciples to
cast out the spirit, but they
couldn't do it."***

Luke 9:38–43

NLT



⁴¹ Jesus said, "You faithless and corrupt people! How long must I be with you and put up with you?" Then he said to the man, "Bring your son here."

Luke 9:38–43

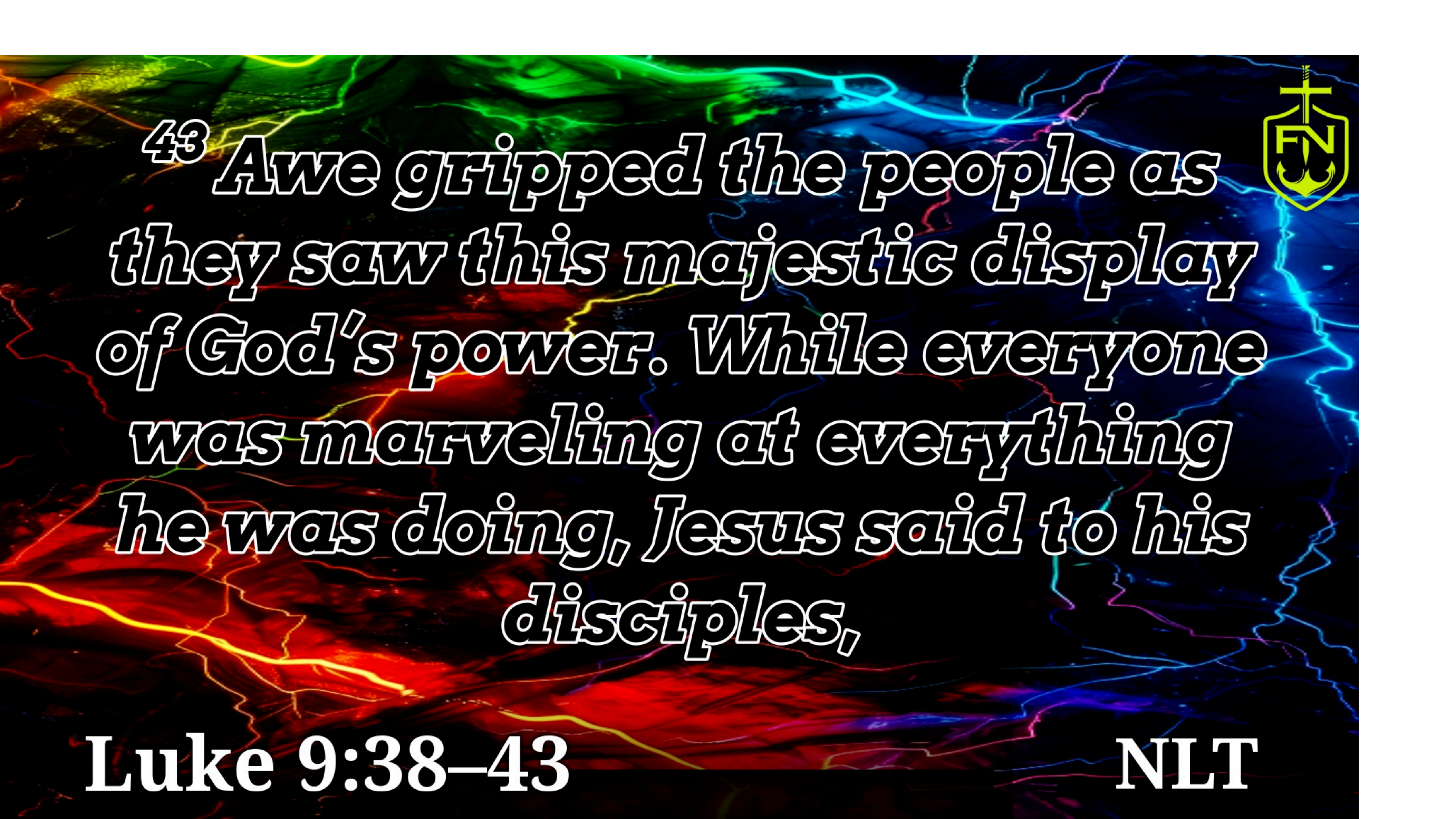
NLT

42 *As the boy came forward, the demon knocked him to the ground and threw him into a violent convulsion. But Jesus rebuked the evil spirit and healed the boy. Then he gave him back to his father.*



Luke 9:38–43

NLT



43 Awe gripped the people as they saw this majestic display of God's power. While everyone was marveling at everything he was doing, Jesus said to his disciples,

Luke 9:38–43

NLT



THESE Unclean/Evil SPIRITS want to be seen through the lifestyle choices of the individual they are oppressing based not these factors

- **The Way they dress**
- **Behave**
- **Speak**
- **& View Themselves**

What is an Unclean Spirit?



a malevolent supernatural entity described in biblical and religious texts as opposing God, causing defilement, and tormenting humans through possession, illness, or corrupting thoughts and actions. Also known as demons or impure spirits, they are depicted as conscious, sinful beings allied with Satan and are subject to Jesus Christ's authority.



**How Do we win this war?
How Do We Disrupt the Cycle
This Season?**

- **In the Spirit - By Faith**



³ *We are human, but we
don't wage war as humans
do.*

2 Corinthians 10:3–6 **NLT**

***4 We use God's mighty
weapons, not worldly
weapons, to knock down
the strongholds of human
reasoning and to destroy
false arguments.***



2 Corinthians 10:3–6

NLT

***5 We destroy every proud
obstacle that keeps people
from knowing God. We
capture their rebellious
thoughts and teach them
to obey Christ.***



2 Corinthians 10:3–6

NLT



6 And after you have become fully obedient, we will punish everyone who remains disobedient.

2 Corinthians 10:3–6

NLT

Take Home - How Do We Disrupt The Seasonal Cycle?



- **Reading the Word - Saturating yourself in God's Word to know him better and become familiar with his will for your life.**
- **Praying - Spending Time In God's presence talking to him and listening for direction concerning your life.**
- **Keeping a Schedule - Staying ORGANIZED and staying active in Ministry.**
- **Keeping the House Clean - The Devil is classified as an "Unclean Spirit" and Unclean Spirits like to dwell in UNCLEAR Places.**

Take Home - How Do We Disrupt The Seasonal Cycle?



- **Keeping Your Temple Clean - You should Be Showering EVERY Day & Keeping yourself Clean Physically.**
- **Keeping Your Mind and Spirit Clean - Mentally & Spiritually by Limiting your TV Consumption and Turning off the World through Social Media Fasts and Removing the Desire for Secular influences through music and YouTube and Social Media.**
- **Fasting - Find time to restrain from eating for intimate time with Jesus and or some form of limit to your fleshly habits and cravings.**