

Prayer Works

Series: 21 Days of Prayer

Bible Text(s): Philippians 4:6–7ⁱ; 1 Chronicles 4:9–10ⁱⁱ; Exodus 33:14–15ⁱⁱⁱ; various references

1. The Power of Prayer

Pastor Bo began by reminding us that prayer works. When God’s people come together in prayer, things change on earth. Prayer is the foundation of communication with God, and He loves to speak with His children. Whether through Scripture, a quiet prompting in our hearts, or a powerful sense of direction, God still speaks today.

Reflection Question: When have you experienced God speaking to you in prayer?

2. Posture, Time, and Place

There is no wrong posture for prayer—sitting, kneeling, standing, or walking. The key is to find what helps you focus on God. Pastor Bo encouraged us to pray out loud and to set aside a regular time and place for prayer. Just as athletes or musicians develop discipline through practice, we grow in prayer by making it a daily rhythm of life.

Reflection Question: Where and when can you consistently set aside time to meet with God in prayer?

3. Aligning with God's Will

Prayer is not about convincing God to do what we want but aligning our hearts with His will. Through prayer, God transforms our minds and grants us His peace. Pastor Bo reminded us that prayer is the way we walk in close fellowship with the Lord, receiving His guidance and peace.

Reflection Question: How can you shift your prayers from asking God to change His will to asking Him to change your heart?

4. The Prayer of Jabez

From 1 Chronicles 4:9–10, we learn four simple yet powerful petitions:

- Bless me – Asking God for His favor, not just materially, but spiritually, relationally, and vocationally.
- Enlarge my territory – Seeking greater influence to make an impact for His kingdom.
- Let Your hand be with me – Depending on His presence and power daily.
- Keep me from harm – Asking for His protection in the spiritual battle we all face.

This short prayer reminds us that God always hears and responds—sometimes yes, sometimes no, sometimes wait—but always for our good and His glory.

Reflection Question: Which part of Jabez's prayer speaks most to your current season of life?

5. A Legacy of Prayer

Pastor Bo shared stories of family members who left a legacy of faithful prayer. Their lives show that consistent time with God transforms us and leaves a lasting impact on future generations. Just as his Uncle Glenn preached the peace of God and lived it out, we too are called to pass down a heritage of prayer.

Reflection Question: What kind of prayer legacy are you building for your family and those around you?

Prayer is not a ritual or formula but a relationship. As we seek God in prayer—through blessing, influence, presence, and protection—we align our lives with His will and experience His peace. Let us be a praying people, leaving a legacy that impacts generations.

ⁱ *“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” (Philippians 4:6–7, ESV)*

ⁱⁱ *“Jabez was more honorable than his brothers; and his mother called his name Jabez, saying, “Because I bore him in pain.” Jabez called upon the God of Israel, saying, “Oh that you would bless me and enlarge my border, and that your hand might be with me, and that you would keep me from harm so that it might not bring me pain!” And God granted what he asked.” (1 Chronicles 4:9–10, ESV)*

ⁱⁱⁱ *““And he said, “My presence will go with you, and I will give you rest.” And he said to him, “If your presence will not go with me, do not bring us up from here.” (Exodus 33:14–15, ESV)*