

# Christmas Light Over Darkness

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## Bible Text(s) Used

John 1:1–5<sup>i</sup>; Genesis 1:1–3<sup>ii</sup>; Isaiah 9:2<sup>iii</sup>; Ecclesiastes 3:11<sup>iv</sup>; Ephesians 2:1–2<sup>v</sup>

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## 1. Jesus Is the Giver of Life

John begins the Christmas story not at a manger, but with creation itself. Jesus is introduced as “the Word,” meaning God’s self-expression and eternal Son. In Him was life—not only physical life (our heartbeat and breath), but spiritual and eternal life. The Bible uses the Greek word *\*zoe\** to describe this life: a full, joyful, God-connected life that begins now and continues forever. Every person has eternal existence, but only those who come to Christ receive eternal life.

**Reflection Question:** In what ways has Jesus brought new life or purpose into your life?

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## 2. Jesus Is the Source of Light

Light is one of John’s central themes. In Jewish thought, light represented God’s presence, truth, and guidance. John declares that Jesus is not merely a teacher pointing toward truth—He “is” the Light. Just as light reveals what is hidden, Jesus reveals who God truly is. When we want to understand God’s heart, character, and will, we look to Jesus.

**Reflection Question:** Where do you need God’s light to bring clarity or direction right now?

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### 3. Light and Darkness Are in Conflict

John describes an ongoing spiritual conflict between light and darkness. Darkness in Scripture represents sin, fear, deception, and separation from God. The good news of Christmas is that the light shines into the darkness, and the darkness cannot overcome it. Though evil may seem loud and powerful, it is ultimately powerless against God's light.

**Reflection Question:** What forms of darkness does our world struggle with today, and how does Christ bring hope?

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### 4. Darkness Does Not Have the Final Word

Through illustrations and Scripture, the message reminds us that darkness often appears dominant, especially when we focus on fear, injustice, or suffering. Yet history—and the resurrection—prove otherwise. Even when Christ was placed in a tomb, the light was not extinguished. God always writes the final chapter, and light ultimately triumphs.

**Reflection Question:** How does the resurrection of Jesus strengthen your trust during dark seasons?

## 5. Let the Light Shine in Us

The Christmas message is not only about the world's darkness but also about the shadows within our own hearts. Unforgiveness, fear, anger, or hidden sin can block the light's influence. Jesus invites us to open every area of our lives to Him so His light can bring healing, freedom, and peace.

**Reflection Question:** Is there an area of your heart where you need to invite Christ's light today?

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## Closing Thought

Christmas reminds us that God did not leave the world in darkness. In Jesus Christ, light entered history and continues to shine today. No darkness—personal, cultural, or spiritual—can overpower Him. As we celebrate Christmas, may we walk in His light and reflect it to a world still longing for hope.

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<sup>i</sup> 1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was in the beginning with God. 3 All things were made through him, and without him was not any thing made that was made. 4 In him was life, and the life was the light of men. 5 The light shines in the darkness, and the darkness has not overcome it.

<sup>ii</sup> 1 In the beginning, God created the heavens and the earth. 2 The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters. 3 And God said, "Let there be light," and there was light.

<sup>iii</sup> [a] The people who walked in darkness  
have seen a great light;  
those who dwelt in a land of deep darkness,  
on them has light shone.

<sup>iv</sup> 11 He has made everything beautiful in its time. Also, he has put eternity into man's heart, yet so that he cannot find out what God has done from the beginning to the end.

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<sup>v</sup> 2 And you were dead in the trespasses and sins <sup>2</sup> in which you once walked, following the course[a] of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—