

JESUS
the only Answer

Defeat the Flesh

Colossians 3:5-11
Pastor Jonathan Pafford | August 10, 2025

1 Peter 5:8

Timeless Truth: Our new life in Christ empowers us to defeat the flesh.

OUR FIGHTING COMBINATION TO DEFEAT THE FLESH

1. We seek Christ by mortifying the sinful desires of our old nature (vv 1-2, 5-9)

“Put to death” –

- Sexual immorality (*porneía*) - Fornication, vulgarity, or any sexual sin
- Impurity (*akatharsía*) - any unnatural pollution, whether acted out by oneself or another
- Lust (*páthos*) & evil desire (*epithumía*) - lusts that dishonor those who indulge in them
- Greed/idolatry (*pleonexia*) – the root from which these sins grow, the longing which has forsaken God to fill itself with the lower objects of nature

“Put away” –

- Anger (*orgé*)– vengeful mind; hot head
- Wrath (*thumós*) - a violent motion or passion of the mind



- Malice (*ponēría*) –is spite, not only doing evil to others, but being evil
- Slander (*blasphēmía*) – verbal abuse by wounding someone’s reputation in giving evil reports
- Filthy language (*aischrología*) -vile conversations with shameful words

“Put off” –

- Practices of your old self



2. We saturate ourselves in Christ who renews us by His power (v 10)

Christ renews what He made new in us

New Self -

2 Corinthians 5:17

Constant renewal in fellowship with Christ to experience victory over sin

3. We share abundantly in Christ’s work without distinctions (v 11)

What distinctions does union in Christ overrule?

Natural Distinctions

Religious Distinctions

Cultural Distinctions

Economic/Social Distinctions